





Agenda Community Support Network (CSN) Meeting Wednesday, 09.04.24

3:30 to 5:00 pm

<u>Via Zoom</u>

3:30 Welcome:

- Introductions Please place your name and organization/department in the chat
- Icebreaker Please place in the chat a special moment/memory you have with an aging loved one.

3:35 Meeting Topic and Presentations:

- Topic: Aging Populations in Nevada County & Those Who Support Them
- Facilitator: Milada Belohlavek, CSN/CAPC Board Member

Presenters:

- Kelly Carpenter Nevada County Adult Services (20 mins) Q&A
- David West II Nevada County Veteran Services (10 mins) Q&A
- Leslie Lovejoy Gold Country Senior Services (10 mins) Q&A
- Jet Williams and Judy Steffens One Source Empowering Caregivers (10 mins) Q&A
- Stefanie Murphy Helping Hands Adult Day Program (10 mins) Q&A
- Leslie Kerns or Jim D In Home Supportive Services (10 mins) Q&A
- Serena Cantway FREED Center for Independent Living (10 mins) Q&A

4:50 Closing:

- CSN Partner and Community Member Report Out
- Next CSN meeting is October 2, 2024 3:30pm 5:00pm (Register for the Zoom meeting)
- <u>Meeting Survey</u>

5:00 Adjourn

Please see Community Support Network of Nevada County Board Members and Meeting Agreements below on page 2

CAPC Board of Directors

- Char Weiss-Wenzel, Nevada County Public Health (Chair)
- Karyn Muller, Nevada County Probation, (Co-Chair)
- Melody Easton, First 5 Nevada County (Treasurer)
- Dena Malakian, Bright Futures for Youth (Secretary)
- Eli Gallup, Nevada County Superintendent of Schools
- Sarah Morgan, PARTNERS Family Resource Centers
- Milada Belohlavek, Nevada County Social Services
- Nicole McNeely, Child Advocates of Nevada County

Community Support Network of Nevada County Meeting Agreements

- Make decisions by consensus.
- Create an atmosphere of mutual respect that includes active listening and listening without judging.
- Start and end on time.
- Maintain a sense of humor and a positive attitude.
- Bring concerns to the whole group. Don't take them to the parking lot after the meeting.
- Set up the room in an inclusive way.
- Take responsibility for a task only if you have the time to accomplish it.
- Everyone is empowered to be a process observer and take ownership for the health of the meeting and is responsible for the health of the whole meeting.
- Be sensitive to others' need for more information. Make sure everyone understands.
- Be careful of injecting your self-interest and label it as such. Be able to layout your agency's interests and be open to other's interests.
- Meetings are meaningful and have a shared purpose.
- This is a living document and can be changed as needed.

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## **CSN Vision Statement**

All families in Nevada County have ready access to a well-integrated and coordinated support network that is easily available and well-funded. *Community Support Network of Nevada County ~ www.csnnc.org Contact ~ CSN Coordinator - <u>csnncorg@gmail.com</u>* 

