

Minutes ~ June 7, 2023
Community Support Network Partner Meeting
3:30 to 5:00 pm
[Via Zoom](#)

3:30 **Welcome:** Eli Gallup - CSN/CAPC Vice Chair & Treasure

- Welcome and introductions
- Ice breaker - What is your favorite way to cool off during a hot summer day?
- Review CSN Meeting Agreements

3:40 **Mental Health Needs and Services in Nevada County:**

Presenters:

- Nevada County Children's Behavioral Health - Cindy Morgan
 - Serve about 500 children per year-250
 - Medi-cal or specialty mental health to qualify
 - Must have parent/guardians consent
 - Increase in requests since covid, Schools are adding in more services
 - Eating disorder task force, clinician shortage- higher demand
 - Adding in another clinician in July 2023-child and youth wellness coaches in schools
 - Gaps- behavioral analysis-service providers for children's services
- Mental Health in the Schools - Emily Gallup
 - Trends Anxiety and depression, more stress and tension also an increase in people asking for help, more school absence, kids who were struggling in school are struggling even more now, lack of standardization at most schools, students with higher needs are stuck in a hard place with no medi-cal,
 - Biggest gap is counselor and therapist shortages, school based counselors are needed for more than just moderate-severe and needed for the children who are just starting to show symptoms-more school based counselors are needed .
- NAMI - Lael Walz
 - Mental illness is a brain disorder-Trauma is not typically the cause, support/education programs for the person struggling and families.
 - Biggest challenge is the increase in aggressive mental illness and emergency situations, the biggest gap understanding the medical reasoning in mental illness.

Questions for Presenters: Answered above

- What are the trends you've seen since Covid?
- How do you feel that Nevada County is meeting the increased mental health service needs for children and adults?

- What are gaps or areas of need for mental health services for children and adults?

4:35 **Q&A from Presentations:**

- Meeting participants/attendees to ask questions and presenters to answer questions
 - What is the role in churches- support groups meet at twin cities church NAMI, stanford sierra asks because church can be a great safe resources, twin cities safe home program. 211 adds faith based resources.
 - Please clarify the difference in level of care between school therapists/counselors and BH therapists?- no difference in job title but in schools they are supposed to be used as short term, BH therapists would be more one on one and longer term.

4:55 **CSN Partner and Community Member Report Out:**

- Community members please report out on your organization/agency happenings -
 - Early psychosis intervention -Cindy Morgan
 - First 5 with have kids corner up for the fair- and a book drive
- Please complete the survey in [Survey Monkey](#)
- Next CSN Meeting is September 6, 2023
- Close meeting

5:00 **Adjourn**

Attendance

Melody Easton	Debra Wilson
Alyssa Burke	Charlene Wiess Wenzl
Cera Blades	Leal Walz
Eli Gallup	Chie Newsom
Cindy Morgan	Susan Sanford
Daniel Platner	Mike Kumagai
Sara Fetterly	Jeana McHugh
Marie Kittle	Morgan Welty Geisick
Amber MacLeod	
Dawn Graves	
Emily Gallup	
Danielle Dawson	

