

Minutes ~ April 5, 2023
Community Support Network Partner Meeting

3:30 to 5:00 pm

[Via Zoom](#)

3:30 **Welcome:** Jim Amaral - CSN/CAPC Board Member

- Welcome and introductions
- Ice breaker - What is your favorite song from your teenage years that you still secretly rock out to when no one is watching/listening?

3:44 **Nevada County Parent Panel:**

Questions for parents for Parent Panel:

- What makes you feel empowered as a parent?
 - Cera- Having support and Parent groups/ activities
 - Keri- Knowledge- books/ information
 - Opportunities to get resources
 - Less of a stigma around support/ therapy
 - Realizing you are the expert on your own child
 - Trauma informed parenting with grace
- What are some of the biggest challenges about parenting in Nevada County? How have you overcome these challenges in the past?
 - Cera- Cost of living- Opportunities for housing- working extra
 - Keri- keeping kids involved and out of trouble
 - Alyssa- single parenting, health role models/ mentorship Housing, over income for services, boots on the ground for services
 - Geography- walkability having community being far from friends
 - Extra curriculars- cost and timing
 - Childcare- Cost and Spots
- How has your community supported you?
 - Cera- Groups/ Activities for kids mom facebook groups
 - Keri- Sports / Extra curriculars
 - Alyssa- Faith based community/ wrap around services- Jordan Dan
- If you could change one thing about your community, what would it be?

Cera- More free activities for kids/ parents- free water play

Keri-More affordable housing

Alyssa- a house for everybody/ activities for all ages more programs for parents more recovery based programs

More trauma informed community

More HOPE trainings

Diversity- Equity and inclusivity

- How can other parents get involved in their community?

Cera- joining in groups/ creating meetups

Keri- being more involved with your children

Alyssa- parent leadership- lived experience, bring change to the state, community enrichment(team mom)

Spending time with your kids- share activities with other parents

4:19 **2-1-1 Connection Point Presentation:**

- 2-1-1 Connecting Point - Ready to Grow Program overview
 - Hiring connectingpoint.org resource person (remote)
 - Information and referral for families with children 0-5
 - Follow up and long term relationship building
 - Call specialist- follow up and case managing
 - Scheduled appointments or on the spot
 - Questionnaires - ages and stages developmental questions based on your child's age
 - Partnership with first 5 help me grow (national) and ready to grow (Nevada County)
 - R2g is not a replacement for any active resources currently in Nevada County

4:54 **CSN Partner and Community Member Report Out:**

- Community members please report out on your organization/agency happenings
 - Barbecue April 8th
 - Kids craft for seniors April 11th

Healthy Babies collaborating with library April 9th

Brilliant Beginnings

SNCS is hiring for an Educational Director at Sierra Nevada Children's Services, info is on our website https://www.sncs.org/about.html?tp3=1_4
Also, stay tuned for an open house at SNCS! It will soon be announced

- Please complete the survey in [Survey Monkey](#)
- Next CSN Meeting is May 3, 2023 3:30pm to 5pm
- Close meeting

4:52 **Adjourn**

Attendance:

Jim Amaral	Amber MacLeod	Lindsey Gordon
Melody Easton	Jessica Ferrer	
Alyssa Burke	Marah Deflavia	
Cera Blades	Danielle Dawson	
Keri Wood	Charlene Wiess Wenzel	
Mimi Greminger	Sue Van Wazer	
Jeana McHugh	Chie Newsom	
Susan Sanford	Anne Wolf	