

CSN Meeting 9.7.22

Attendees: Alyssa, Dana Malakiean, Barb-Facilitators. Bobbie McKenzie; Char Weiss Wenzle; Alison Schwedner; Sara Fetterly; Sue Van Wagner; Katie Dyer; Kimberly Warren; Lexie Gonzalez; Eli Gallup; Char Weis; Amber McLeod; Christine Hoxsie; Shannon Glaz; Susan Sanford; Bobbie McKenzie; Melissa Parret; Morgan Welty Gersick; Marah Deflavia; Nicholas Ready.

Alison Schwedner attended to discuss the MHSA, and obtain our feedback about mental health needs in Nevada County. Alison began with a brief overview of MHSA. Also known as Prop 63. Funding is based on a 1% tax on folks earning over \$1 million per year. Funding can be volatile.

Funding is broken down into buckets. 76% of the funding goes to treatment services. 19% is Prevention and Early Intervention. 51% of the PEI are set aside for county residents under 25. 5% is set aside for innovation programs.

Here to gather input. Kimberly will help to capture notes and minutes, and will record the meeting as well. Information is confidential, will not tie information to an individual. Also, you can email Alison directly. Trying to collect demographics, not your name. Seeking demographic information to ensure a wide range of folks are included.

Started with what is working well...comments included homeless outreach, FURS (Family Urgent Response).

Then, what can be improved? Lack of providers; issues for folks without MediCal; school services, counselors are swamped (some are one provider to 750 youth, need closer to 1 to 250).

What do you feel are the greatest mental health needs in the county? Access to services in rural areas; housing; transitional age youth; support for parents with minor youth with severe mental health needs, including respite services (whatever it takes parent support services); Perinatal needs; transitional age youth. Suicide prevention activities.

Greatest barriers to receiving mental health services? Transportation, waiting lists, eligibility criteria, outreach for options; case management for non-MediCal families (warm hand-off), how to support the working poor? Law enforcement, distrust of systems, feeling like folks will be arrested if they seek help or go to the crisis stabilization unit.

What specific strategies would you recommend to increase access? Perinatal mental health collaborative; Post CSU youth—discharge safety plans have not been effective for some youth, maybe a team of practitioners could help, how to modify the plan and making it work. Bring lived experience voice to the table to see what worked and did not work. Follow up with clients that have graduated from WRAP services to see if the services were effective? Have the actual social workers on campus to ensure support if and when needed. Sounds like we need more case managers/navigators in general. Follow up with families and youth to ensure needs are being met.

Next Steps: Soliciting feedback from the community through September. County will develop a plan and it will be released for public comment. Then an RFA will eventually be released.

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Nick from Nevada County Child Welfare is here to give an update on Comprehensive Prevention Planning and Children's System of Care. Children's System of Care started a few years ago. State was looking for Counties to develop an MOU to come together to address needs of youth as "ours". Major barrier is the ability to share information. Laws are so strict on juvenile confidentiality. Created a universal ROI to allow to share information. Currently looking to expand who signs the ROI.

Brought in parent and youth voice, implemented a community assessment. Through this feedback, will change: RFA (Resource Family) training will incorporate youth and parent voice. Created the Family Stabilization Collaborative, where team comes together to identify strategies to keep kids at home. Takes years, but has initial success. Looking to expand this Collaborative to include many partners at this table.

FFSP/FFPSA (Families First Prevention and Services program/Families First Prevention and Services Act) makes dollars available for primary, secondary and tertiary prevention services. County has engaged a consultant to help develop the Comprehensive Prevention Plan (CPP). Have begun asset mapping, and looking to identify who and how to develop prevention services. Right now, looking at 4 populations, but want to hear from county providers.

Pregnant or parenting youth

Homeless/Runaway youth

Substance Exposed Newborns

LGBTQ Youth

Child welfare has been slammed. Issue with finding in-county placement for youth. Cannot even place infants in county. Children with mental health issues are placed out of county. How can we help to keep children in families and if not in their biological family, in the county!

Any partner announcements or reports?

Alyssa shared Spooky Bookies is coming soon, fun and exciting activities, Alyssa will share via email as well.

Sue Van Wagner with Healthy Babies has bi-lingual/bi-cultural in Nevada City and in Truckee. Almost full in Nevada City, and have a position open in Truckee.

Susan Sanford posted that there is an Extreme Heat Resources page linked from a banner at the top of <https://211connectingpoint.org/>

Lexie with County Children Services, has lots of funding to help develop Family Care providers in the County. Alyssa will share the flyer in the CSN Newsletter.