

# Community Support Network Partner Meeting

12/7/2022

3:30pm-5pm

Zoom

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**Facilitator:** Melody Easton and Charlene Weiss- **Note taker:** Barb DeGraaf  
Wenzl

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## *Minutes*

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**Agenda item:** Welcome & Introductions **Presenter:** Melody and Char

**Discussion:**

Welcome

Special Celebration For the Holidays!

Holiday Trivia

Would you Rather This or That?

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**Agenda item:** CSN and CAPC and Partner's 2022 Success **Presenter:** Melody and all!

Discussion: CSN had strong meetings, with great presenters. Average of 20 participants per meeting. Three or four guest presenters. 47 surveys completed 93% said the meetings benefited them personally.

CAPC presented to Board of Supervisors (Melody and Nick). Be the One for CAP Month. Fitness Challenge, Nurtured Heart for parents, wear blue. Spooky Booky in October, very successful. Lost count of people at 430, need to come up with a better way to count families. Char was there, Jim was there, great day!

Char thinks that Bobbie should share that the Breastfeeding Coalition put on their "Rock and Relax". Virtual milk drive in February. Over 5000 ounces donated. A lot of outreach with partnering organizations, went to a lot of different places to share what we do. Partnered with Bright Futures and Kids Connect. Reached out to the Sheriff's Department. Tour of Western Sierra. Met with Tahoe Forest, CHP in Truckee.

Katie shared that in November the Nevada County Board of Supervisors passed a resolution that Nevada was Youth Month. Point in time count was very successful, gearing up again as it comes in January.

Dena opened the Youth Drop-In for youth experiencing, or at-risk of, homelessness. Helped over 100 youth this year, housing 25. Summer Hub Youth day camp for 6 weeks, 8 am – 6pm. Served over 240 kids. May even expand to another site next year.

California Children's Services served over 400 children with chronic health conditions. One nurse and 2 health techs.

Nick has been fully staffed in Child Welfare for over a year! Fully functioning Adoption Agency. The Rapid Response is super successful and has received awards and will be added to the California Clearinghouse. Four social workers getting their MSW. Special needs children's program has been nothing short of a miracle.

Melody, First 5 had an outreach event with the Kids Corner and the Rock and Relax. Resumed car seat installation in-house and she has received a grant for 50 high backed boosters and 50 convertible car seats. Parent input completed.

171 in English; 7 to Spanish survey. Three listening sessions. Truckee, Grass Valley and 3 planned at the Family Resources Center. Will put it all together and will release a report in January. Target population is 0-5, but is not limited.

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**Agenda item: Meeting Topics**

**Presenter: All**

**Discussion:** See notes on Jamboard.

Youth Substance Abuse and support for youth whose parents are using. Best practices from other counties.

Post-Partum Mental Health, depression and psychosis. Mental Health in general, and resources. Hear from the new Youth Mental Health Crisis Team. (Check with Marie about a contact). Hear from parents and others with lived experience, especially youth suicide. What would have made a difference, what would have been helpful. Know the signs training. NAMI and rise of suicide and mental health issues among seniors.

APS- Adult Protective Services update. Supports for Grandparents raising grandchildren.

Primary Health Care for children. Well child visits. Nutrition, neglect, screenings.

Resources for food insecure families. Lump in with other concrete supports. Community chest, phones, etc. Child Care resources. Emergency resources. Gas cards. Changes to COVID Emergency Coverage coming in February. Maybe having Rachael from the County come and talk about how we can inform the community.

Parent cafes and support groups.

Dr. Ellis on building community resilience. HOPE and ACES data and research.

**Conclusions:**

CAPC board will put together a calendar of topics. May reach out to you all for speakers, etc. For January, focus on self-care. New year, new you! Will post the calendar on the CSN website.

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**Announcements:** Child Welfare is fully up and running with their Christmas Tree, so snag a tag and make a kid feel good. Due by the 19<sup>th</sup>. First 5 is producing report on community engagement. Char, get you Covid booster, go on MyTurn and get your Covid and Flu shot. We are now in high flu transmission. And Covid, and RSV. Tomorrow there will be a discussion on line about the latest scoop.

Next meeting is January 4, 2023. Make sure to share!

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**Attendees:**

Alyssa Burke-CAPC

Dena Malakian-Bright  
Futures for Youth

Melody Easton- First 5  
Nevada

Barb DeGraaf – Strategies  
TA

Jim Amaral-Nevada County  
Probation

Nicholas Ready – Nevada  
County CWS

Bernie Revak – Nevada  
County MCAH

Katie Dyer-NCSOS-  
Homeless Education Case  
Manager

Sara Fetterly-Community  
Beyond Violence

Bobbie McKenzie-Public  
Health Nurse

Charlene Weiss-Wenzel-  
NCPH

Marie Kittle-Stanford Sierra  
Youth and Family-Parent  
Partner

Sue Van Wazer-PM Healthy  
Babies

## Links & Emails