



Prevention Planning from OCAP to the larger California Department of Social Services (CDSS). The CSN has participated in asset mapping to help identify needs. A contracted consultant is working with Nevada County to develop the actual CPP.

At this time, Melody would like to receive input from this group about the specific target populations that can be included in the CPP, based on a list provided by CDSS.

Morgan Welty-Geiseck shared that there are less services for youth that have been in a guardianship arrangement, as opposed to those that have been in foster care. Foster care youth can receive legal, financial assistance, and other support services such as mental health services. But guardianship youth are not eligible. Behavioral health is a big gap for this population.

Dena shared that Bright Futures can help with the guardianship youth.

Melody discussed the issue of Trafficked Youth, and while there are not many services, it is not necessarily an issue as there are not many youth in that category in Nevada County.

Dena shared that the number of pregnant and parenting youth has increased, especially for 18–20-year-olds. Also sees a big issue as many kids have been exposed to domestic violence.

Any areas that are missing? Melody discussed the multi-generational issue of trauma within families.

Beatriz shared her observation about divorced parents that are co-parenting and how it is really impacting the children.

Marie shared issues with grandparents raising grandchildren. Sometimes the kids, as they grow, have serious mental issues and the young person does not want services and grandparents can be subject to abuse. Morgan Welty-Geiseck shared that they have a Grandparents Support Group, and is looking for members.

Melody raised the need for respite services for young people, and kids with special needs. Dena agreed.

Melody reinforced that 211 can share areas where families are calling and there is a gap in services or an unfilled need.

Shannon Glaz suggested the need for pregnancy prevention resources for youth. Used to have teen clinics in both east and west counties, one was closed and not replaced.

Alyssa asked about parenting support groups, not education, but support for single parents, young parents, etc. Sierra Nevada Children's Services just started doing Parent Cafes. Helping Hands Nurturing Center has a father's group. Beatriz shared that SCH has a Parent Support Group in person, facilitated in Spanish, and will also be starting Parent Cafe's.

Melody concluded by sharing that tomorrow there is a joint meeting of the CIAC and CAPC, Melody wants to bring the needs of primary prevention to the table.

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**Agenda item:** Topics for next meetings

**Presenter:** Melody

**Discussion:**

Melody shared the topic for February, Alyssa added the idea of bringing businesses into the supporting the community. Maybe as mentors or other ideas. Melody and Alyssa will put together a calendar and will share in email and E-News

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**Announcements:**

Dena: Bright Futures for Youth is now doing a capital campaign to expand to a 4,000 square foot area. Hoping to have ready by the end of summer.

Melody: First 5 received over 170 responses to their survey. Also had listening sessions for parents. Working on a community report that will be released after the Board Meeting in January.

Beatriz is having a Parent Support Groups in English and Spanish via zoom. They will focus on the experience of Covid 19 and then connect families to services.

Foster Youth Services is hosting a Let's Talk About Race zoom foster parent meeting that is open to all folks!

Dena noted that through Connecting Point, they are seeking to place youth between the age of 16 and 30 in paid internships. See the 211 website for more information. <https://connectingpoint.org/employment-services/>

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Attendees:

Alyssa Burke-CAPC	Dena Malakian-Bright	Melody Easton- First 5
Chris Newson-NCDPH	Futures for Youth	Nevada
Beatriz -Tahoe/Truckee CAPC	Kimberly Green-NCBH	Paul Platner
Eli Gallup-NCOS	Susan Sanford-211	Morgan Welty-Geisick-Foster
Barb DeGraaf – Strategies	Ann Wolf-KidZCommunity	Youth Services
TA	Morgan Best-NCSOS	
Bobbie McKenzie-Public	Shannon Glaz	
Health Nurse	Dolores Jones	
Jamie Hanf-NCPHD	Marie Kittle-SSYAF	

**Links & Emails:**

Contact Morgan Welty-Geisick for information on the Grandparent Support Group: [mwelty-Geisick@nevco.org](mailto:mwelty-Geisick@nevco.org)

Contact 211 for mentorship opportunities: <https://connectingpoint.org/employment-services/>

Fun 2023 meditation: <https://nonprofitaf.com/2023/01/a-guided-meditation-to-start-off-2023/>