

AGENDA ~ May 4, 2022 Community Support Network Partner Meeting



3:30 to 5:00 pm Via Zoom Pre-Registration

3:30 Welcome & Introductions: Jim Amaral - CAPC/CSN Board Member

- Who is here today? Participants to put their name and organization in the chat
- Ice Breaker (Place answer in the chat) Share one positive outcome from Mental Health Supportive Services in your program and or in the community?

3:40 **Supportive Mental Health Services Presentations:**

4 Key Points for Discussion:

- A [brief] overview of the program/services offered
- New emerging trends
- Greatest challenges
- Opportunities for collaboration

Presenters:

- Cindy Morgan Program Manager for Children's Behavioral Health
- Amy Rudkin Executive Director for Victor Community Support Services
- Sierra Sparks Owner/Director/Therapist for Sierra Therapy Center

4:30 **Q&A:** Jim Amaral & Melody Easton

• What are some tangible ways we can collaborate to serve children, youth, families, and adults in Nevada County and ways we can bridge the gaps in Mental Health services and address their Mental Health needs?

4:40 **Community Partner and Member Report Out:** Jim Amaral

Community Partners and Members to provide agency report out

4:55 **Next Steps:** Jim Amaral

- Meeting attendees please complete the brief CSN Survey link in the chat
- Next CSN meeting is 06.01.22 3:30pm to 5pm via Zoom Father Engagement/Parent Engagement

5:00 Adjourn:

Please see Community Support Network of Nevada County Board Members and Meeting

Agreements below on page 2

CAPC Board of Directors

- Melody Easton, First 5 Nevada County, (Chair)
- Eli Gallup, Nevada County Superintendent of Schools (Vice Chair & Treasurer)
- Dena Malakian, Bright Futures for Youth, (Secretary)
- Marina Bernheimer, Child Advocates of Nevada County
- Rossnina Dort, Child Care Coordinating Council
- Jolene Hardin, Nevada Joint Union High School District, Young Parents Program
- Jim Amaral, Nevada County Juvenile Probation
- Char Weiss-Wenzl, Nevada County Public Health

Community Support Network of Nevada County Meeting Agreements

- Make decisions by consensus.
- Create an atmosphere of mutual respect that includes active listening and listening without judging.
- Start and end on time.
- Maintain a sense of humor and a positive attitude.
- Bring concerns to the whole group. Don't take them to the parking lot after the meeting.
- Set up the room in an inclusive way.
- Take responsibility for a task only if you have the time to accomplish it.
- Everyone is empowered to be a process observer and take ownership for the health of the meeting and is responsible for the health of the whole meeting.
- Be sensitive to others' need for more information. Make sure everyone understands.
- Be careful of injecting your self-interest and label it as such. Be able to layout your agency's interests and be open to other's interests.
- Meetings are meaningful and have a shared purpose.
- This is a living document and can be changed as needed.

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#### **CSN Vision Statement**

All families in Nevada County have ready access to a well-integrated and coordinated support network that is easily available and well-funded.

Community Support Network of Nevada County ~ www.csnnc.org

Contact ~ CSN Coordinator - csnncorg@gmail.com