



The Community Support Network of Nevada County's mission is to facilitate collaboration among public and private family support organizations so that Nevada County children, youth, and families thrive. Our vision is that all families in Nevada County have ready access to a well-integrated and coordinated support network that is easily available and well-funded.

NOTES CSN MEETING – March 4, 2020
Gene Albaugh Community Room at the Madelyn Helling Library

2:30 to 3:15 - Be the One Work Group – Eli Gallup, Ned Russell, Remy Lindsay, Dena Valin, Schuyler Bright, Marina Bernheimer, Laura Harter.

3:30 to 5:00 pm - Community Support Network Partner Meeting - Eli Gallup, Ned Russell, Marge Biddle, Annie Keeling, Sierra College, Dena Valin, Schuyler Bright, Nancy Ramsey, Granite Wellness, Laura Harter.

3:30 **Welcome & Introductions** -

3:35 **Meeting Notes were not distributed.**

3:40 **Meeting Focus** – Community Support Network Survey

Eli Gallup, CAPC Vice President and Associate Superintendent of Special Education, Office of Education, presented information about the recent member survey and facilitated discussion. See attached pdf of power point. Several suggestions were made as to how to disseminate information and how to request feedback. The group agreed with Eli's suggestion that we create a roadmap of action along with a condensed summary. Discussion occurred about the usefulness, or not, of passing along enewsletters, the usefulness of recording or broadcasting the meetings live, the interest in trainings – but without specific requests, linking the Provider List by Protective Factors on the website and sending out, the value of enews, the importance of in services, and while discussing service coordination was discussed – it was noted that we don't have organized time or talks to do that.

Update upcoming CSN CAPC Events –

- Sierra Cinemas April 28th 10:00 am showing of the movie Resilience - A documentary about Adverse Childhood Experience and the power of Resilience
- April 1 CSN Meeting – Presentation by Child Welfare Services – Nick Ready and Mimi Gremminger
- May 6 CSN Meeting – Be the One Round 2 as follow up to the movie Resilience
- June 3 CSN Meeting - Non-profit and Agency Roundtable for What is New in Your Agency as it relates to Trauma Informed Services

Network Announcements – Partners discussed program successes and new services – Friendship Club, Warm Line, Granite Wellness, Sierra College, and FRC Parenting Classes were discussed.

4:55 Meeting adjourned

Community Support Network of Nevada County Meeting Agreements

- Make decisions by consensus.
- Create an atmosphere of mutual respect that includes active listening and listening without judging.
- Start and end on time.
- Maintain a sense of humor and a positive attitude.
- Bring concerns to the whole group. Don't take them to the parking lot after the meeting.
- Set up the room in an inclusive way.
- Take responsibility for a task only if you have the time to accomplish it.
- Everyone is empowered to be a process observer and take ownership for the health of the meeting and is responsible for the health of the whole meeting.
- Be sensitive to others' need for more information. Make sure everyone understands. Be careful of injecting your self-interest and label it as such. Be able to articulate your agency's interest and be open to other's interests.
- Meetings are meaningful and have a shared purpose.

5:00 **Adjournment** – Next meeting April 1 - tentatively scheduled Child Welfare Services Presentation

We welcome your help stacking tables and chairs. Thank you!

Upcoming 2020 CSN Partner Meeting Dates: January-hiatus, February 5, March 4, April 1, May 6, June 3, July & August-hiatus, September 2, October 7, November 4, December-hiatus



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The Be the One campaign raises awareness of the power of connection. Changing a person's life for the better can happen with one positive connection with just one person. We know this in our hearts and there is research to support it.

Being the One for others is a simple way to put trauma/healing informed practices into action and transform our own lives, our families, and our communities. The Be the One campaign is a way to dialog about the impact of Adverse Childhood (and Community) Experiences (ACES) and the science of resilience to

harness the power of connection. ACEs have deep and lasting harmful impacts on the lives of those that experience it, and positive connections build resilience to overcome ACEs. Join us!

Learn more at csnnc.org/be-the-one