## PLEAG

## Parent Leadership Empowerment and Advocacy Group

Join us for a free family support night, including dinner, children's activities community presentations, and parent groups

March - "Trauma"

Thursday Evenings—Child care provided — Dinner: 5:30pm, Group: 6-7pm

5th- Parent Group: Meet and share with other parents and our therapist,

Perla Dittmann

<sup>12th—</sup> Parent Group: Meet and share with other parents and our therapist,

Perla Dittmann

<sup>19th</sup>– Donna Brint will be here to discuss "Brain Spotting" and the effects that are trauma related

25th— Family Night! Dinner followed by crafts, games and quality time spent in the Child Development Center

We are committed

to empowering parents by providing a network of support to those who strive to be strong advocates and leaders for their families

If you have any questions please reach out to Teresa at (530)273-9541 ex.221 or email cdevelopment@corr.us



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