

The *Nugget*



News from the Nevada County Superintendent of Schools office

February 2020

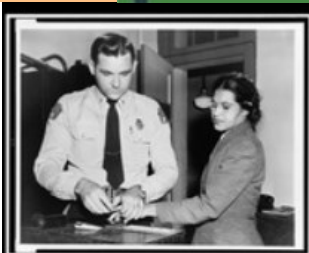
Scott W. Lay, Superintendent

Black History Month



FEB

FEB

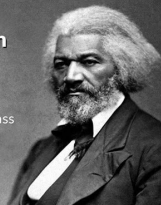


You must never be fearful about what you are doing when it's right.

- Rosa Parks

It is easier to build strong children than to repair broken men.

- Frederick Douglass



I never lose. I either win or learn.

- Nelson Mandela



Nevada County Writing Tournament

Grades 7/8

Shannon Rashby

Forty (40) seventh and eighth grade students from ten local public, private, and charter schools competed in the countywide Writing Tournament. The Nevada County Superintendent of Schools Office coordinated the annual event, which was held in the Stone Hall at the Miners Foundry, on January 14th. Many thanks to our tournament sponsors: The Book Seller, Williams Stationery, The Miners Foundry Cultural Center, and Nevada County Superintendent of Schools.

The students were judged on three styles of writing:

Informative Writing: Guest speaker, Judy Nielsen, designer for Haute Trash, spoke for 30 minutes about designing fashionable clothing from recycled materials. Following her speech, the students were given time to write a paper about the presentation.

Continued on page 2

Writing Tournament continued from page 1

Creative Writing: The students wrote compositions in response to the prompt: *Imagine you're cleaning out your desk and find a secret message carved or written on the bottom of one drawer.*

Persuasive Letter Writing: Students were asked to write a letter to the editor of the Union: *Should children be given an allowance as a reward for completing chores or good behavior, or should children receive an allowance regardless?*

Winners:

Overall "Sweeps" winners for highest collective score from 3 written assignments:

7th Grade: Addie Tice-Raskin – Magnolia

8th Grade: Melina Handan – Seven Hills

7th Grade winners by category:

Informative Writing:

First place: Joshua Tiffany – Union Hill

Second place: Jude Slater – Clear Creek

Third place: Addie Tice-Raskin – Magnolia

Fourth place: Soleil Johnson – Nevada City School of the Arts

Fifth place: Kaelin Day – Chicago Park

Creative Writing:

First place: Addie Tice-Raskin – Magnolia

Second place: Joshua Tiffany – Union Hill

Third place: Kaelin Day – Chicago Park

Fourth place: Alexa Ines – Grass Valley Charter

Fifth place: Morgan Parnow – Seven Hills

Persuasive Letter Writing:

First place: Jude Slater – Clear Creek

Second place: Ahna Taliaferro-Watson – Seven Hills

Third place: Noah Ross – Union Hill

Fourth place: Marie Redd – Nevada City School of the Arts

Fifth place: Alexa Ines – Grass Valley Charter



Winners - left to right:

Melina Handan, Fiala Noyes,

Addie Tice-Raskin, Jude Slater, Joshua Tiffany

8th Grade winners by category:

Informative Writing:

First place: Melina Handan – Seven Hills

Second place: Fiala Noyes – Grass Valley Charter

Third place: Delaney Sherr – Seven Hills

Fourth place: Riley Lubarsky – Clear Creek

Fifth place: Marley Lopin – Forest Charter

Creative Writing:

First place: Fiala Noyes – Grass Valley Charter

Second place: Grayson Allen-Shively - Nevada City School of the Arts

Third place: Willow West – Clear Creek

Fourth place: Chloe Wong – Mount Saint Marys

Fifth place: Sabrina Mantooth – Magnolia

Persuasive Letter Writing:

First place: Melina Handan – Seven Hills

Second place: Fiala Noyes – Grass Valley Charter

Third place: Delaney Sherr – Seven Hills

Fourth place: Jessie Slade – Union Hill

Fifth place: Riley Lubarsky – Clear Creek

Contact: Shannon Rashby, Tournament Coordinator

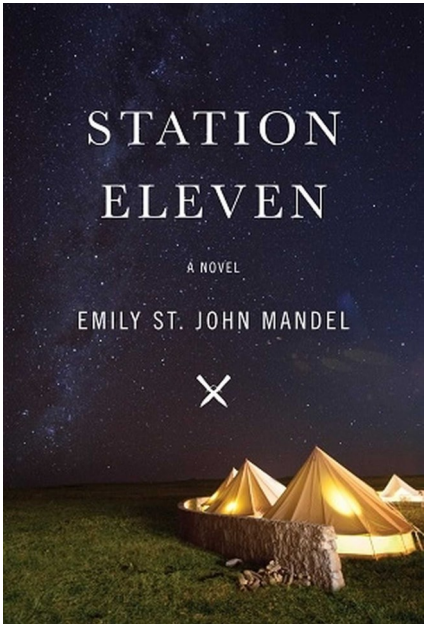
(530) 478-6400 ext. 2025

writingtournament@nevco.org



Nevada County Reads & Writes is a countywide program with a target audience of 9th grade to 101 years old, sponsored by Nevada County Libraries and the Nevada County Superintendent of Schools. This is an annual event in which the community is encouraged to read the same book and then participate in subject-related events.

The 2020 book selection is “Station Eleven” by Emily St. John Mandel. For a full brochure of events: [CLICK HERE](#)



NEVADA COUNTY

Schools Job Fair



CERTIFICATED + CLASSIFIED POSITIONS
13 EMPLOYERS HIRING

MARCH 21, 2020

Saturday | 10 AM - 2 PM
Nevada County Superintendent of Schools Office
380 Crown Point Cir | Grass Valley, CA

WWW.NEVCO.ORG/JOBFAIR

NC READS & WRITES
MORE INFO
[HERE](#)

nevadacountyreads.com



NATIONAL ENDOWMENT for the ARTS
arts.gov/ncbigread
NEA BIG READ
Managed by Arts Midwest







Nevada County Community Library
Create. Connect. Inspire.

Nevada County Community Library
980 Helling Way
Nevada City, California 95959
530-265-7050

mynevadacounty.com/library

The Arts

The Arts in Our Schools

[Learn More Here](#)



[Music](#)



[Visual Arts & Media Arts](#)



[Drama](#)



[Dance](#)



[Reading and Writing Programs](#)



[STEAM Expo 2020](#)

NEVADA
COUNTY
arts
COUNCIL

[HOME](#) [ARTS CALENDAR](#) [CULTURAL DISTRICTS](#) [CALL TO ARTISTS](#) [ARTIST DIRECTORY](#) [PROGRAMS](#) [ARTS ORGANIZATIONS](#) [ABOUT US](#)
[ARTS IN EDUCATION](#) [ARTS AND ECONOMIC PROSPERITY](#) [CULTURAL ASSET MAP](#) [GET INVOLVED](#)

[Email for more info](#)

sierra
POETRY
FESTIVAL

APRIL 18
2020

MINERS
FOUNDRY
CULTURAL CENTER

[JUMP TO THE NEW SIERRA POETRY FESTIVAL PAGES](#)

STEAM Expo 2020

WANTS YOUR ART !

4 Art Entries Per School

- 3D Art
- Visual Arts
- Musical Arts
- Digital Arts

Deadline: March 6th

MORE INFO HERE



Poetry Out Loud encourages students to learn about great poetry through memorization and recitation. This program helps students master public speaking skills, build self-confidence, and learn about literary history and contemporary life.

See timeline and calendar of events on page 11.

For more information contact:

Lead Teacher Liaison, Steve Hansen at shansen@njuhsd.com or Coordinator and Coach, Julie Valin at juleree_99@yahoo.com, or go to www.poetryoutloud.org

Young at ART

March 6 – May 26,
2020
8:00 a.m. – 5:00 p.m.
Monday - Friday

Nevada County Eric Rood Government Center

CELEBRATE THE VALUE OF ART FOR ALL STUDENTS

Sponsored by:

The County of Nevada

The Nevada County Superintendent of Schools

The Nevada County Arts Council

EXHIBITION RULES AND GUIDELINES

We welcome you to the annual Open Exhibition of Nevada County student artwork!

This annual show is in conjunction with Youth Arts Month, a national event. For more information on Youth Arts Month: [LEARN MORE HERE](#) 2020 theme: Take A Journey through Art.

Teachers from any public or private school, grades K-12 may submit student artwork for exhibition at the Rood Gov't Center, near the Nevada County Library.

INSTALLATION TAKES PLACE MARCH 4 - MARCH 6, from 8:00 a.m. – 4:30 p.m.

NOTE: Hanging of artwork cannot take place on Tuesdays. Space is available on a first-come basis. No space is reserved. Space is available on wall panels in the upstairs landing and on the walls of the second floor hallways.

REMOVAL OF ART WEDNESDAY, THURSDAY, FRIDAY, MAY 27-28-2, from 8:00 a.m. – 4:30 p.m. Not on Tuesdays.

ENCOURAGED - Signage should name and/or explain the project and include name of teacher, school, and grade.

Artists' statements about the work offers greater connection for attendees and of course is a worthy exercise for your students. Thematic and stylistically cohesive displays are preferable. Staples or push pins are recommended to attach art to the walls. Displays should be condensed to as small a space as possible but be well presented.

STEAM 2020 – Participants in the STEAM Expo will move their artwork to the fairgrounds for exhibition on Friday, March 27th and on display Saturday, March 28th. Artwork will be returned to the Eric Rood Government Center after the Expo.

No more than one piece of art by each student may be displayed.

No art may be freestanding on a floor or hanging from the ceiling. Three-dimensional art is generally not displayed.

Contact Kimberly Ewing to discuss any special needs. **Nails and glue are not permitted.** When it is time to remove art, please make sure all staples and push pins have been removed.

The exhibition coordinator reserves the right to remove art that does not conform to these guidelines or violates public art display policies of the Nevada County Eric Rood Government Center, a public place of government business.

Art depicting nude figures, violence, or obscene language is not permitted.



Opening Ceremony Ice Cream Social

Friday, March 6th – 4-7pm

For further information, contact:

Kimberly Ewing

NCSOS Arts Coordinator

kewing@nevco.org

Nurturing Parenting
8-week seminar

WHO: Parents of Children Ages 2-12
SEMINAR DATES: Tuesday Nights
January 21st – March 10th, 2020 (8 weeks)
TIME: 5:30 PM to 7:30 PM
VENUE: Ready Springs School, 10862 Spenceville Rd.,
Penn Valley, CA 95946
MATERIALS FEE: \$35 (scholarships available)
PIZZA, CHILDCARE, & ACTIVITIES PROVIDED!

TO REGISTER & FOR FURTHER INFORMATION
CALL (530) 268-5086
(Space is limited, call now for registration!)



Kids don't come with an instruction manual! Many familiar parenting problems have very simple solutions that can be applied with some effort and focus. Nurturing Parenting is one of the few parenting programs in the world that is based on evidence from clinical research. For more than 35 years, Nurturing Parenting's easy-to-understand, practical strategies have been shown to help families in all types of situations.

- Reduce family stress.
- Create a family routine with ground rules that everyone knows and follows.
- Become a more confident parent.
- Enjoy a more harmonious family environment.

Put some great new strategies in your parenting tool box with Nurturing Parenting!

PRESENTER: Annie Keeling, Parenting Specialist, Nevada County Supt of Schools
530-268-5086 – akeeling@nevco.org
www.nurturingparenting.com



Annie Keeling, MFA

[Grass Valley
Flyer](#)

[Penn Valley
Flyer](#)

Two classes—Grass Valley & Penn Valley




PARTNERS
Family Resource Centers
partnersfamilyresourcecenters.org

A PLACE WHERE NEVADA COUNTY FAMILIES GATHER FOR SUPPORT, INFORMATION, & FUN!

FREE SUPPORT FOR FAMILIES



Grass Valley 235 S. Auburn St. 530-279-4059	Penn Valley 10862 Spenceville Rd. 530-432-1118 x249	San Juan Ridge 18847 Oak Tree Rd. 530-292-3174
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3 sites serving Nevada County:

Weekly Play Groups

Story Time

Clothes Closet

Community Resources

Monthly Newsletters

[MORE INFO](#)



PARENTING TIPS
*By Annie Keeling
NCSOS Parenting Specialist*

Gadget Self-Control

Children model what they see. If you are on a media device at the dinner table or when your child needs your attention, you are sending a very clear message into the future: “My phone is more important than you. When you have a phone, it will be just fine to make it more important than me.” Curb that kind of hypocrisy now. Imagine the limits you would like for your child when they are a teenager. Model those now.

Enforce unplugged family time and zones in your home. How about a device-free dinner, no devices in the living room, or no devices after lights-out? Media-free mealtime provides your family with an opportunity to bond and connect with each other with no distractions. With devices present, there is a greater chance of developing unhealthy eating habits.

Create a media charging station in your house. This can be a box or container that you keep near an outlet. In our house, my teen had to have his devices in the box by 9:30 pm. I decided to do the same. It’s made the rule go a whole lot smoother, and I’m getting caught up on some great reading.



Classrooms
Powered by
Census Data

Statistics in Schools brings school subjects to life using real-world Census Bureau data to create materials for use year after year at all grade levels.



How Much Do Your Students Know About The 2020 Census?

Statistics in Schools (SIS) just released a series of short and engaging videos to help teach students why they count in the 2020 Census. Each video provides an easy, grade-appropriate way to explain why census data is important and how counting everyone helps all communities.

- Choose from animated webisodes for young children, an interactive trivia challenge for students in grades 5-8, insights from aspirational high-schoolers for their peers, and more.
- Pair these videos with one of our 2020 SIS activities to deepen student engagement.

Help promote the use of SIS by sharing our educator video, which features educator testimonies about the positive effects of SIS in their classrooms, schools, and communities.

[WATCH VIDEO](#)

NCSOS Nevada County

STEAM EXPO 2020

Saturday, March 28th
9:00am—3:00pm

Nevada County Fairgrounds

**SCIENCE
TECHNOLOGY
ENGINEERING
ARTS
MATH**

Free To The Public

REGISTER SUBMISSIONS BY 3/6

WWW.NEVCOEXPO.ORG

Trauma Informed Practices

Parts I & II

Join us in learning to promote academic achievement and social & emotional success for students who have experienced toxic stress and trauma.

Part I - choose one: October 3rd or 4th, 9:00am - 3:00pm
Part II - choose one: February 27th or 28th, 9:00am - 3:00pm

Presented by Kelly Rizzi
Director of School and District Support
Shasta County

Location: NCSOS - 380 Crown Pt. Circle Grass Valley, CA

Trauma Informed Practices are the link to academic achievement and social/emotional success for students who've experienced toxic stress and trauma. Due to repeated triggering of the fight or flight system, the neurology of these students is different than their grade level counterparts, and taking in new knowledge can often be challenging. Navigating social/emotional situations can also be difficult. Trauma Informed Practices help teachers and students to be better regulated, which decreases behavior issues, and prepares the brain for learning.

To Register, contact Melissa Balderston: mbalderston@nevco.org or call 530-478-6400 ext 2020

Workshop Topics		
Brain Breaks Short movements for students to bring calm to the mind and oxygen to the brain, increasing blood flow and enhancing learning	Adverse Childhood Experiences Study [ACEs] Science that sets the template for how the developing brain is altered and why learning and social/emotional tasks are especially difficult for students of trauma	The Science of the Brain Research and science about how the mind works, and how it relates to our students and their behavior in the classroom
Self Regulation The importance of teachers being regulated and how to teach students the skills of self regulation	Teaching Children about their Minds and about Growth Mindset Ideas and resources for teaching children about how their minds work	Learning Targets Reveal to students where they will go in the lesson and what they will be expected to learn, providing predictability helping to calm students
Creating a Safe Environment Practical ideas for the school and classroom	Classroom Applications Classroom practices that work and how to apply them	

[FULL FLYER HERE](#)

**Consider becoming a CASA,
a Court Appointed Special Advocate.**

CASAs are screened and trained to work with children who have been victims of abuse and neglect and who have open cases in Dependency Court. A CASA befriends and supports the child, collaborates with other professionals involved, and gathers objective and factual information to help inform the court about the child's best interests and needs.

The 35-hour training starts in March.

For more info, visit www.considercasa.com
or email Melinda@caofnc.org



**Mark your Calendar
Nevada Union
High School**



**NU Preview Night
February 19, 2020**

**Nevada Union Theatre @ 6PM
Cafeteria 6:30 – 7:30PM**

This event is for incoming 8th grade students and their parents. Parents will start with a presentation in the Theatre and meet up with their students in the cafeteria to preview all of the great choices available at NU. We will have club booths, sports team booths, academic booths, parent club and many more! You won't want to miss this event.

**Future Miner Invitational
February 20, 2020**

**Nevada Union High School
11:30AM – 2:30PM**

This event is coordinated by Nevada Union with the local Junior High Schools. Questions: Contact Debie Ogden, Principal's Secretary @ Nevada Union High School. Phone calls are preferred 530-273-4431x2004. Email: dsogden@njuhsd.com.

Date: Wed., March 4, 2020
Time: 10:00AM—12:30PM
Location: Madelyn Helling Library—Community Room
980 Helling Way, Nevada City, CA
Register: bit.ly/WLworkshops
916-455-9500



**LET'S GET
ORGANIZED!**

Organizing your child's records
is the first step to advocating
effectively & with confidence!

**JOIN US FOR A HANDS-ON
WORKSHOP**

**10 AM TO 12:30 PM
WEDNESDAY, MARCH 4**

**Madelyn Helling Library
Community Room**

Bring to class your child's:

- **Assessments / evaluations**
- **IEPs / IFSPs**
- **IPPs (if applicable)**
- **Medical information**

**Children are welcome to
attend—toys and activities will
be provided.**

Offered by NC Community Library
and funded by the US Dept. of Educa-
tion, Office of Special Ed. Services

FOOD ACCESS SATURDAY

Do you have a friend or neighbor who is having a hard time making ends meet? Food Access Saturday may be able to help. United Way of Nevada County and Interfaith Food Ministry distribute nutritious supplemental groceries on the second Saturday of each month. Bags of healthy food, including fresh fruit and vegetables, will be available for those in need. This dual agency collaboration was created for anyone who needs food but is unable to make it to other food distributions Monday through Friday.

Food Access Saturday takes place at 440 Henderson Street, in Grass Valley, from 10am-noon on the **2nd Saturday of each month**. Since the program's inception over 2 years ago, over 7,000 bags of food have been provided for more than 3,800 people in need.

United Way of Nevada County strives to assure individuals and families in Nevada County are able to meet their basic need for food, emergency shelter and access to health care. Interfaith Food Ministry works to reduce food insecurity in Western Nevada County. They feed the hungry, helping to sustain good health and human dignity.

For more information, contact United Way at 274-8111 or admin@uwnc.org.



Basic Needs Guide for Western Nevada County:
[Visit 211 Nevada County](#)
or dial **2-1-1** for additional resources.



SUDOKU TOURNAMENT

Wednesday, May 13th - 4:00-6:00
Nevada Union High School

Teams will be 3-4 students per team and a school can have as many teams as there are interested children. This year, we will have two separate divisions: Juniors are 2nd, 3rd and 4th graders; Seniors are 5th, 6th, 7th and 8th graders. All students will receive puzzle books and ribbons. The three winning teams in each division will receive additional prizes.

If you are interested but haven't set up free coaching classes, or have any questions, please call **Jerry Martin**:

More info: 477-6282
or email

jerrymartin1942@sbcglobal.net



NEO Youth Drop-In Hours:

Mon: 3:30-6:30 Grades 6-8

Tues: 3:30-6:30 Grades 9-12

Wed: 2:45-6:30 Grades 6-12

Thu: 3:30-6:30 Grades 9-12

Fri: 3:30-8:30 Ages 14-25



NEO Youth Center

[More Info](#)

Quick Reference Calendars

CPR/AED/First Aid Skills Demo Check Class



DATE	CLASS DESCRIPTION	TIME
Wed, February 19, 2020	CPR/AED/First Aid Skills Demo check	3:45 p.m. – 5:45 p.m.
Tue, March 3, 2020	CPR/AED/First Aid Skills Demo check	3:45 p.m. – 5:45 p.m.
Wed, March 25, 2020	CPR/AED/First Aid Skills Demo check	3:45 p.m. – 5:45 p.m.
Thur, April 2, 2020	CPR/AED/First Aid Skills Demo check	3:45 p.m. – 5:45 p.m.
Wed, April 15, 2020	CPR/AED/First Aid Skills Demo check	3:45 p.m. – 5:45 p.m.

The cost of the class is \$45.00 and must be paid PRIOR to us sending you a link to the on-line course – we accept exact cash or check only. NOTE: the fee is non-refundable.

You can either stop by our office to pay or mail the check - payable to NCSOS.

Please do not mail cash.

Mail checks to: NCSOS 380 Crown Point Circle, Grass Valley, CA 95945 ATTN: CPR.

[Register online.](#) For more information contact Faith Yamamoto at fyamamoto@nevco.org



BTSA/CTIP Teacher Induction Program

All seminars are 4:30-6:30PM, held in the Training Room at the NCSOS office:
380 Crown Point Circle, Grass Valley

To learn more, visit [North Coast School of Ed.](#)



DATE	GROUP
Tue, March 3, 2020	CSTP 3—Curriculum & Instruction
Wed, March 4, 2020	Legal/Ethical Issues in Teaching
Tue, April 14, 2020	BTSA /CTIP Sharecase
Wed, April 15, 2020	BTSA /CTIP Sharecase

Calendar events have been highlighted in previous editions of *The Nugget* and are listed in chronological order. Back issues of *The Nugget*, with additional information, can be found at

[The Nugget Back Issues.](#)

Quick Reference Guide



DATE	POETRY OUT LOUD 2019—2020 Schedule of Events
Available now	Online Anthology of poems — HERE
March 15-16, 2020	State Finals competition
April - all month	National Poetry Month
Throughout April	Sierra Poetry (Fringe) Festival – Pop-Up Poetry Events
March 28, 2020	Nevada County STEAM Expo—for Poetry Out Loud Nevada County finalists whose poetry choices associate to STEM subject matter
April 18, 2020	Sierra Poetry Festival—for Poetry Out Loud Nevada County finalists
April 27-29, 2020	Poetry Out Loud National Finals

CA Alliance for Arts Education Student Voices Campaign:



2-minute video program for 7th-12th Grade Students

March 1, 2020 Deadline to submit to CA Alliance for Arts Education
 March 6, 2020 - Deadline to submit to NC Arts for viewing at STEAM Expo 2020
 March 28, 2020 T STEAM Expo 2020 viewing of selected videos

[More Information Here](#)

NAMI Nevada County Family Support



National Alliance on Mental Illness

Find Help. Find Hope.

[CRISIS HELP INFO](#)

Grass Valley School District

Child Nutrition Program

Monthly Updates

School Lunch Menus

Nutrition + Education

Information



[More Information](#)

Submissions for future Nugget issues:

Have you something to share in future issues of The Nugget?

Please submit your request by the 15th of the preceding month for inclusion in the following issue.

Email: sshafran@nevco.org

Previous editions of *The Nugget* and are listed in chronological order.

Back issues of *The Nugget* be found at [The Nugget Back Issues](#).

FEBRUARY - SHORT AND SWEET

- In Old English terms, the Anglo-Saxons named February as '**Solmonath**', which means month of cakes, mud-month, as the Gods were offered cakes in the February season.
- It was also called '**Kale-monath**' or '**sprout-kale**' by the Saxons, which is the name for cabbage and its sprouting.
- In Welsh, February is known as '**y mis bach**', which translates to 'the little month'.
- The second month is called '**helmikuu**' in Finnish, which means 'the month of pearl', inspired from the snow falling on tree branches and the droplets freezing on them, metaphorical with the pearls of ice.
- About 400 years ago, during the Shakespearean time, this month was known as '**Feverell**'.
- In Newton's time, which was approximately 300 years ago, it had changed to '**Frbrueer**', which is where February has its latest derivation.
- Americans celebrate Valentine's Day on February 14. In fact, this day is **celebrated around the world** in different ways. For instance, Wales does it through love spoons, while Denmark does it through white roses or snowdrops.
- February is the **month of water-bearer Aquarius** (January 20 – February 18) **and water sign Pisces** (February 19 – March 20). Amethyst is the birthstone of Aquarians.
- Viola plant (Violet) and the Primrose are the flowers for February.
- The month of February is the only month that can pass without a full moon, in common years. The next time we would witness such a scenario would be in 2037.
- In common years, February starts on the same day of the week as March and November, and on leap years, it starts with the same day of the week as August.
- This month celebrates the **National Day of the Sun in Argentina**.
- It is also known as the **Black History Month**, as it is the annual observance month in US, Canada, and UK, remembering African-American people and events.
- The games for this month are **football and skipping**. Football is not to be played in the regular style. This is played on a grand scale, where all the men come out on the street at a specific time. They would start the game after the church bell has rung.
- In Western Christianity, the first day of Lent is observed as **Ash Wednesday**, a day of fast. This occurs 46 days prior to Easter, and the earliest date it can occur is on the 4th of Feb. Some dates for Ash Wednesday are 22nd of February (2012), 13th of February (2013), 18th of February (2015), 10th of February (2016), etc.
- February is the **American Heart Month**, wherein awareness of heart diseases is raised, prevention measures are taken, and those suffering are treated.
- This entire month has been dedicated to chocolate! The month is celebrated as the **National Chocolate Lovers Month**.
- It is also celebrated as the **National Bird-Feeding Month** in the U.S, wherein they spread awareness about wild bird feeding.
- February is **National Dental Health Month**. This is done to arouse awareness about oral health.