

*Photo courtesy of Megan Timpany*

Happy Holidays from Megan Timpany, CEO



Winter 2019/2020

Winter is here and the hustle and bustle of the Holidays is upon us. This week I found some time for a peaceful moment of reflection. As I look out my window at the snow covered hills and the beautiful community we live in, I paused to think about all the great volunteers, donors, and community members that have helped to make United Way of Nevada County so successful. United Way of Nevada County has been in existence for over 38 years and continues to strive to better serve the community of Nevada County.

This past year the United Way Board of Directors, Staff and Volunteers have given a great deal of time to help United Way thrive. I would like to thank them for helping to make this year so successful. United Way of Nevada County would not be able to exist without their continual support. They are the ones that are reaching out and changing the condition of our community. These individuals are the true heroes of United Way of Nevada County. I feel very lucky to be able to work with all of these wonderful individuals. One of the most rewarding parts of being involved with United Way is getting to know the remarkable individuals who give their time to United Way to help our community continue to grow.

This has been a big year at United Way. We have had several successes, enjoyed many collaborations and moved to a new office in Nevada City. As we move into the year 2020, I ask you to think about how you might get involved with our community. Whether you volunteer, give or advocate for your favorite cause, this community can always use your help. The free two-day health clinic that United Way will be hosting in collaboration with California CareForce at the Nevada County Fairgrounds is coming up quickly. It takes place January 11th and 12th of 2020. Please take a moment to read about this community event on page two of this newsletter.

United Way 2019 Workplace Giving campaigns are starting to wrap up. Businesses across the county have encouraged their employees to give back to the community through payroll pledging. A big Thank You goes out to all of those individuals that have helped to make the 2019 campaign a huge success.

Currently United Way is holding Project Warmth, a collection drive that takes place through Dec. 12th across the county. This year United Way is collecting hats, gloves and socks for those individuals in need. This program has been going on for 8 years

and continues to help those individuals in our community that are struggling to get by.

United Ways service priority is to strive to assure individuals and families in our community are able to meet their basic need for food, emergency shelter and access to healthcare. Please take a moment to read this publication to learn how United Way is meeting its goals.

We at United Way wish you and your family a wonderful Holiday Season.



Megan Timpany,
CEO United Way of Nevada County



UPS Business Manager Leonard Lake (in blue) and employees received a Gold award for outstanding generosity during the United Way Workplace Giving Campaign earlier this year.



United Way of Nevada County's Mission: To improve lives by mobilizing the caring power of our community.

United Way of Nevada County: Making Impactful Change

Grass Valley Free 2-day Health Clinic Jan. 11/12!

United Way of Nevada County strives to assure that individuals and families in Nevada County are able to meet their basic needs for FOOD, EMERGENCY SHELTER & ACCESS to HEALTH CARE. That's why United Way is hosting the 2020 Grass Valley Free 2-day Health Clinic along with California CareForce.

ACCESS TO HEALTH CARE

California CareForce (CCF), is the charitable arm of the California Assoc. of Oral and Maxillofacial Surgeons. CCF is a group of healthcare professionals, community leaders, and engaged citizens who have come together in an effort to promote the health and well-being of those in need through volunteer-supported, no-cost healthcare clinics throughout California. They hold temporary, 2-day clinics which provide basic dental, vision and medical care for free, to individuals across California. CCF volunteers provide care to anyone who comes to their clinics, with no restrictions based on insurance, income, employment, immigration status or residency (Volunteering at a California CareForce Clinic is a fun, fulfilling way to give back to the community by helping under-served patients get the care they need. Professionals (doctors and technicians) and non-professionals are needed.



Photo taken during the recent 2019 California CareForce clinic in Chico.

In addition to the clinic days, volunteers are needed for 2 set-up days (Jan. 9th & 10th) and breakdown (Jan. 13th). A total of about 175 volunteers are needed per clinic day. For those needing medical, dental or vision care, there will be wristbands given out the day before you would like to be seen. You can learn all of the details at: californiacareforce.org/patients/grassvalley

Food Access Saturday—Turns 3 in May 2020!

FOOD INSECURITY

According to a United Way of California report, 35% of households in Nevada County are struggling to get by. Food Access Saturday was formed over two years ago to help working individuals who need assistance putting food on their table, but are unable to pick up food at local food distributions during the workweek.



CEO Megan Timpany, volunteer extraordinaire Terri Myers, Board President Joanne Weatherly and Board Vice President Tom Myers helping during a recent Food Access Saturday.

Free emergency groceries for individuals and families in need are available from 10 a.m. to noon every second Saturday of the month, at 440 Henderson Street in Grass Valley. United Way of Nevada County and Interfaith Food Ministry distribute nutritious supplemental groceries for those Nevada County residents who are struggling to get by. The program has grown to encompass a larger population, including anyone who needs food. So far, over 6000 bags of food, including fresh fruit and produce, have been given to more than 2750 people in need.

United Way of Nevada County strives to assure individuals and families in Nevada County are able to meet their basic need for food, emergency shelter and access to health care. Interfaith Food Ministry works to reduce food insecurity in Western Nevada County. They feed the hungry, helping to sustain good health and human dignity.

Other Food Distributions: United Way's partner agency, Interfaith Food Ministry, distributes food from 10 a.m. to 1 p.m. on Monday, Wednesday and Friday. In addition, the Food Bank of Nevada County provides food at five locations throughout the month. For more information visit uwnc.org or contact United Way at 274-8111 or admin@uwnc.org

Our Partner Agencies Have Been Busy, too!

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Hospitality House: Homeless Outreach Update

by Ashley Quadros, Development Director

This past October, Hospitality House celebrated one year offering complimentary transportation to low-income and homeless folks in the community, who are trying to get to appointments, the grocery store, and other important destinations.

This service is made possible because of the generosity of United Way of Nevada County, which donated a large passenger van used for the Homeless Outreach program. Hospitality House also appreciates Volz Brothers Automotive, for maintaining the van, and the County of Nevada, which helps by funding the driver.

In just one year's time, 4,585 rides were given to 381 individuals in need. Last summer, the introduction of the Homeless Outreach Medical Emergency (HOME) team with Nevada County Behavioral Health and Turning Point helped to expand the outreach services. Through the expansion, 4,700 services were provided to those on the streets, and 1,391 referrals were made, in addition to the aforementioned rides. Twenty-one individuals moved directly from the streets in to housing, as a result.

"Our outreach efforts take time and we appreciate the community supporting our efforts to connect more people in need to critical services until stable housing is achieved.", said Rob Barker, Outreach Case Manager.

EMERGENCY SHELTER



The new van donated by United Way of Nevada County.

2019 Was a Busy Year for United Way of Nevada County!

Here are just a few highlights:

- ♥ **United Way has been very busy planning a free 2-day California CareForce clinic. It's been a huge undertaking, but will be well worth it!**
- ♥ **United Way moved to a new location in March. Our office is now located at 202 Providence Mine Rd., Suite 107 in Nevada City. We love our new office!**
- ♥ **Food Access Saturday has been helping our community for nearly three years, providing healthy food to those who need it the most.**
- ♥ **United Way held the 12th annual Grills & Grilles on Oct. 19th at Western Gateway Park. Everyone had a great time, and money was raised for the Community Impact Fund and will go back in to our community.**
- ♥ **The 5th Annual Derek Sorensen Memorial Disc Golf Tournament was a great success and brought in a lot of funds, including a donation from the Gold Country Disc Golf Association!**
- ♥ **11th Annual Day of Action: Community members helped complete projects for local nonprofits.**
- ♥ **Two Wine Summits: During two wine fundraisers, a great time was had by all who attended the fun events! Dave Luce of Alta Sierra Wine Shop shared his knowledge while everyone tasted some special wines.**
- ♥ **Project Warmth: Warm hats, gloves and socks were collected for community members who need them the most. The act of our community coming together to fulfill this need is priceless.**
- ♥ **As part of several local Employee Payroll Campaigns, businesses also held fundraising events as part of their campaign. One example was the 24th annual Book Sale to benefit United Way, held by the County which brought in lots of funds for the Community Impact Fund.**



BriarPatch Coop presented \$1500 to Megan Timpany (left) for the Health Clinic! They are just one of the very generous businesses to sponsor the clinic.

GIVE. ADVOCATE. VOLUNTEER. LIVE UNITED

United Way of Nevada County
202 Providence Mine Rd. #107
Nevada City, CA 95959



Nevada County Food & Toy Run

The Nevada County Food & Toy Run provided the meat and potatoes, Interfaith Food Ministry and Food Bank of Nevada County donated the holiday meal sides/extra staple items, and United Way helped organize the volunteer power to bag the food! The wonderful Bikers will be delivering the toys!

Pictured: Phil Alonso of Interfaith Food Ministry, a volunteer, Megan Timpany, CEO of United Way, Tom Myers, Vice President of the Board, Deborah Lewis, Board Member, Joanne Weatherly, United Way Board President and a wonderful volunteer.

Upcoming Events...

United Way's Food Access Saturday ~ Jan. 11th 2020

Supplemental food is distributed every second Saturday of the month from 10am-12pm at Interfaith Food Ministry located at 440 Henderson St. in Grass Valley.

Grass Valley Free 2-day Health Clinic~ Jan. 11th/12th 2020

United Way is hosting a California CareForce health clinic on Jan. 11th and 12th next year! It will be held at the Nevada County Fairgrounds. We are looking for volunteers and sponsors! For info on helping with the clinic or getting medical attention, visit our website at uwnc.org/health-clinic

United Way's Wine Summit ~ TBD

Enjoy sampling specialty wines while learning all about the intricacies of wines at the same time. Dave Luce of Alta Sierra Wine Shop will be on hand to share his knowledge. Purchase wine for your summer parties, or as gifts. Located at Lake Wildwood Oaks Clubhouse, 11305 Cottontail Way, in Penn Valley. Date to be determined.

For more information on any events, please call 274-8111 or email admin@uwnc.org

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UWNC Partner Agencies

- | | |
|---------------------------------|-----------------------------------|
| FREED | Sierra Community House |
| Gold Country Community Services | Sierra Foothill AIDS Foundation |
| Hospice of the Foothills | Stanford Youth Services/SFF |
| Hospitality House | Sierra Nevada Children's Services |
| Interfaith Food Ministry | Sierra Senior Services |
| Habitat for Humanity | YMCA |
| PIELL | |

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