

# The Nugget



## News from the Nevada County Superintendent of Schools office

December 2019

Scott W. Lay, Superintendent

### 2019 Nevada Co. Geography Tournament

Nevada County's first academic tournament of the school year was a huge success. Eight local schools gathered on Monday, November 4th for the annual 7th grade Geography Tournament. School teams of three students each gathered to collaborate on a fill-in-the-blank 100-point test covering local, state, U.S. and world geography. The written team test was then followed by an individual geography bee, where one student from each school team participated in a triple elimination format.



#### Congratulations to the winning teams:

- **Chicago Park School** - 1st place
- **Union Hill Middle School** - 2nd place
- **Seven Hills Middle School** - 3rd place

Continued on page 3

### 2019 Nevada Co. Spelling Tournaments

On November 13 and 14, 2019, top spellers from local public, private and charter schools competed in the annual Nevada County Spelling Tournament, held at Miners Foundry Cultural Center. Forty (40) 5th/6th grade and forty-six (46) 7th/8th grade students competed over the two days. The Nevada County Superintendent of Schools Office coordinated the annual event which was graciously sponsored by the KNN Group at Stifel and by the Miners Foundry. "Spellmaster" Linda Phelps, a local retired educator, again volunteered her time and finesse, dictating spelling words for the team contest and the individual oral spelling bees.

The day commenced with school teams consisting of up to five students competing for the overall best team award. The individual students from each team with the highest individual cumulative correct score then participated in the subsequent individual spelling bee. The top scorers from each day's individual bee are eligible to go on to the California State competitions in May of 2020.

**In the 5th and 6th grade team competition, Seven Hills School earned the first-place award.** Placing second was the Lyman Gilmore School team. The third-place award was won by the Mt. St. Mary Academy team.

**In the 7th and 8th grade team competition, Lyman Gilmore School earned the first-place award.** Placing second was the Magnolia School team. The third-place award was won by the Nevada City School of the Arts team.

Continued on page 2



## Spelling - Continued from page 1

The following students participated in the Individual Spelling Bees:

### 5<sup>th</sup> & 6<sup>th</sup> grade Individual Spelling Bee:

- Elsa Burt - Grass Valley Charter School
- Isabell Colbert - Lyman Gilmore School
- Samantha Dalbeck - Mt. St. Mary Academy
- Payton Garten - Alta Sierra School
- Rex Levinson- Lyman Gilmore School
- Danielle Manifor - Seven Hills School
- Oliver Massam - Lyman Gilmore School
- Sarah McBride - Seven Hills School
- Kiara Najera - Mt. St. Mary Academy
- Alana Sauvageau - Magnolia
- Evan Smith - Seven Hills School
- Ethan Thauberger - Mt. St. Mary Academy
- Iliana Thompson - Alta Sierra School



### 7<sup>th</sup> & 8<sup>th</sup> grade Individual Spelling Bee:

- Grayson Aillen-Shivley – NC School of the Arts
- Baraka Anderson- Yuba River Charter School
- Aria Conte - Nevada City School of the Arts
- Noah Cotter - Lyman Gilmore School
- Gina Genovese - Magnolia School
- Melina Handan - Seven Hills School
- Molly Hope - Lyman Gilmore School
- Isaac Massam- Lyman Gilmore School
- Amanda McBride - Seven Hills School
- Jude Slater - Clear Creek School



In the grade 5/6 Individual Spelling Bee, Elsa Burt (5<sup>th</sup> grade) emerged as the first-place champ, with Oliver Massam (5<sup>th</sup> grade) scoring as the second-place winner. Elsa and Oliver now qualify to attend the 2020 California State Elementary Spelling Championship to be held May 9<sup>th</sup> in Stockton, CA. Samantha Dalbeck (6<sup>th</sup> grade) was the third-place winner. Fourth-place went to Isabell Colbert (6<sup>th</sup> grade). A fifth-place tie went to Danielle Manifor (5<sup>th</sup> grade), Sarah McBride (5<sup>th</sup> grade), and Iliana Thompson (5<sup>th</sup> grade).

In the grade 7/8 Individual Spelling Bee, Baraka Anderson (7<sup>th</sup> grade) emerged as the first-place champ, with Aria Conte (8<sup>th</sup> grade) scoring as the second-place winner. Baraka and Aria now qualify to attend the 2020 California State Junior High Spelling Championship to be held May 2<sup>nd</sup> in San Rafael, CA. The third-place tie went to Noah Cotter (8<sup>th</sup> grade), Gina Genovese (8<sup>th</sup> grade), Isaac Massam (8<sup>th</sup> grade), and Jude Slater (7<sup>th</sup> grade).

Congratulations to all student participants, teachers, and families.  
Many heartfelt thanks to our generous sponsors.

For questions about Nevada County Academic Tournaments: [sshafran@nevco.org](mailto:sshafran@nevco.org)



**Two classes—Grass Valley & Penn Valley.**

Small changes, big differences.

**The Power Of Positive Parenting**  
For Parents of Children Ages 2-12

**SEMINAR DATES:** Tuesday Nights  
January 21st – March 19th, 2020 (8 weeks)

**TIME:** 6:30 PM to 7:30 PM

**VENUE:** Ready Springs School  
10862 Spenceville Rd., Penn Valley, CA

**MATERIALS FEE:** \$35 (scholarships available)

**PIZZA & CHILDCARE ACTIVITIES PROVIDED!**

**TO REGISTER & FOR FURTHER INFORMATION CALL (530) 268-5086**  
(Space is limited, call now for registration!)

**Kids don't come with an instruction manual!** Many familiar parenting problems have very simple solutions that can be applied with some effort and focus. Triple P is one of the few parenting programs in the world that's based on evidence from clinical research. For more than 30 years, Triple P's easy-to-understand and practical strategies have been shown to help families in all types of situations. That's why Triple P can help.

- Reduce family stress.
- Create a family routine with ground rules that everyone knows and follows.
- Become a more confident parent.
- Enjoy a more harmonious family environment.

Put some great new tools in your parenting tool box with Triple P Parenting!

**PRESENTER:** Annie Keeling, Parenting Specialist, Nevada County Dept of Schools

www.triplep.net

**Grass Valley  
Flyer**

**Penn Valley  
Flyer**

**Geography—continued from page 1**

**Individual geography bee awards were awarded to:**

- **Quinn Kodet** from Magnolia Intermediate School - 7th grade Geography Tournament **1<sup>st</sup> Place Champion**
- **Kaelin Day** from Chicago Park School - **2nd place**
- **Tie between Luke Jeffers** from Magnolia Intermediate School and **Spencer Gillespie** from Seven Hills Middle School - **3rd place**

**Special thanks to Chicago Park School for hosting the annual event, and to Nevada County Superintendent of Schools for this year's sponsorship.**



For questions about Nevada County Academic Tournaments: [sshafran@nevco.org](mailto:sshafran@nevco.org)

**PARENTING TIPS**

*By Annie Keeling  
NCSOS Parenting Specialist*

**Can't We All Just Share?**

The holidays bring children together in what you hope is joyful play time but can often be a giant struggle. Toddlers are trying to figure out how to get their own needs met and play by themselves.

One of their first words, "Mine," is actually an intellectual milestone that leads to feelings of ownership.

While frustrating at times, it demonstrates a readiness to learn to share.

It's not helpful to tell the child, "That's not yours," since this is a development phase they need to experience. Identifying ownership isn't a sign of selfishness -- it is a sign of knowledge. "It demonstrates a desire to understand the world" says Alice Sterling Honig, Professor Emerita of Child Development at Syracuse University.

**Teaching a Child to Share**

When children reach the age of 3 or 4, they understand that certain things don't belong to them. More independence may bring more possessiveness of their favorite items, even seeing them as extensions of themselves. The child is developmentally ready, though, to learn more about sharing.

- **Share with You.** One of the first places to teach sharing is with you, minimizing frustration and tantrums that might be present with peers. Ask to play with one of your child's favorite toys and let her know she can ask for it back.

- **Safe Space.** Find a shelf or cabinet where your child can place some designated special items that she doesn't want played with by others. Teach her that if she leaves those toys in another space, anyone is free to play with them. If the child is going through a phase where every toy is special and any sharing creates an issue, then you may suggest going outside to play – or even go to a more neutral location like a park, if possible.

**Continued on page 4**

## Parent Tips—Continued from page 3

- **Turn Limit.** Practice taking turns, using a timer for a short amount of time for each person. Help engage the child who is waiting with another toy or activity. A turn limit is best to practice with someone you know well, perhaps a family member or good friend.

- **Keep the Toy.** If a child is playing with a toy, he gets to keep it as long as he wants. This provides a feeling of relief and security to that child and allows for deeper creative play with the toy or object. A caring adult can help the waiting child to express her emotions or find something else to play with.

- **Pulling Cards.** When there is more than one child, whether it's a sibling or play date friends, make an index card for each child with their name on it. Then when a situation presents itself for one child to go first, put the cards behind your back and pick one. The cards decide!

Knowing that play is how children learn and where they thrive is an excellent reminder for adults and gives permission (and necessity) for joining the kids. Some of the best memories are made when the adult relatives get in on the fun and model how to share.

Annie Keeling, MFA, is the Parenting Specialist for Nevada County Superintendent of Schools. She teaches parenting classes throughout the year. Contact Annie to find the next class near you: [akeeling@nevco.org](mailto:akeeling@nevco.org) or 530-268-5086.



## Nevada County Foster Youth Podcast "Shelter Dogs 2020"

We are happy to release our first podcast created, produced and led by our very own foster youth community.

This group of motivated young individuals decided to take action into their own hands and educate our community on the realities of foster care.

These are stories of hardships and successes that they share with us, as well as suggestions so we can open the door for change and growth.

The group is called "Shelter Dogs"

Check out our Facebook page:

[Foster Advocates - Shelter Dogs 2020](#)

Listen to: [PODCAST #1](#)

Listen to: [PODCAST #2](#)



Please email your comments, topic suggestions and success stories to the group at: [shelterdogs2020@gmail.com](mailto:shelterdogs2020@gmail.com).

## Save The Date!

3rd Annual Nevada Co. Schools

Job Fair

Sat. March 21, 2020

10am-2pm



## HOW MANY CIGS IN THAT POD?

ALL PODS HAVE HIGH LEVELS OF NICOTINE



## TUPE NEWS

Marlene Mahurin, Coordinator

Tobacco Use Prevention Education

When we educate students about the health risks of vaping, they often argue that it's safer than smoking cigarettes. Although it's true that e-juice, the fluid vaped by users, doesn't contain tar, the liquid is filled with dangerous chemicals and ever increasing amounts of nicotine. In fact, the nicotine levels

have increased so drastically that we are now seeing products with unprecedented amounts. This means we simply don't know the health risks of using these products. [The Stanford Tobacco Toolkit](#) created the graphic image above to demonstrate how much nicotine is in some of the most popular devices used by our youth.

We know that our brains develop up until about the age of 25 and until that time are more susceptible to addiction. According to the [Truth Initiative](#), "*Nicotine is harmful to developing brains: younger users are more likely to become addicted, have more difficulty quitting and may be at higher risk for addiction to other substances in the future.*" This is a great concern due to the growing number of youth vaping.

If you are a parent or work with youth, it is important to talk to them about the health risks of vaping or using any nicotine product. The California Department of Public Health has a great resource for parents you can [access here](#). Their top takeaways are:

1. **Listen:** Let your child tell you about their world and what they know about vaping.
2. **Many Talks vs. One Big One:** Talk often. The temptation to vape is not a one-time occurrence, so have many conversations.
3. **Talk Science:** Share that not only is nicotine an addiction but it can also re-wire their brain to make it harder to focus and pay attention.
4. **Blame Flavors:** Big Tobacco is targeting them and flavors reduce the perception of harm. Make sure they know the facts.

To reach Marlene: 530-478-6400 ext. 2031 or [mmahurin@nevco.org](mailto:mmahurin@nevco.org)



## The Arts

# The Arts in Our Schools

[Learn More Here](#)



[Music](#)



[Visual Arts & Media Arts](#)



[Drama](#)



[Dance](#)



[Reading and Writing Programs](#)



[STEAM Expo 2020](#)

NEVADA  
COUNTY  
**arts**  
COUNCIL

[HOME](#) [ARTS CALENDAR](#) [CULTURAL DISTRICTS](#) [CALL TO ARTISTS](#) [ARTIST DIRECTORY](#) [PROGRAMS](#) [ARTS ORGANIZATIONS](#) [ABOUT US](#)  
[ARTS IN EDUCATION](#) [ARTS AND ECONOMIC PROSPERITY](#) [CULTURAL ASSET MAP](#) [GET INVOLVED](#)

**Registration begins in November**

[Email for more info](#)

sierra  
POETRY  
FESTIVAL

APRIL 18  
2020

MINERS  
FOUNDRY  
CULTURAL CENTER

[JUMP TO THE NEW SIERRA POETRY FESTIVAL PAGES](#)

**NCSOS**  
Summary of Arts  
Education

Programs:  
**2019-2020**

[Here](#)

*Offering local, state,  
and national arts  
programs countywide,  
grades K-12.*

INSPIRING  
STUDENTS  
**POETRY  
OUT LOUD**

**Poetry Out Loud** encourages students to learn about great poetry through memorization and recitation. This program helps students master public speaking skills, build self-confidence, and learn about literary history and contemporary life.

**See timeline and calendar of events on page 9.**

For more information contact:

Lead Teacher Liaison, Steve Hansen at [shansen@njhsd.com](mailto:shansen@njhsd.com) or Coordinator and Coach, Julie Valin at [juleree\\_99@yahoo.com](mailto:juleree_99@yahoo.com), or go to [www.poetryoutloud.org](http://www.poetryoutloud.org)

## **Mental Health America - Talking to Kids about School Safety**

School violence and the resulting intense media coverage bring school safety issues to the forefront for all of us. However, children, in particular, may experience anxiety, fear, and a sense of personal risk. Knowing how to talk with your child about school safety issues could be critical in recognizing and preventing acts of violence, and will play an important role in easing fear and anxieties about their personal safety.

To guide parents through discussions about school violence, **Mental Health America** offers in-depth suggestions. To view the full article for the bulleted list below go to: [SCHOOL SAFETY](#)

1. Encourage children to talk about their concerns and to express their feelings
2. Talk honestly about your own feelings regarding school violence
3. Validate the child's feelings
4. Empower children to take action regarding school safety
5. Discuss the safety procedures that are in place at your child's school
6. Create safety plans with your child
7. Recognize behavior that may indicate your child is concerned about returning to school
8. Keep the dialogue going
9. Seek help when necessary
10. Behavioral signs that child may need help

**In a Crisis—Call 1-800-273-TALK (8255)**



### **Mark your Calendar ~ Nevada Union High School**

#### **NU Preview Night**

**February 19, 2020**

**Nevada Union Theatre @ 6PM**

**Multi-Purpose Room 6:30 – 7:30PM**

This event is for incoming 8<sup>th</sup> grade students and their parents. Parents will start with a presentation in the Theatre and meet up with their students in the cafeteria to preview all of the great choices available at NU. We will have club booths, sports team booths, academic booths, parent club and many more! You won't want to miss this event.

#### **Future Miner Invitational**

**February 20, 2020**

**Nevada Union High School**

**11:30AM – 2:30PM**

This event is coordinated by Nevada Union with the local Junior High Schools.

We will be coordinating with the Junior High Schools before Winter Break. Schools can be on the lookout for information to distribute in early January.

Questions: Contact Debie Ogden, Principal's Secretary @ Nevada Union High School. Phone calls are preferred 530-273-4431x2004. Email: dsogden@njuhsd.com.

## United Way of Nevada County - Project Warmth Collection Drive

United Way is holding a collection drive for new warm hats, gloves and socks for those in our community who are in need. Donate these much-needed items and help everyone in our community stay warm this winter.



If you are interested in finding out more about our collection drive, please call **274-8111** or email [admin@uwnc.org](mailto:admin@uwnc.org). Live "United" this holiday season and help us keep the community warm.



## FREE HEALTHCARE SERVICES

**GRASS VALLEY CLINIC - JANUARY 11 & 12, 2020**  
NEVADA COUNTY FAIRGROUNDS | GRASS VALLEY, CA



### DENTAL

- X-rays
- Cleanings
- Fillings
- Extractions:

### VISION

- Vision exams
- Eye health checks
- Free prescription glasses made on-site

### MEDICAL

- General exams
- Blood pressure testing
- Diabetes screening and counseling

OTHER SERVICES AS AVAILABLE: Flu shots/ Immunizations, chiropractic and acupuncture, HIV testing, health education, WIC and other community resources

### IMPORTANT INFORMATION

- All services are **FREE**; You do **NOT** need proof of insurance, employment, income, residency, immigration status or an ID to receive them.
- You **MUST** have a wristband to receive services.  
Wristbands for next-day services will be distributed as follows:  
**Truckee Area Residents:** Friday and Saturday, January 10 and 11 from 2pm - 4pm at the Sierra Community House, 11695 Danner Pass Road, Truckee  
**Grass Valley Area Residents:** Friday and Saturday, January 10 and 11 from 4pm - 6pm at the Nevada County Fairgrounds, 11228 McCourtney Road, Grass Valley
- Veterans do **NOT** need to get a wristband the day before.  
There will be a specific, priority line for veterans the morning of each clinic day.
- What to bring: Your prescription medication, appropriate clothing, food and water
- What not to bring: Illegal drugs, alcohol or firearms

For more information, visit:

[www.californiacareforce.org/patients/grassvalley](http://www.californiacareforce.org/patients/grassvalley)



info@californiacareforce.org

**More information here**



## FOOD Access Saturday

Every second Saturday ~ 10am-12  
@ Interfaith Food Ministry  
440 Henderson St., Grass Valley

Nevada County residents who can't make it to food distributions during the week are welcome to get food at Food Access Saturday!

Upcoming dates : 11/9, 12/14, 2020: 1/11, 2/8, 3/14

Food Access Saturday is a partnership between United Way of Nevada County and Interfaith Food Ministry

For more information contact:  
United Way: 274-8111 or IFM: 273-8132



**LEARN MORE HERE**

## Grass Valley School District

### Child Nutrition Program

### Monthly Updates

### School Lunch Menus

### Nutrition + Education Information



**More Information**



**NAMI Nevada County Family Support**



## The Holidays Can Be Stressful:

NAMI Family Support Group is a peer-led support group. Gain insight from the challenges and successes of others facing similar circumstances. NAMI's Support Groups are unique because they follow a structured model, ensuring everyone has

an opportunity to be heard and to get what they need.

Meetings are held at the Madelyn Helling Library, Gene Albaugh Community Room.

- Free of charge to participants
- Led by family members and caretakers of individuals living with mental illness
- Meets the 2nd Tuesday of every month
- Confidential
- Led by family members of individuals living with mental illness
- Meets monthly - the 2nd Tuesday of every month—5:30-7:00pm
- No specific medical therapy or medication is endorsed or recommended

### CRISIS HELP INFO

**Basic Needs Guide for Western Nevada County:**

[Visit 211 Nevada County](#)

or **dial 2-1-1** for additional resources.



### **SUDOKU TOURNAMENT**

**Coming in April 2020**

Starting in January: free weekly training of students, teaching beginners the basics of Sudoku solving, and teaching more advanced skills.

More info: 477-6282

or email

[jerrymartin1942@sbcglobal.net](mailto:jerrymartin1942@sbcglobal.net)



### NEO Youth Center

[More Info](#)

NEO Youth Drop-In Hours:

Mon: 3:30-6:30 Grades 6-8

Tues: 3:30-6:30 Grades 9-12

Wed: 2:45-6:30 Grades 6-12

Thu: 3:30-6:30 Grades 9-12

Fri: 3:30-8:30 Ages 14-25

**Victorian Christmas – Nevada City**

Sundays: December 8, 15, 22

1:30-6:00pm

Wednesdays: December 11 & 18

5:00-9:00pm

All ages – crafts, live entertainment, activities,  
food and merriment



**Cornish Christmas – Grass Valley**

Fridays: December 7, 14, 21

6:00-9:00pm

All ages – crafts, carolers, jugglers, live music,  
food and good cheer

**Know and Go:**

**Go Nevada County**

Monthly Calendar



**CHANUKAH  
EVENTS**

[Full Schedule](#)



Nevada Union High School presents :  
**Be More Chill**

Opening: **Jan 23, 2020**  
Closing: **Feb 01, 2020**

Number of performances: **6**

Organization: [Nevada Union High School](#)  
Country: [United States](#)  
Website: [Nudrama.com](#)

[MORE INFO HERE](#)



# Quick Reference Calendars

Calendar events have been highlighted in previous editions of *The Nugget* and are listed in chronological order. Back issues of *The Nugget*, with additional information, can be found at [The Nugget Back Issues](#).

## **CPR/AED/First Aid Skills Demo Check Class**



| DATE                    | CLASS DESCRIPTION                   | TIME                  |
|-------------------------|-------------------------------------|-----------------------|
| Tue, January 14, 2020   | CPR/AED/First Aid Skills Demo check | 3:45 p.m. – 5:45 p.m. |
| Wed, January 22, 2020   | CPR/AED/First Aid Skills Demo check | 3:45 p.m. – 5:45 p.m. |
| Thurs, February 6, 2020 | CPR/AED/First Aid Skills Demo check | 3:45 p.m. – 5:45 p.m. |
| Wed, February 19, 2020  | CPR/AED/First Aid Skills Demo check | 3:45 p.m. – 5:45 p.m. |

**The cost of the class is \$45.00 and must be paid PRIOR to us sending you a link to the on-line course – we accept exact cash or check only. NOTE: the fee is non-refundable.**

You can either stop by our office to pay or mail the check - payable to **NCSOS**.

**Please do not mail cash.**

Mail checks to: NCSOS 380 Crown Point Circle, Grass Valley, CA 95945 ATTN: CPR.

[Register online.](#) For more information contact Faith Yamamoto at [fyamamoto@nevco.org](mailto:fyamamoto@nevco.org)

## **BTSA Teacher Induction Program**



**All seminars are 4:30-6:30PM**, held in the Training Room at the NCSOS office:  
380 Crown Point Circle, Grass Valley

To learn more, visit [North Coast School of Ed.](#)



| DATE                  | GROUP                    |
|-----------------------|--------------------------|
| Tue, January 7, 2020  | BTSA Induction Seminar   |
| Wed, January 8, 2020  | BTSA Induction Seminar   |
| Tue, February 4, 2020 | BTSA Induction Seminar   |
| Wed, February 5, 2020 | BTSA Induction Seminar   |
| Tue, March 3, 2020    | BTSA Induction Seminar   |
| Wed, March 4, 2020    | BTSA Induction Seminar   |
| Tue, April 14, 2020   | BTSA Induction Sharecase |
| Wed, April 15, 2020   | BTSA Induction Sharecase |



## Quick Reference Guide



| DATE                     | POETRY OUT LOUD 2019—2020 Schedule of Events   |
|--------------------------|--|
| Available now            | Online Anthology of poems — <a href="#">HERE</a>   |
| Dec 16-20, 2019          | Participating Schools Finalized  |
| Jan 10–24, 2020          | Nevada Co. School Competitions—January 24th school competitions completed  |
| February 4, 2020         | Nevada County Countywide Competitions—Rood Center  |
| February 14, 2020        | Deadline to register students for State Finals   |
| March 15-16, 2020        | State Finals competition   |
| <b>April - all month</b> | <b>National Poetry Month</b>   |
| Throughout April         | Sierra Poetry (Fringe) Festival – Pop-Up Poetry Events   |
| March 28, 2020           | Nevada County STEAM Expo—for Poetry Out Loud Nevada County finalists whose poetry choices associate to STEM subject matter |
| April 18, 2020           | Sierra Poetry Festival—for Poetry Out Loud Nevada County finalists   |
| April 27-29, 2020        | Poetry Out Loud National Finals  |



### CA Alliance for Arts Education Student Voices Campaign:

#### 2-minute video program for 7th-12<sup>th</sup> Grade Students

TBD - Deadline to submit to NC Arts for viewing at STEAM Expo 2020

March 1, 2020 Deadline to submit to CA Alliance for Arts Education

March 28, 2020 T STEAM Expo 2020 viewing of selected videos

[More Information Here](#)



**PARTNERS**  
Family Resource Centers

[partnersfamilyresourcecenters.org](http://partnersfamilyresourcecenters.org)

A PLACE WHERE NEVADA  
COUNTY FAMILIES GATHER FOR  
SUPPORT, INFORMATION, & FUN!

FREE SUPPORT FOR FAMILIES



[MORE INFO](#)

**Grass Valley**  
235 S. Auburn St.  
530-279-4059

**Penn Valley**  
10862 Spenceville Rd.  
530-432-1118 x249

**San Juan Ridge**  
18847 Oak Tree Rd.  
530-292-3174

NCSOS Nevada County



[MORE INFO HERE](#)

### Submissions for future Nugget issues:

Have you something to share in future issues of The Nugget?

Please submit your request by the 15<sup>th</sup> of the preceding month for inclusion in the following issue.

Email: [sshafran@nevco.org](mailto:sshafran@nevco.org)

Previous editions of *The Nugget* and are listed in chronological order.

Back issues of *The Nugget* be found at [The Nugget Back Issues](#).