



The Community Support Network of Nevada County's mission is to facilitate collaboration among public and private family support organizations so that Nevada County children, youth, and families thrive. Our vision is that all families in Nevada County have ready access to a well-integrated and coordinated support network that is easily available and well-funded.

MINUTES – November 6, 2019

Community Support Network Partner Meeting

3:30 to 5:00 pm - Gene Albaugh Community Room at the Madelyn Helling Library

Present: Lisa Nowlain, Craig Terry (CBV), Marge Biddle (Warmline), Melody Easton (First 5), Lindsay Bellows, Cindy Wilson (DPH), Annie Keeling (NCSOS), Morgan Welty (NCSOS), Paul Platner, Ned Russell (Got 40?), Linda Teles (KidZCommunity), Rocio Mojica-Bierwirth (FRC), Mary Mackintosh (Granite Wellness), Daniela Fernandez (Connecting Point), Shera Banbury (Nevada County Mental Health Advisory Board), Sandi McPhetridge (First 5)

Facilitator: Cindy Wilson, MS, RN, PHN, IBCLC

Director of Public Health Nursing, Maternal Child Adolescent Health Director
Nevada County Public Health Department and CSN-CAPC Board Member

Minutes taken by: Lisa Nowlain, CSN Coordinator

October Meeting Minutes accepted

Ned Russell: Developmental Asset #32 – Planning and Decision Making: Young person knows how to plan ahead and make choices.

Agreements and Guidelines discussion

- Mission statement – like it!
- Approved

First 5 Focus Group

- Melody: This information will be taken into account as we reshape our priorities for our strategic plan.
- Lindsay: looking at direct needs of children 0-5 and families, what are emerging trends, needs at a services level – gaps and overlaps that we might see in the community, and systems needs
- Emerging direct needs:
 - Mary at Granite Wellness – substance abuse, mental health, behavioral challenges, parenting challenge, needs that slip through the cracks because of parent's issues. We have low seasons and high seasons – winter is a high season, maybe because people are more isolated and depression increases
 - Morgan – quality childcare. Early adults who have children can't go back to work, and can't afford housing.
 - Gap – early diagnosis of mental illness/autism, and gap in health care and child care providers who diagnose mental health (also affordability). Need more education in schools.
 - Annie K – Triple P is not set up to support behavioral challenges, mental health – it's more foundational. She's working on it.



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- The need has to be really high before they can get an intervention. It's not preventative.
 - Behavioral Health is looking for a respite center for youth.
- There isn't very much therapy available for children.
 - Warmline – they may have better resources. Call them and they will support you with IEP as well. It's free. People may not know about it.
 - 211 Connecting Point website – can add things to database.
- Dealing with racist events and culturally sensitive providers
- More discussion groups/socialization for families, parents and grandparents.
 - Could there be a cooperative?
 - Some kind of sheet with parent meetups – they don't know about each other (in silos)
 - The Nest, SNCS, Foster Parent Groups, MOPS
 - Young parents feel a stigma – so don't go to groups, and are isolated
 - Parenting classes at high schools?
- What are strategies for reaching hard-to-reach families?
 - 211 should be involved always
 - Case management needed to reach young parents
 - Too many age ranges – need focus on early child parent ed
 - Home visits
 - Need a contact
 - It's not transportation – have gas cards/pickups, but didn't help
 - Free stuff for babies
 - Phone resource for parents to call or text
- Parent classes: NCSOS, Helping Hands teaches parenting classes, Nurtured Heart classes, Granite Wellness has a class for residential clients, Foothill Healthy Babies does home visits, art group for Communities Beyond Violence
- We have lots of car seats. Collaborative between First 5, CHP, Health
- Systems level: is collaboration seamless?
 - Referrals are wrong information sometimes – 211 did not have up to date information
 - Anything not in English – not finding it!
 - Feedback line of services – so know what experience is. 211 could have it.
 - First5 – doesn't do direct service.
 - So hard to know who provides what.
 - First 5 will be revamping website to have more resources.
 - FRCs are your best bet for resources.
 - Churches are underutilized.
 - Data and evaluation support – First 5 is program specific.

December 4 – report will be presented at the First 5 meeting.

Network announcements

Contact the CSN Coordinator at csnncorg@gmail.com - 530-913-0270 (messages), csnnc.org



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Morgan – looking for landlords for Foster Youth. Guaranteed rent. Need volunteers.
NCSOS website – first Foster Youth podcast. Looking for success stories – send to shelterdogs2020gmail.com

Public Health has released its new 2019 Community Health Needs Assessment/Community Health Assessment of Nevada County.