



*The Community Support Network of Nevada County's mission is to facilitate collaboration among public and private family support organizations so that Nevada County children, youth, and families thrive. Our vision is that all families in Nevada County have ready access to a well-integrated and coordinated support network that is easily available and well-funded.*

## **AGENDA – November 6, 2019**

### **Community Support Network Partner Meeting**

3:30 to 5:00 pm - Gene Albaugh Community Room at the Madelyn Helling Library

- 3:20 Greet Incoming Partners** – CSN-CAPC Board Members  
*Please sign in. Partners may place announcements to share on the back table.*
- 3:30 Welcome & Introductions** – Cindy Wilson, MS, RN, PHN, IBCLC  
Director of Public Health Nursing, Maternal Child Adolescent Health Director  
Nevada County Public Health Department and CSN-CAPC Board Member
- 3:35 Meeting Minutes**  
Accept minutes from October meeting
- 3:40 40 Developmental Assets** – Ned Russell of Got 40?  
Developmental Asset #32 – Planning and Decision Making: Young person knows how to plan ahead and make choices.
- 3:45 Agreements and Guidelines**  
We welcome feedback about CSN's updated Agreements and Guidelines.
- 3:50 Meeting Focus** – First 5 Focus Group  
Lindsay Bellows, a consultant hired by First 5 Nevada County, conducts a focus group to learn about the needs of young children and their families in Nevada County; any gaps and overlaps in currently-available services; and the functioning of the systems which support families in Nevada County.
- 4:45 Network Announcements** – Partners may make short announcements about upcoming events/programs.
- 4:55 Meeting Evaluation** – Attendees complete meeting evaluation forms and leave in designated box at back of meeting room. Note the new question!
- 5:00 Adjournment** – Next meeting December 4, Gene Albaugh Community Room, at the Madelyn Helling Library, will focus on the Be the One campaign to start a conversation about Adverse Childhood Experiences and Trauma Informed Care in Nevada County.

***We welcome your help stacking tables and chairs. Thank you!***

***Upcoming 2019 CSN Partner Meeting Dates: December 4***

***Upcoming 2020 CSN Partner Meeting Dates: January-hiatus, February 5, March 4, April 1, May 6, June 3, July & August-hiatus, September 2, October 7, November 4, December-hiatus***



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### **Community Support Network of Nevada County Meeting Agreements**

- Make decisions by consensus.
- Create an atmosphere of mutual respect that includes active listening and listening without judging.
- Start and end on time.
- Maintain a sense of humor and a positive attitude.
- Bring concerns to the whole group. Don't take them to the parking lot after the meeting.
- Set up the room in an inclusive way.
- Take responsibility for a task only if you have the time to accomplish it.
- Everyone is empowered to be a process observer and take ownership for the health of the meeting and is responsible for the health of the whole meeting.
- Be sensitive to others' need for more information. Make sure everyone understands. Be careful of injecting your self-interest and label it as such. Be able to articulate your agency's interest and be open to other's interests.
- Meetings are meaningful and have a shared purpose.

### **Developmental Asset –**

Developmental Asset #32 – Planning and Decision Making

Young person knows how to plan ahead and make choices.

Having significant, age appropriate, roles for your children when planning family activities helps to give them lifelong skills. The youngest children can help with planning meals & grocery needs and what is needed to have specific clothes to wear for the next few days, whether for routine days or special family outings. Family budgeting is another area of learning for children and youth of all ages.

Guide your children in making a written list of what is needed, what are the choices for each item, and the discussion with them on pros and cons of the choices.

A newer opportunity for all of us to plan, choose among options, and revise and revise is power outages. Again, guiding your children in what worked last time, what is needed to be better prepared (and more content) for next time, what are the choices, and what can we accomplish and afford will benefit everyone in your family.

To learn more about the 40 Developmental Assets (Got40?), call: 271-5617 or email: NedRussell@pacbell.net.