



AGENDA ~ September 4, 2019

Community Support Network Partner Meeting

3:30 to 5:00 pm ~ Gene Albaugh Community Room at the Madelyn Helling Library

- 3:20 **Greet Incoming Partners** – CSN-CAPC Board Members
Please sign in. Partners may place announcements to share on the back table.
- 3:30 **Welcome & Introductions** – Marina Bernheimer, Executive Director for Child Advocates of Nevada County and CSN-CAPC Board Member
- 3:35 **Meeting Minutes**
Accept minutes from June meeting
- 3:40 **40 Developmental Assets** – Ned Russell of Got 40?
Power of a Small Act of Caring: Many of us seem busier than ever previously, but we still can build assets in youth and adults if we are intentional in looking for opportunities.
- see detail on reverse
- 3:45 **Network Announcements** – Partners may make short announcements about upcoming events/programs.
- 4:00 **Meeting Focus** – *Community Health Improvement Plan (CHIP) and Community Health Assessment (CHA)*
Jill Blake, Department Director, Nevada County Public Health Department
Review and update of the Nevada County's CHIP and presentation of the new 2019 CHA, conducted in collaboration with Sierra Nevada Memorial Hospital and Tahoe Forest Hospital
- 4:55 **Meeting Evaluation** – Attendees complete meeting evaluation forms and leave in designated box at back of meeting room.
- 5:00 **Adjournment** – Next meeting October 2, 2019, Gene Albaugh Community Room, at the Madelyn Helling Library. ***Please pick up any materials you displayed on the back tables. We welcome your help stacking tables and chairs. Thank you!***

2019 CSN Partner Meeting Dates ~ January 2, February 6, March 6, April 3, May 1, June 5, July & August-hiatus, September 4, October 2, November 6, December-hiatus

CSN Vision Statement

All families in Nevada County have ready access to a well-integrated and coordinated support network that is easily available and well funded.

Community Support Network of Nevada County ~ www.csnn.org

Contact ~ CSN Coordinator - csnncorg@gmail.com - 530-913-0270 (messages)

Community Support Network of Nevada County Meeting Agreements

- Make decisions by consensus.
- Create an atmosphere of mutual respect that includes active listening and listening without judging.
- Start and end on time.
- Maintain a sense of humor and a positive attitude.
- Bring concerns to the whole group. Don't take them to the parking lot after the meeting.
- Set up the room in an inclusive way.
- Take responsibility for a task only if you have the time to accomplish it.
- Everyone is empowered to be a process observer and take ownership for the health of the meeting and is responsible for the health of the whole meeting.
- Be sensitive to others' need for more information. Make sure everyone understands.
- Be careful of injecting your self-interest and label it as such. Be able to layout your agency's interest and be open to other's interests.
- Meetings are meaningful and have a shared purpose.
- This is a living document and can be changed as needed.

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### **Developmental Asset – Power of a Small Act of Caring**

Several quotes from Bolster Collaborative e-newsletters:

1/25/17: "Too often we underestimate the power of a touch, a smile, a kind word, a listening ear, an honest compliment, or the smallest act of caring, all of which has the potential to turn a life around." [Leo Buscaglia]

4/10/17: "It takes each of us intentionally seeing and engaging with youth in our midst to foster a supportive community. Coffee shop? Grocery store? Neighbor? Slow down and say hello." [no attribution]

2/13/17: "Relationships are the very soul of our developmental work. We know thriving cannot happen in solitude. We practice great strategies for creating relationships with young people. Today, change it up. Be intentional with the adults in your work. Take time to connect at the start of your meetings. Stop by a desk and ask about someone's weekend. Important stuff!" [no attribution]

5/29/19: "It's not our job to toughen our children up to face a cruel and heartless world. It's our job to raise children who will make the world a little less cruel and heartless." [G.R. Knost]

To learn more about the 40 Developmental Assets (Got40?), call: 271-5617 or email: NedRussell@pacbell.net.

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