



**MINUTES ~ June 5, 2019**

**Community Support Network Partner Meeting**

3:30 to 5:00 pm ~ Gene Albaugh Community Room at the Madelyn Helling Library

**Greet Incoming Partners** – CSN-CAPC Board Members

*Please sign in. Partners may place announcements to share on the back table.*

**ATTENDING**

Cindy Wilson (Nevada Co. Public Health), Olga Phillips (Community Beyond Violence), Ned Russell (Got 40?, Red Cross), Jacqueline Castino (Mt. Valley Child and Family Services), Madeline Johnston (Community Beyond Violence), Jill Simmons (4H), Mary Mackintosh (CORR), Nohemi Mead (PARTNERS FRC), Marge Biddle (Warmline FRC), Tamaran Cook (Nevada Adult Services), Kelly Carpenter (Nevada Adult Services), Jolene Hardin (YPP), Lucia Stewart (SNCS), Shera Banbury (Nevada County MH Advisory Board), Daniela Fernandez (Connecting Point), Joette Collier (Foothills Healthy Babies), Jeff Petit (Nevada County OES), Chris Espedal (Nevada Public Schools), Pascale Fusshoeller (YubaNet), Char Weiss-Wenzl (Nevada County Public Health), Sara Schrichte (CSN Coordinator)

**Welcome & Introductions** – Cindy Wilson, Director of Public Health Nursing, Nevada County Public Health Department

**Meeting Minutes**

Accept minutes from May meeting

Meeting minutes were approved.

**40 Developmental Assets** – Ned Russell of Got 40?

Core Principle – Youth as Assets, see detail on reverse of agenda

Ned shared the core principle of Youth as Assets. Examples of this principle in action were included on the agenda.

**Meeting Focus** – Panel Presentation: *Disaster Preparedness for Nevada County*

Jeff Pettitt, Nevada County Office of Emergency Services

Pascale Fusshoeller, YubaNet

Chris Espedal, Nevada County Superintendent of Schools

**Nevada County Office of Emergency Services**

Jeff shared information geared toward preparing families for disaster preparedness. OES is working to share the same message across multiple presentations so that all community members have the same information.

**Code Red**

OES will use Code Red to share emergencies that are happening in specific areas. Individuals can sign up for

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voice and/or text through MyNevadaCounty.com. Connecting Point can help those who don't have access to the internet.

2 types of notifications from Code Red:

-Emergency notifications – everyone signed up for Code Red receives these

-General notifications – everyone signed up for Code Red can opt in

Note: Enter Code Red number as a contact to get around the Do Not Disturb function on your cell phone

*Ready, Set, Go*

Now is the time to get Ready, with egress plan, emergency contacts, Go Bag, etc.

Get Set: be ready to act when red flag conditions exist, expect the power to get cut

Go: Earlier the better, implement your evacuation plan and tune into trusted news

Questions:

-some questions about access to evacuation routes

-requested to have information in other languages

-Noted a drill happening this Sunday for firefighters, etc. concentrated on Firewise communities (AreYouFireSafe.com)

-Important to video a walk through of your home that records your belongings, etc.

### **Nevada County Superintendent of Schools office**

Chris and Jeff have been working together on community safety planning. Schools can be the safest place to be and tie into safety protocol and emergency preparedness across the community.

-Community Emergency Response Team is a county-wide program within schools – teams of Teens at multiple schools receive 22 hours of training and are tested in simulated scenarios. Students can now act as support and be resources for helping the community, continuing to look at improvements to

-Provisions for special needs kids evacuation? Teen members/Aides from CERT are “buddied up” with students with disabilities at Nevada Union High School.

-Discussed power outages impact on those who rely on electronic health equipment – PG&E is developing a plan. Insurance companies can be good source of support for individuals who need a plan.

### **YubaNet**

For organizations working with kids – suggest having children help program information into cell phones for older family members, etc. Kids need their own Go Bag. Involve kids in emergency planning.

Drills are for everyone – practice, practice, practice, and all will become more comfortable.

Media coverage – social media adds to the rumor mill, and the professional media works hard to counter rumors. The local media agencies work together to put out the accurate information as quickly as possible.

YubaNet uses a time stamp to help identify the most current news items. If your agency has news to contribute, contact your news agency to share and amplify messages through their platforms.

**Network Announcements and Meeting Evaluation** – Partners may make short announcements about upcoming events/programs. Attendees complete meeting evaluation forms and leave in designated box at back of meeting room.

-Nevada County Public Health: medical emergency shelters are required to have 2 R.N.s on staff at all times. County doesn't have enough nurses, but has the option to use a registry of medical professionals. Partners are encouraged to share the brochures with medical professionals Disaster Health Care Volunteer Registry.

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These volunteers will be utilized for the drive-thru flu shot clinic coming later in the year.

<https://healthcarevolunteers.ca.gov/>

-Red Cross: don't forget about house fires! Get out immediately – Red Cross recommends 2 minutes to evacuate (keep the Go Bag outside of the building)

-2-1-1 is always a resource for the community, even during an emergency. Serves people who speak various languages.

-SNCS Family Appreciation Day August 3

-SNCS School Readiness Camp in July

-WRAP – Kids Wrap Day Camp for middle school ages. June 17 9a-1p. Register online and at FRC.

-Back to School Immunization Clinic August 13 10-4, school age kids

**Adjournment** – Next meeting September 4, 2019 (on hiatus July and August), Gene Albaugh Community Room, at the Madelyn Helling Library. ***Please pick up any materials you displayed on the back tables. We welcome your help stacking tables and chairs. Thank you!***

***2019 CSN Partner Meeting Dates ~ January 2, February 6, March 6, April 3, May 1, June 5, July & August-hiatus, September 4, October 2, November 6, December-hiatus***

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## **Developmental Asset – Core Principle of 40 Assets: Youth as Assets**

Thinking of children as providing resources, vs draining resources, will significantly reward them, you, all of us, as we learn how to incorporate these human resources in all areas. This will vary according to the young ones' ages and abilities. At home, at school, or in the community, have them participate in anything that affects them.

At home, use “our” instead of “my”; our home, our car, our yard. Ask them to suggest ways they can contribute; for the youngest you may need to offer a choice of age appropriate tasks. This can work with meals, house cleaning, yard work, expenses, scheduling, planning and preparing for projects, trips, and more. Tasks should be meaningful and clearly a part of the overall effort to the young person. (Easiest to start when children are young; challenging and requiring tact when starting with teen agers.)

Outside of the home, in schools, neighborhoods, and the community we all need to use the same approach. “Our” vs “my”; seek young people’s ideas and comments; allow them to choose how to contribute in a meaningful way. Events, board meetings, school-wide and community-wide issues.

Builds or strengthens assets: 1 Family support; 2 Positive family communication; 3 Other adult relationships; 4 Caring neighborhood; 5 Caring school climate; 7 Community values youth; 8 Youth as resources; 14 Adult role models; 16 High expectations; 20 Time at home; 21 Achievement motivation; 22 School engagement; 24 Bonding to school; 30 Responsibility; 32 Planning and decision making; 37 Personal power; 38 Self esteem; 39 Sense of purpose; 40 Positive view of personal future.

To learn more about the 40 Developmental Assets (Got40?), call: 271-5617 or email:  
NedRussell@pacbell.net.

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