

Circle of Security® Parenting Workshop

*Journey inward for self-understanding
And view your child through a new lens*



- *Learn to support your child's feelings of security –
which makes parenting more enjoyable!*

** Learn why parenting triggers big feelings and how to handle strong emotions*

** Learn to observe your child's cues
and understand what your child needs*

Location: GRASS VALLEY CHARTER/PARTNERS FRC

Dates: April 25th to June 13th 2019

8-week workshop ~ Thursdays from 5:30-7:00 PM

\$35 materials fee (scholarships available) * Pizza

***Free childcare until filled**

For parents of children ages 0 to 5

Call Meg Luce, LMFT#47613 to register (530) 913-2745