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## AGENDA ~ March 6, 2019

### Community Support Network Partner Meeting

3:30 to 5:00 pm ~ Gene Albaugh Community Room at the Madelyn Helling Library

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- 3:20      **Greet Incoming Partners** – Susan Sanford, Coordinator  
*Please sign in. Partners may place announcements to share on the back table.*
- 3:30      **Welcome & Introductions** – Lourdes Vose, Resource & Referral Director, Sierra Nevada Children's Services, and CSN-CAPC Board Member
- 3:35      **Meeting Minutes**  
Accept minutes from February meeting
- 3:40      **40 Developmental Assets** – Ned Russell of Got 40?  
Social Connections - see detail on reverse
- 3:45      **Meeting Focus** – *One Giant Network Moment*  
One person from each organization answers this question within three minutes: What would you like colleagues in the community to know and understand about your organization? We will begin with speakers who replied in advance. Others may speak as time allows.
- 4:50      **Meeting Evaluation** – Attendees complete meeting evaluation forms and leave in designated box at back of meeting room.
- 5:00      **Adjournment** – Next meeting April 3, 2019, Gene Albaugh Community Room, at the Madelyn Helling Library. ***Please pick up any materials you displayed on the back tables. We welcome your help stacking tables and chairs. Thank you!***

***2019 CSN Partner Meeting Dates ~ January 2, February 6, March 6, April 3, May 1, June 5, July & August-hiatus, September 4, October 2, November 6, December-hiatus***

#### CSN Vision Statement

All families in Nevada County have ready access to a well-integrated and coordinated support network that is easily available and well funded.

Community Support Network of Nevada County ~ [www.csnn.org](http://www.csnn.org)

Contact ~ CSN Coordinator - [csnncorg@gmail.com](mailto:csnncorg@gmail.com) - 530-913-0270 (messages)

## Community Support Network of Nevada County Meeting Agreements

- Make decisions by consensus.
- Create an atmosphere of mutual respect that includes active listening and listening without judging.
- Start and end on time.
- Maintain a sense of humor and a positive attitude.
- Bring concerns to the whole group. Don't take them to the parking lot after the meeting.
- Set up the room in an inclusive way.
- Take responsibility for a task only if you have the time to accomplish it.
- Everyone is empowered to be a process observer and take ownership for the health of the meeting and is responsible for the health of the whole meeting.
- Be sensitive to others' need for more information. Make sure everyone understands.
- Be careful of injecting your self-interest and label it as such. Be able to layout your agency's interest and be open to other's interests.
- Meetings are meaningful and have a shared purpose.
- This is a living document and can be changed as needed.

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### Social Connections – March 6, 2019

Social connections are essentially relationships, and one of the common threads that runs throughout the 40 Assets is building & promoting positive relationships, with families & old and young friends and within neighborhoods, schools, and community. Positive relationships are involved in 20 of the assets, among them:

#3 Other adult relationships; #15 Positive peer influence; #18 Youth programs; #19 Religious community; #4,10 Caring, Safe in neighborhood; #5,10,24 Caring, Safe at, Bonding to school; #7 Community values youth; #18 Youth programs, #19 Religious community; #26 Caring for others; #27 Equality & social justice; #33,34 Interpersonal, cultural competence.

Social connections are the basis for providing emotional and concrete supports when needed, for helping to prevent isolation that can lead to complex problems, and for recovery from those problems.

Agencies can encourage parents to have every child engaged in at least one structured, adult (and awesome youth) run activity that includes other youth, e.g. religious organization, team sport, scouts, musical group (chorus, band, orchestra, drama), NEO, Friendship Club, 4H, school club.

A few interesting links on the power of social connections:

[Rent-a-sister: Coaxing Japan's hikikomori out of their rooms - BBC News](#)

[A Kinder, Gentler Baboon | Science | AAAS](#)

[BBC - Future - How a bench and a team of grandmothers can tackle depression](#)

To learn more about the 40 Developmental Assets (Got40?), call: 530-271-5617 or email: [info@Got40.org](mailto:info@Got40.org) or [NedRussell@pacbell.net](mailto:NedRussell@pacbell.net).

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