

# The Nugget

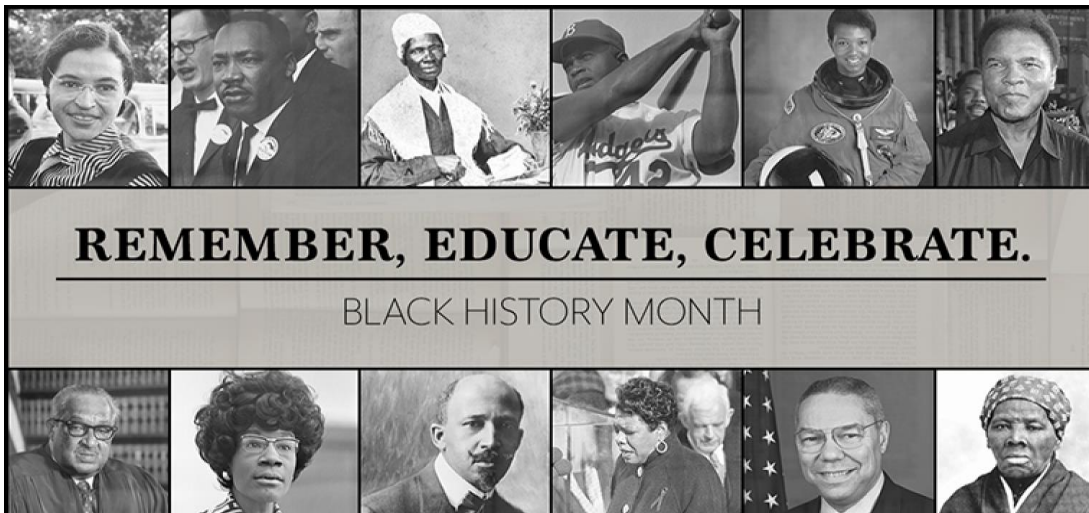


*News from the Nevada County Superintendent of Schools office*

February 2019

Scott W. Lay, Superintendent

## News & Notes



LANGSTON HUGHES

"Hold fast to your dreams, for without them  
life is a broken winged bird that cannot fly."

DR. ALEXA CANADY

"The greatest challenge I faced in becoming a  
neurosurgeon was believing it was possible."

### Nevada County Writing Tournament

Grades 7/8

Shannon Rashby

Forty (40) seventh and eighth grade students from ten local public, private, and charter schools competed in the Nevada County Schools Writing Tournament. The Nevada County Superintendent of Schools Office coordinated the annual event, which was held on January 8, 2019 in the Stone Hall at the Miners Foundry. Many thanks to our tournament sponsors: The Book Seller, Williams Stationery, and The Miners Foundry Cultural Center.

*Continued on page 3*

## **SCHOOL BUS SAFETY IS NO ACCIDENT**

According to the National Highway Traffic Safety Administration, students are approximately 70 times more likely to get to school safely by bus than by car. In California, approximately 32,000 school bus drivers transport more than one million students annually, traveling an estimated 253 million miles.

California's laws regarding school bus safety, and operators, are some of the strictest in the nation and are set in place to protect students against unnecessary tragedies. Ensuring competent, caring, and educated school bus operators is a vital component with maintaining the safety of young people. In doing so, the Department of Education and the Department of Motor Vehicles set stringent standards for bus drivers. The CHP's School Bus Program facilitates the testing process for all school bus drivers, oversees in-depth background investigations, and ensures compliance with required health qualifications. Additionally, The CHP is responsible for inspecting every school bus operated on any roadway within California. Annually, the Department inspects more than 24,000 buses each year.



The Grass Valley Area CHP School Bus Officer works weekly to ensure proper testing and oversight of school bus operations in western Nevada County, Sierra County, and parts of Placer County. The officer inspects and reviews certain school bus stops, responds to complaints, conducts enforcement, and investigates school bus collisions. Recently, the Grass Valley CHP Area has partnered with its county-wide law enforcement allied agencies to conduct focused enforcement around school buses within the county. The Grass Valley Area CHP remains steadfast in its commitment to the safety of our students and community. Should you have any school bus related questions and/or suggestions, please do not hesitate to contact Officer Bice (School Bus Officer) of the Grass Valley Area CHP at (530) 477-4900.

*Nevada County Superintendent of Schools Safety and School Climate Coordinator, Chris Espedal works collaboratively with local first responders in law enforcement, fire services and other government agencies to improve and/or enhance school safety. Recent conversations have focused on the importance of school bus safety.*

*This article was written as a team effort by California Highway Patrol - Lieutenant George Steffenson, Commander, Grass Valley Area and CHP Officer Jason Bice.*

Continued from page 1

The students were judged on three styles of writing:

- ◆ **Informative Writing:** Guest speakers, Emma Sheffo (10<sup>th</sup> grader at Forest Charter School) and Kelly Muir (12<sup>th</sup> grader at Nevada Union High School), members of the ACME Robotics Team, spoke for 30-minutes about their journey to success at the 2018 *First Tech Challenge* Robotics World Championship. Afterwards, students were given time to write in response to the prompt: *What makes a robotics team successful?*
- ◆ **Creative Writing:** The students were asked to tell a story imagining that they woke up one day as a human lie-detector and discovered that someone close to them has been lying about everything!
- ◆ **Persuasive Letter Writing:** Students were asked to write a letter to the Superintendent of Schools: Should schools require volunteer work? Or, is it not “volunteering” if it’s required?

#### **Winners:**

#### **Overall winners for the highest collective score from 3 written assignments:**

7<sup>th</sup> Grade: Riley Lubarsky – Clear Creek School

8<sup>th</sup> Grade: Grace Ross – Union Hill School

#### **7<sup>th</sup> Grade winners by category:**

##### **Informative Writing:**

First: Riley Lubarsky – Clear Creek School

Second: Sam Hemphill – Seven Hills School

Third: Jessie Slade – Union Hill School

Fourth Place: Brooke Clark – Lyman Gilmore

Fifth Place: Olivia Herr – Magnolia Int. School

##### **Creative Writing:**

First: Riley Lubarsky – Clear Creek School

Second: Willow West – Clear Creek School

Third: Isabella Ingalls – Mt. St. Mary Academy

Fourth: Sabrina Mantooh – Magnolia Int. School

Fifth Place: Campbell Nies – Chicago Park School



##### **Persuasive Letter Writing:**

First: Noah Ruderman – Seven Hills School

Second: Riley Lubarsky – Clear Creek School

Third: Sam Hemphill – Seven Hills School

Fourth: Willow West – Clear Creek School

Fifth Place: Aspen Kendrick-Cisneros – Grass Valley Charter School

##### **8<sup>th</sup> Grade winners by category:**

##### **Expository Writing:**

First: Jessica Lake – Seven Hills School

Second: Theresa Shaw – Magnolia Int. School

Third: Grace Ross – Union Hill School

Fourth Place: Kinsey Heaton – Seven Hills School

Fifth Place: Travis Galpin – Grass Valley Charter School

##### **Creative Writing:**

First: Maya Bussinger – Magnolia Int. School

Second: Grace Ross – Union Hill School

Third: Travis Galpin – Grass Valley Charter School

Fourth: Rheanna Codiga – Forest Charter School

Fifth: Kinsey Heaton – Seven Hills School

##### **Letter Writing:**

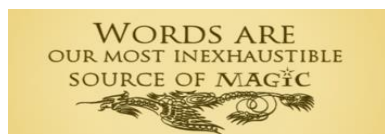
First Place: Jessica Lake – Seven Hills School

Second: Kinsey Heaton – Seven Hills School

Third Place: Grace Ross – Union Hill School

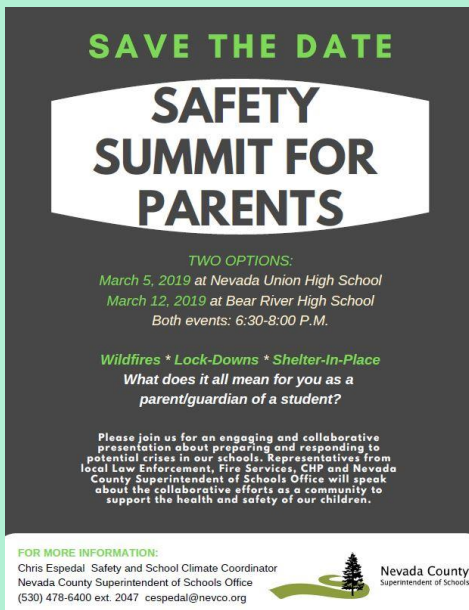
Fourth: Maya Bussinger – Magnolia Int. School

Fifth: Rylie Jeffers – Clear Creek School



# Trainings • Opportunities • Local News

## Trainings & Classes



**SAVE THE DATE**

### SAFETY SUMMIT FOR PARENTS

**TWO OPTIONS:**  
March 5, 2019 at Nevada Union High School  
March 12, 2019 at Bear River High School  
Both events: 6:30-8:00 P.M.

**Wildfires \* Lock-Downs \* Shelter-In-Place**  
What does it all mean for you as a parent/guardian of a student?

Please join us for an engaging and collaborative presentation about preparing and responding to potential crises in our schools. Representatives from local Law Enforcement, Fire Services, CHP and Nevada County Superintendent of Schools Office will speak about the collaborative efforts as a community to support the health and safety of our children.

**FOR MORE INFORMATION:**  
Chris Espedal, Safety and School Climate Coordinator  
Nevada County Superintendent of Schools Office  
(530) 478-6400 ext. 2047, [cespedal@nevco.org](mailto:cespedal@nevco.org)

Nevada County Superintendent of Schools

[View full flyer](#)

Parents are concerned about the safety of their children! Recent school shootings, wildfires, mental health issues, and the increased use of vaping creates a heightened level of concern for all of us. Now is our opportunity to share with parents the excellent pro-active planning and collaboration that exists between schools and our Nevada County first responders and support agencies.

Two Safety Summits for Parents have been scheduled to provide answers to questions parents have about their student's safety. Representatives from Law Enforcement, Fire Services, CHP and NCSOS will present on safety plans in place, resources available, and current trends.



## Nevada County Sudoku Society

In preparation for the THIRD ANNUAL CHILDREN'S TEAM SUDOKU TOURNAMENT, weekly free courses are being offered for local teams, 2nd through 8th grades, in beginning and intermediate team Sudoku. Schools in western Nevada County are encouraged to participate in this exciting, fun and free competition, featuring logical thinking, which will be held this coming April.

Call Jerry Martin at 477-6282 for details.

[Sudoku as a Teaching Tool](#)

For more information contact [Jerry Martin](#)

## Creating Amazing Peer Educator Programs

[View Full Flyer](#)



### CREATING AMAZING PEER EDUCATOR PROGRAMS

2-DAY TRAINING FOR ADULTS WORKING WITH YOUTH

Have you always wanted to create a peer educator program but didn't know where to start? Do you have an established program but could use some new ideas and creative ways to engage youth?

**This 2-day training will help you:**

- Develop a site plan for your program and easy-to-follow next steps
- Learn ways to select and recruit youth
- Gain support for your program
- Understand how to implement this proven *Peer Helpers* curriculum

Training geared toward adults who work with youth: (Teachers, Counselors, Youth Leaders, etc.)

- Tobacco, Alcohol or Other Drugs Prevention Programs
- Peer Tutoring, Peer Mediation and/or Peer Counseling Programs

**What:** 2-Day Training: Creating Amazing Peer Educator Programs  
**When:** February 23-24, 2019 (9:00 am-3:30 pm)  
**Where:** Nevada County Superintendent of Schools  
180 Cross Point Circle, Grass Valley  
[www.nvco.edu/pe/pe.htm](http://www.nvco.edu/pe/pe.htm) (Open to limited)  
**Registration:** [marlene@nevco.org](mailto:marlene@nevco.org)  
**Contact:** Marlene Malvarin, TRPE Project Coordinator  
[marlarin@nevco.org](mailto:marlarin@nevco.org) 530-478-6400x2011



**AgTech19  
Micro Conference  
Feb 7, 2019  
1:00-6:00pm  
Sierra College, GV  
Multipurpose Room**

Nevada County Tech Connection is proud to present the 2019 AgTech Micro Conference in participation with Sierra Harvest's Sustainable Food and Farm Conference.

A group rate for a class is available and the teacher would attend at no cost.

Individual student/educator rates are only \$10.

On a budget? Reach out to inquire.

[More information here](#)

## Local News & Opportunities

**United Way**  
of Nevada County

**INTERFAITH  
FOOD MINISTRY**

# FOOD Access Saturday

Every Second Saturday ~ 10am-12pm  
@ Interfaith Food Ministry  
440 Henderson St. Grass Valley

Nevada County residents who can't make it to the food distributions during the week are welcome to get food at Food Access Saturday!

Upcoming dates: 11/10, 12/8, 1/12, 2/9, 3/9

FOOD ACCESS SATURDAY IS A PARTNERSHIP BETWEEN UNITED WAY AND INTERFAITH FOOD MINISTRY  
FOR MORE INFORMATION: (530) 274-8111 ~ UWNC.ORG

PosterMyWagon

[View full flyer](#)

## Harvest of the Month

### Carrots

Network for a Healthy Gold Country

Harvest of the Month is sponsored by **BRIARPATCH FOOD CO OP**

7100 students in Western Nevada County will sample **Carrots** this month through Sierra Harvest's Farm to School Program!

**Carrot Cabbage Salad**  
Serves: 8-8 Prep Time: 15 min

**Dressing blend:**

- 1/4 cup fresh lime juice
- 1/4 cup honey
- 1 tablespoon minced fresh ginger
- 1 tablespoon minced serrano peppers
- 20 teaspoons garlic
- 3 teaspoon soy sauce
- 9 teaspoons salt
- 9 teaspoons ground black pepper
- 9 cups light olive oil

**How over and how:**

- 2 cup shredded carrots
- 2 cups shredded cabbage
- 1/4 cups chopped green onions
- 1/4 cups chopped fresh cilantro

**Healthy Serving Tips:**

- Place an olive on a carrot stick for "nutrient" finger!
- Serve carrot sticks with hummus, hot butter, jelly, or guacamole
- Add shredded carrots to muffins or pancakes
- Spread on sandwiches, burritos, spring rolls
- Roast carrots with a little oil and salt at 400° for 15-20 min

The Harvest of the Month carrots are grown by **Full Belly Farm**, a 400-acre certified organic farm located in the Colusa Valley. Full Belly has been farmed using organic practices since 1995 and is certified by CCOF. Farm owners Andrew Beak, Judith Beakwood, Paul Miller, Chris Rowe, Jesse Miller, and Anne Miller, along with 80 employees, produce a great diversity of vegetables, herbs, nuts, flowers, and fresh year-round. The farm has a flock of chickens and sheep, goats, and several cows. Full Belly is home to many national activities, including educational tours, school group visits, and the annual Home Grown Harvest Festival. Owners (Chris Rowe and Paul Miller (above)) are keynote speakers at the upcoming Sustainable Food and Farm conference in Grass Valley, February 7-10, 2019. [fullbellyfarm.com](http://fullbellyfarm.com)

Recipe by **Katerina Deakalinos**, adapted

**cali fresh**  
Nevada County

If your student is eligible for free/reduced school meals, you likely qualify for CalFresh, which can help you afford healthy and nutritious food!  
[CalFresh.com](http://CalFresh.com)

**SIERRA HARVEST**

[View full newsletter](#) – click on monthly issues

**Harvest of the Month:**

**Pickup Dates:**

Monday February 4, 5:30pm

Tuesday February 5, 3:00pm

**Location:** Sierra Harvest office, 313 Railroad Ave.

**Farmer:** Full Belly Farm, Guinda, CA

**Serving Size:** Each class gets one bag of 30 carrots.



## FREE COLLEGE FINANCIAL AID WORKSHOPS

Sierra College's Financial Aid Office is offering free **FAFSA & Dream Act workshops** this February. **All students and families are welcome to attend**, not just Sierra College applicants!

Financial aid experts will be at Sierra College's Nevada County campus to help high school and college students fill out their applications. FAFSA and Dream Act workshops will be from **5:30pm – 7:00pm on Wednesdays 2/6, 2/13, 2/20 and 2/27** in the **Learning Center (N2-201)** at 250 Sierra College Drive, Grass Valley.

Sierra College will also be offering free **scholarship workshops** in the Learning Center on Saturday, 2/2, 1-4pm, Tuesday 2/5, 12-2pm, Thursday 2/21, 10-12pm, and Wednesday, 2/27, 2-4pm.

For more information, please reach out to Bernadette Stocker at 530-274-5364 or email: [bstocker@sierracollege.edu](mailto:bstocker@sierracollege.edu)

# Nevada County Arts Programs And Beyond

[The Arts in Our Schools](#) – check us out!



**California State  
Summer School  
For the Arts**

**Application deadline  
February 28, 2019**

**Financial aid available.**

[For more information](#)

Dance • Music • Film  
Visual Arts  
Creative Writing  
Animation • Theater



## Heart Healthy Valentine Treats:



## Quick Reference Calendar...

Calendar events have been highlighted in previous editions of *The Nugget* and are listed in chronological order. Back issues of *The Nugget*, with additional information, can be found at [The Nugget Back Issues](#).



### CPR/AED/First Aid Skills Demo Check Class Schedule

DATE	CLASS DESCRIPTION	TIME
Wed, February 13, 2019	CPR/AED/First Aid Skills Demo check	3:45 p.m. – 5:45 p.m.
Thurs, February 28, 2019	CPR/AED/First Aid Skills Demo check	3:45 p.m. – 5:45 p.m.
Thurs, March 7, 2019	CPR/AED/First Aid Skills Demo check	3:45 p.m. – 5:45 p.m.
Wed, March 20, 2019	CPR/AED/First Aid Skills Demo check	3:45 p.m. – 5:45 p.m.

The cost of the class is \$45.00 and must be paid PRIOR to us sending you a link to the on-line course – we accept exact cash or check only. NOTE: the fee is non-refundable.

You can either stop by our office to pay or mail the check - payable to NCSOS. Please do not mail cash. Mail checks to: NCSOS 380 Crown Point Circle, Grass Valley, CA 95945 ATTN: CPR.

[Register online](#). For more information contact Faith Yamamoto at [fyamamoto@nevco.org](mailto:fyamamoto@nevco.org)



### BTSA Teacher Induction Program

All seminars are 4:00-7:00PM, held in the Training Room at the NCSOS office:  
380 Crown Point Circle, Grass Valley  
To learn more, visit [North Coast School of Ed](#).

DATE	GROUP
Tues, February 5, 2019	BTSA/CTIP Year 1
Tues, March 5, 2019	BTSA/CTIP Mentors
Tues, April 2, 2019	BTSA/CTIP Year 1
Wed, April 3, 2019	BTSA/CTIP Year 2



## Countywide Tournament Schedule for the remainder of the School Year 2018-19

EVENT	GRADE	DATE	TIME	REGISTRATION DUE	LOCATION
TechTest Jr.	7 <sup>th</sup> – 8 <sup>th</sup>	3/5/19	9-1:15	2/15/19	Telestream
TechTest Jr.	5 <sup>th</sup> – 6 <sup>th</sup>	3/6/19	9-1:15	2/15/19	AJA Video
Speech Prelims	4 <sup>th</sup> – 8 <sup>th</sup>	3/7/19	9 - 12:30 1 - 4:30	2/21/19	Calvary Bible Church
Speech Finals	4 <sup>th</sup> – 8 <sup>th</sup>	3/12/19	6:30 - 8:30	n/a	Nevada Theatre
STEAM Expo 2019	K-12 <sup>th</sup>	4/6/19	9am-3pm	3/15/19	Nevada County Fairgrounds



**STEAM Expo registrations are open!**  
[STEAM Expo website here](#)



### **Poetry Out Loud**

Poetry Out Loud encourages students to learn about great poetry through memorization and recitation. This program helps students master public speaking skills, build self-confidence, and learn about literary history and contemporary life. For more information contact: Lead Teacher Liaison Steve Hansen at [shansen@njuhsd.com](mailto:shansen@njuhsd.com) or Coordinator and Coach Julie Valin at [juleree\\_99@yahoo.com](mailto:juleree_99@yahoo.com) or go to [Poetry Out Loud](#).

DATE	DESCRIPTION
Jan 28 – Feb 1, 2019	Nevada County School Competitions
Feb 20, 2019	Nevada County Countywide Competitions
March 3-4, 2019	State Finals competition
<b>April - all month</b>	<b>National Poetry Month</b>
Throughout April	Sierra Poetry (Fringe) Festival – Pop-Up Poetry Events
April 6, 2019	Nevada County STEAM Expo (for Poetry Out Loud Nevada County finalists whose poetry choices associate to STEM subject matter)
April 27, 2019	Sierra Poetry Festival (for Poetry Out Loud Nevada County finalists)
April 29 – May 1, 2019	Poetry Out Loud National Finals

### **CA Alliance for Arts Education Student Voices Campaign**

#### **2-minute video program for 7th-12<sup>th</sup> Grade Students**



- March 1, 2019      Deadline to submit to NC Arts for viewing at STEAM Expo 2019
- March 22, 2019    Deadline to submit to CA Alliance for Arts Education
- April 6, 2019      STEAM Expo 2019 viewing of selected videos

#### **Submissions for future issues:**

Have you something to share in future issues of The Nugget?  
 Please submit your request by the 15<sup>th</sup> of the preceding month for inclusion in the following issue.  
 Email: [sshafran@nevco.org](mailto:sshafran@nevco.org)