



PARTNERS Press

January/February 2019

www.partnersfamilyresourcecenters.org



What's Inside?

- Got 40? Tip of the month
- Parenting classes
- Circle of Friends Toddler Play Group
- Jim Rogers Memorial Bike Ride
- NEO Youth Center
- Library News!
- And more!



The holiday season is behind us and a fresh start to a new year is here! Starting a new year is a great excuse to come by and check out all there is at the Family Resource Center! Our FRC is full of information and resources for your family.

Our office hours are:
Mon-Thurs: 9:00am-4:00pm
Friday: 9:00am-1:00pm

Come by or call!
Phone: 273-4059



Parenting Classes

Seeking support with one of the hardest jobs of all—parenting? Take Parenting to the next level. The Power of Positive Parenting Class for Parents of Children Ages 2-12.



- Reduce Family Stress.
- Become a more confident parent.
- Create an organized, orderly family routine with ground rules that everyone knows and follows.
- Enjoy a more harmonious family environment.
- Put some new tools in your tool box.

THURSDAYS, Jan. 17th – Mar. 7th
Ready Springs School 5:30-7:30pm
10862 Spenceville Rd, Penn Valley
PIZZA & Childcare provided!



Call Karen or Viki: 273-4059

CIRCLE OF FRIENDS Playgroup for Toddlers



Come join us for a fun-filled morning of activities with your toddler!

Crafts - Story Time Movement Hands-on Play

Tues, Wed, or Fri
10:00am-11:30am
Call Viki to register!
273-4059





Access to Benefits. Simplified.

We can help with Medi-Cal applications and make referrals for CoveredCA applications and renewals. Hablamos español. Come by or call 273-4059.



Upcoming Events



1st & 3rd Saturdays
December 2018– May 2019
9am-noon

Bottom of Union St. on Robinson Plaza
 Downtown Nevada City

Celebrate local food Nevada City style! Share in the bounty of community. Enjoy live music, local farmers and artists, freshly baked treats, and more! Healthy food, locally grown with care and pride.

ncfarmersmarket.org

10th Annual Jim Rogers Memorial Bike Ride/RUN!

Promoting Distracted Driving AWARENESS

SUNDAY, February 10th, 2019
11:00am Rain or Shine

Meet at Tour of Nevada City Bicycle Shop
457 Sacramento St, Nevada City

Bicycle Benefit Lunch to follow
 12:30pm at the bike shop
 SEE ATTACHED FLYER

All ages and abilities welcome!

knwe@sbcglobal.net for more info

Tip of the month from 40 Assets

Tip – Asset #10 – Young person feels safe at home, in school and in the neighborhood.

Learn what the school policy is for bullying, and how the school actually responds to it. Look for whether all adults at school are included as well as students. Learn what you can do to be sure your child doesn't bully others. When you must discipline: be calm; act for your child's benefit, not your own; confirm child knew behavior was wrong; use respectful words; and by all means avoid physical violence and degrading names and words. What could be more important for a child than to feel physically and emotionally safe?

To learn more about the 40 developmental assets (Got 40?), call 271-5617 or e-mail NedRussell@pacbell.net or info@got40.org.



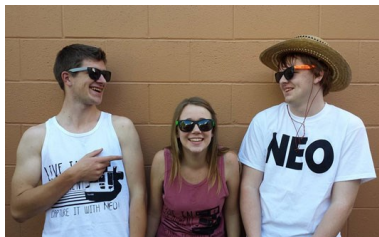
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The NEO Youth Center is a free drop-in center for youth ages 11-25. The center offers a variety of activities including a pool table, ping pong, foosball, crafts, video games, board games, sports, musical instruments, homework area, wifi and more. In addition, NEO offers free workshops such as yoga, video game design, stop motion animation, etc. On the weekends NEO provides occasional events such as dances and concerts, often these events are open to college aged youth as well.

DROP-IN HOURS:

MON 3:30-6:30 (Grades 6-8)
TUES 3:30-6:30 (Grades 9-12)
WED 3-6:30 (Grades 6-12)
THURS 3:30-6:30 (Grades 9-12)
FRI 2:00-9:00 (Ages 14-25)

139 Joerschke Dr. in Grass Valley, CA (next door to Bitney College Prep High School kitty-corner to Weiss Nursery) 530-470-3869



The Clothes Closet needs your help!

We are in need of men's clothing, and boys' clothes size 4-8. Clothing should be seasonal, clean, and in good condition. Call or come by the FRC. We appreciate your help!



NEVADA UNION THEATRE SOCIETY
PRESENTS
THE NEXT GENERATION
SCHOOL of ROCK
THE MUSICAL

BASED on the PARAMOUNT MOVIE by MIKE WHITE
BOOK by JULIAN FELLOWES
LYRICS by GLENN SLATER
MUSIC by ANDREW LLOYD WEBBER

SCHOOL of ROCK is presented by arrangement with THE MUSICAL COMPANY

JAN 31, FEB 1, 2, & 7, 8, 9
nudrama.com
273-4431 x1033
GENERAL ADMISSION \$12/ADVANCE \$15/DOOR



VOLUNTEERS

ALGEBRA TUTOR NEEDED!

Are you someone interested in helping middle school & high school students reach their potential? Perhaps a former teacher? Please contact us at the FRC! 530-273-4059



LIBRARY NEWS



TODDLER STORY TIME

Wednesdays 10:30am-11:00am **GV Library**
Children's Room 18mos-3yrs
Songs, books, tips for toddlers!



Wednesdays 3:00pm-4:00pm

Madelyn Helling Library 5yrs-10yrs

Practice your reading with a trained therapy Dog! Books available, or you're welcome to Bring your own. Emerging readers welcome As well!



FAMILY CRAFTS

Saturdays 10:00am-4:00pm

Grass Valley Library ALL AGES WELCOME!

Bring whole family & create some amazing things to decorate your home.

TECH FOR KIDS

Wednesday, January 16 4:30pm-5:30pm

Madelyn Helling Library

Ages 5 and up!

Come interact with the rolling robot, Spheros. iPads are loaded with the app & plenty of challenges!



Madelyn Helling Library 980 Helling Way, Nevada City
530-265-1538

Grass Valley Library 207 Mill St., Grass Valley
530-470-2693