## **PRESS RELEASE**

## United Way Food Access Saturday February 9<sup>th</sup> 10:00am – noon

United Way of Nevada County, in partnership with Interfaith Food Ministry (IFM), packs and distributes food on the second Saturday of each month. Since the program began a year and a half ago, nearly 3800 bags of food have been distributed to more than 1700 individuals and families. The program was originally created to help working individuals & families who need help putting food on their table, but are unable to pick up food at local food distributions during the week. Since it began, the program has grown to encompass a larger population; welcoming others to the table. Through the Food Access Saturday program, anyone who needs food can pick up healthy groceries, including fresh produce.

The program is open to all Nevada County residents who cannot make it to other food distributions Monday through Friday. **Saturday, February 9**<sup>th</sup> **will be the next United Way Food Access Saturday.** United Way of Nevada County strives to assure individuals and families in Nevada County are able to meet their basic need for food, emergency shelter and access to health care. The distributions take place at 440 Henderson Street, in Grass Valley, from 10am-noon on the 2nd Saturday of each month. For more information contact United Way at 274-8111 or <a href="mailto:admin@uwnc.org">admin@uwnc.org</a>.