



AGENDA ~ February 6, 2019

Community Support Network Partner Meeting

3:30 to 5:00 pm ~ Gene Albaugh Community Room at the Madelyn Helling Library

- 3:20 **Greet Incoming Partners** – Susan Sanford, Coordinator
Please sign in. Partners may place announcements to share on the back table.
- 3:30 **Welcome & Introductions** – Lindsay Dunkel, Executive Director, First 5 Nevada County,
and CSN-CAPC Board Member
- 3:35 **Meeting Minutes**
Accept minutes from January meeting
- 3:40 **40 Developmental Assets** – Ned Russell of Got 40?
Asset # 4 – Caring Neighborhood
- 3:45 **Meeting Focus** – *Maternal, Child, and Adolescent Health: Community Input.* Presenter:
Charlene Weiss-Wenzl, Public Health Nurse, Nevada County Public Health Department.
Every five years the MCAH program is required by the state and federal governments to
do a needs assessment to determine local priorities for the maternal, child, and
adolescent population. This must be done with input from community members. The
information gained from meeting participants will help the MCAH program prioritize
what to focus on for the next five years.
- 4:55 **Network Announcements and Meeting Evaluation** – Partners may make short
announcements about upcoming events/programs. Attendees complete meeting
evaluation forms and leave in designated box at back of meeting room.
- 5:00 **Adjournment** – Next meeting March 6, 2019, Gene Albaugh Community Room, at the
Madelyn Helling Library. ***Please pick up any materials you displayed on the back tables.***
We welcome your help stacking tables and chairs. Thank you!

***2019 CSN Partner Meeting Dates ~ January 2, February 6, March 6, April 3, May 1, June
5, July & August-hiatus, September 4, October 2, November 6, December-hiatus***

CSN Vision Statement

All families in Nevada County have ready access to a
well-integrated and coordinated support network that is easily available and well funded.

Community Support Network of Nevada County ~ www.csnnc.org

Contact ~ CSN Coordinator - csnncorg@gmail.com - 530-913-0270 (messages)

Community Support Network of Nevada County Meeting Agreements

- Make decisions by consensus.
- Create an atmosphere of mutual respect that includes active listening and listening without judging.
- Start and end on time.
- Maintain a sense of humor and a positive attitude.
- Bring concerns to the whole group. Don't take them to the parking lot after the meeting.
- Set up the room in an inclusive way.
- Take responsibility for a task only if you have the time to accomplish it.
- Everyone is empowered to be a process observer and take ownership for the health of the meeting and is responsible for the health of the whole meeting.
- Be sensitive to others' need for more information. Make sure everyone understands.
- Be careful of injecting your self-interest and label it as such. Be able to layout your agency's interest and be open to other's interests.
- Meetings are meaningful and have a shared purpose.
- This is a living document and can be changed as needed.

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### Asset # 4 – Caring Neighborhood – February 6, 2019

A caring neighborhood also provides positive adult role models (Asset #14), support from adults other than parents (#3), and leads to neighbors assisting with boundaries for youth (#13). Here are some ways to be part of a caring neighborhood. (From a Search Institute list.)

- ⇒ Learn the names of kids who live around you and what interests them.
- ⇒ Treat neighbors of all ages with respect and courtesy.
- ⇒ Spend time in front yard or apartment/condo gathering places to greet/chat with others.
- ⇒ Take personal responsibility for building asset in the neighborhood.
  - When you see inappropriate behavior, kindly let the person know why it bothers you.
  - State your appreciation when a youth/anyone does something nice.
- ⇒ With other neighbors, develop strategies for long-term building in neighborhood.
- ⇒ Take time to play or just be with the young people, talk and listen.
- ⇒ Attend a neighbor youth's game/play/event and congratulate the person afterward.
- ⇒ Invite neighbors (especially those with children and teenagers) to your home.
  - Get to know each other and find out what you have in common.
- ⇒ Once in a while, for all ages, leave an appreciative message by note on door or chalk on sidewalk.
- ⇒ If you have children, talk to other parents about boundaries/expectations they have for their kids.
  - Discuss how you can support one another in areas where you agree.
- ⇒ Figure out what you can provide for young people in your neighborhood.
  - Basketball hoop, space for a garden, play softball, transportation, help with homework, music lessons, auto repair.
- ⇒ Share any concerns about neighborhood with others with same concern; form a working group.
- ⇒ Start a neighborhood support group.
- ⇒ Pay attention whenever you see a young person.
- ⇒ Be aware of graduations and other major events in the lives of children.
- ⇒ Organize a neighborhood event: book swap, yard sale, pot luck.

To learn more about the 40 Developmental Assets (Got40?), call: 530-271-5617 or email: [info@Got40.org](mailto:info@Got40.org) or [NedRussell@pacbell.net](mailto:NedRussell@pacbell.net).

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