

Growing knowledge and networks for professionals working with families.

Sierra Region Learning Community Convening

Building Resilience Series: Build Resilient Families, Agencies and Communities Through Partnerships with Behavioral Health Systems

Thursday, February 7, 2019 Check-in & Networking: 9:00am; Convening: 9:30am-12:30pm In-person in Jackson, remotely in Markleeville, Bishop, Loyalton, or online

Enroll at StrategiesCA.org/Learning-Communities

The Learning Community series will continue to focus on promoting resilience using a traumainformed approach, emphasizing partnerships with behavioral health systems. Together we will explore successful approaches to support the behavioral health needs of children and families living in rural communities.

Featured Speakers:



LORI CHELIUS, MBA & MPH, partner in <u>Origins Training</u>, will help us formulate a vision for agencies and communities to develop a trauma-informed approach that supports improved behavioral health outcomes. We will learn a process to evaluate needs, assess resources and barriers, and identify resilience champions.



OSCAR C. PEREZ PhD, founder of <u>Tending The Fires</u>, will focus on the importance of developing a culturally competent and inclusive system that addresses inter-generational trauma and engages non-traditional partners.



MATT BRUFLODT, Information Specialist, will take us on a tour of the **<u>Rural Information Hub</u>**, a website that highlights evidence based behavioral health programs meeting the needs of citizens in rural areas across America.

Come network with other local professionals to identify concrete actions toward developing a behavioral health system that fosters resilient families, agencies, and communities.