



AGENDA ~ November 7, 2018

Community Support Network Partner Meeting

3:30 to 5:00 pm ~ Gene Albaugh Community Room at the Madelyn Helling Library

- 3:20 – 3:30 **Greet Incoming Partners** – Susan Sanford, Coordinator
Please sign in. Partners may place announcements to share on the back table.
- 3:30 – 3:35 **Welcome & Introductions** – Lourdes Vose, Resource & Referral Director, Sierra Nevada Children's Services, and CSN-CAPC Board Member
- 3:35 **Meeting Minutes**
Accept minutes from October meeting
- 3:40 **40 Developmental Assets** – Ned Russell of Got 40?
Intentional Asset Building – Core principle of 40 Developmental Assets - details on reverse
- 3:40 – 4:40 **Meeting Focus** – *Trauma-Informed Parenting*
Presenters from Nevada County Child Welfare (new umbrella name that includes both Child Protective Services and Adoptions): Karen Martin, Ongoing Social Worker; Cara Carvalho, Resource Family Home Social Worker; Cheryl Gonzales, Adoption/Post Adoption Social Worker; and Supervisor Deirdre Day
- 4:40-4:55 **Building the Network Moment** – Chris Espedal, Safety and School Climate Coordinator for the Nevada County Superintendent of Schools Office (NCSOS) will share information about "Handle with Care." The program is designed for first responders to alert school staff about a student who may have suffered a trauma. Chris will share the concept of the program and how it came to Nevada County.
- 4:55 – 5:00 **Network Announcements and Meeting Evaluation** – Partners may make short announcements about upcoming events/programs. Attendees complete meeting evaluation forms and leave in designated box at back of meeting room.
- 5:00 **Adjournment** – ***Remember...CSN Partner meeting goes on hiatus for December.*** Next meeting January 2, 2019, Gene Albaugh Community Room, at the Madelyn Helling Library. ***Please pick up any materials you displayed on the back tables. We welcome your help stacking tables and chairs. Thank you!***

2019 CSN Partner Meeting Dates ~ January 2, February 6, March 6, April 3, May 1, June 5, July & August-hiatus, September 4, October 2, November 6, December-hiatus

CSN Vision Statement

All families in Nevada County have ready access to a well-integrated and coordinated support network that is easily available and well funded.

Community Support Network of Nevada County ~ www.csnn.org

Contact ~ CSN Coordinator - csnncoorg@gmail.com - 530-913-0270 (messages)

Community Support Network of Nevada County Meeting Agreements

- Make decisions by consensus.
- Create an atmosphere of mutual respect that includes active listening and listening without judging.
- Start and end on time.
- Maintain a sense of humor and a positive attitude.
- Bring concerns to the whole group. Don't take them to the parking lot after the meeting.
- Set up the room in an inclusive way.
- Take responsibility for a task only if you have the time to accomplish it.
- Everyone is empowered to be a process observer and take ownership for the health of the meeting and is responsible for the health of the whole meeting.
- Be sensitive to others' need for more information. Make sure everyone understands.
- Be careful of injecting your self-interest and label it as such. Be able to layout your agency's interest and be open to other's interests.
- Meetings are meaningful and have a shared purpose.
- This is a living document and can be changed as needed.

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### Intentional Asset Building – Core principle of 40 Developmental Assets – November 7, 2018

Joseph T. Hallinan's blog on Psychology Today\*: A study asked a group of radiologists to examine a series of chest x-rays, just as they would if looking for lung cancer. Unknown to the radiologists, though, the researchers had inserted into the x-rays a picture of a gorilla. The picture of the gorilla was about 45 times the size of the average cancerous lung nodule. **83 percent of the radiologists missed the gorilla.** (Drew, Vö & Wolfe (2013). The invisible gorilla strikes again: sustained inattention blindness in expert observers. Psychol. Sci., Sep;24(9):1848-53. Epub 2013 Jul 17.)

Confirmation bias is a version of this with numerous examples on social media, reading only posts which match one's beliefs, thus confirming those beliefs are true.

*To help build assets in our youth we need to actively look for opportunities to do so – we won't see them otherwise. We also need to look for what they do right, not what they do wrong.*

\* <https://www.psychologytoday.com/us/blog/kidding-ourselves/201404/we-see-what-we-want-see>

To learn more about the 40 Developmental Assets (Got40?), call: 530-271-5617 or email: [info@Got40.org](mailto:info@Got40.org) or [NedRussell@pacbell.net](mailto:NedRussell@pacbell.net).

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