



PARTNERS Press

November/December 2018

www.partnersfamilyresourcecenters.org



What's Inside?

- Got 40? 4 Ways to Build Assets During the Holiday Season
- Lights On After School
- Parenting Classes
- ESL, GED & High School Equivalency
- Library News
- NEO Youth Center
- And more!



We welcome the change in seasons — here's to Autumn! And Winter is just around the corner—we hope! We look forward to some rain and snow sometime soon—and cozy days with a good book and some hot chocolate! Come by the FRC and check out some of the resources and activities for you and your family. Browse the Lending Library; use the computer lab for a quiet place to study for upcoming finals, or get information on classes and events. Our FRC is full of information and resources for all ages.



HOURS ARE:

Mon-Thurs: 9:00am-4:00pm

Friday: 9:00am-1:00pm

Come by or call! **Phone: 273-4059**

Grass Valley FRC Holiday Schedule:

CLOSED:

Nov. 12, 22, 23

Dec. 24, 25, 26, 31

Jan. 1, 2019



Parenting Classes

Seeking support with one of the hardest jobs of all—parenting? Take Parenting to the next level. The Power of Positive Parenting Class for Parents of Children Ages 2-12.



- Reduce Family Stress.
- Become a more confident parent.
- Create an organized, orderly family routine with ground rules that everyone knows and follows.
- Enjoy a more harmonious family environment.
- Put some new tools in your tool box.

THURSDAYS, Jan. 17th—Mar. 7th 5:30-7:30pm

Ready Springs School 10862 Spenceville Rd., Penn Valley

Call Meg to register: 530-913-2745

Pizza & childcare provided



CIRCLE OF FRIENDS

Toddler Play Group

T-W-F 10:00-11:30am

PRE-PREGISTRATION REQUIRED

For children 2-4yrs old
(with their parents/guardians)

Contact Viki to register
&/or to be added to the
waiting list: 273-4059
(Space is limited)

Tips of the month from 40 Assets

With a little patience and planning, the holidays can be used to nurture many aspects of the developmental foundation that kids need to succeed. Here are some ideas for you and your family.

Four Ways to Build Assets During the Holiday Season:

1. Attend holiday concerts, plays, or programs presented by young people.
2. Make celebrations about being with friends and family, rather than focused on gift giving. Start a tradition of asking all party guests to bring items to donate to a shelter.
3. Give gifts of time or activities, such as a trip to a park, an afternoon of baking, or a visit to a museum, rather than material goods to the young people in your life.
4. Develop rituals and traditions that suit your family's lifestyle even if they don't seem traditional or are different from what others are doing. Celebrate the New Year, for example, by always letting each family member choose one food as part of the meal.

To learn more about the 40 developmental assets (Got 40?), call 271-5617 or e-mail NedRussell@pacbell.net or info@got40.org.

Upcoming Events

Victorian Christmas in Nevada City

SUNDAYS, December 9, 16, 23

1:30pm-6:00pm

WEDNESDAYS, Dec. 12 & 19

5:00pm-9:00pm

Holiday activities for all ages; carriage rides, live entertainment, holiday treats, and more!

Cornish Christmas in Grass Valley

6:00pm-9:00pm

FRIDAYS, Nov. 23 & 30; Dec. 7, 14, 21

Carolers, jugglers, musicians, dancers, crafts, food, and lots more!



**LIGHTS ON
AFTER SCHOOL
OPEN HOUSE
At NEO
NOVEMBER 7th
5:30-7:30pm**

Come learn more about NEO and how you can help youth thrive!

**FOOD ~ SILENT AUCTION
Corn Hole Contest
MUSIC**

Youth Center TOURS & MORE!

139 Joerschke Drive

Grass Valley

530-470-3869 www.ncneo.org



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The NEO Youth Center is a free drop-in center for youth ages 11-25. The center offers a variety of activities including a pool table, ping pong, foosball, crafts, video games, board games, sports, musical instruments, homework area, wifi and more. In addition, NEO offers free workshops such as yoga, video game design, stop motion animation, etc. On the weekends NEO provides occasional events such as dances and concerts, often these events are open to college aged youth as well.

DROP-IN HOURS:

- MON** 3:30-6:30 (Grades 6-8)
- TUES** 3:30-6:30 (Grades 9-12)
- WED** 2:45-6:30 (Grades 6-12)
- THURS** 3:30-6:30 (Grades 9-12)
- FRI** 3:30-8:30 (Ages 14-25)

139 Joerschke Dr. in Grass Valley, CA
 (next door to Bitney College Prep High School kitty-corner to Weiss Nursery)
 530-470-3869



NEVADA UNION ADULT EDUCATION

Open for all classes
Tuesdays & Thursdays 9am—9pm
Drop-in enrollment—start any time

Finish your High School Diploma or prepare for the GED/HiSet exam

Learn English and Civics

Prepare to become a U.S. Citizen

All curriculum delivered online

Nevada Union HS Campus, I-wing
 Parking at First Baptist Church, Ridge Rd.

Classes are FREE
 530-477-1225

Get involved at the FRC



ALGEBRA, READING, & ESL TUTORS NEEDED!

Are you someone interested in helping elementary, middle school, high school, or adult students reach their potential? Perhaps a former teacher? Please contact us at the FRC!
 530-273-4059

OUR CLOTHES CLOSET IS IN NEED:



Maternity clothes
 Men's & Women's clothing of all sizes



Girls' clothing sizes 5-18

New (packaged) underwear for all ages

Rain gear and winter jackets for all ages



We can help with Medi-Cal applications and make referrals for CoveredCA applications and renewals. Hablamos español. Come by or call 273-4059.



LIBRARY NEWS

HOMEWORK CLUB!

Wednesdays 4:00pm-5:00pm
 at the **Grass Valley Library**
 207 Mill Street, Grass Valley
 Open to grades K-12

Drop in—no need to sign up in advance
 Library staff on hand to help with homework
 530-470-2693

Grass Valley Library - Children's Room 530-470-2695
 Tuesday, December 4th 4:00-5:00pm Ages 5-13 Grades K-8

Young Adventurers Club: Sweet Stuff

Learn all about the sweet side of science. You'll learn about all things sweet and the chemical reactions that make them happen. Every participant will get a chance at making & sampling their own concoctions. TASTY!

Madelyn Helling Library
 Friday, Nov. 30th
TEEN FLICKS MOVIE NIGHT
 4:00pm Jumanji

Calendar of all library events available at
Madelynhelling.evanced.info/signup/calendar
 530-265-1538

