



Minutes ~ OCTOBER 3, 2018

Community Support Network Partner Meeting

3:30 to 5:00 pm ~ Gene Albaugh Community Room at the Madelyn Helling Library

Attending CSN Partners – 21 attended (12 filled out evaluation forms) including: Ann Guerra, Connecting Point; Anne Wolf, Placer Community Action Council; Cindy Wilson, Nevada County Public Health Dept.; Craig Terry, CBV; Fred Skeen, Hospitality House; Heather Garrity, Community Beyond Violence; Heather Heckler, Connecting Point; Katumu Kimbo - NCPHD intern; Laura Harter, PARTNERS FRCs; Lisa Dorman, Connecting Point; Lourdes Vose, SNCS & CSN-CAPC Board; Marge Biddle, WarmLine FRC; Marina Bernheimer, CANC; Meg Luce, PARTNERS/NCSOS; Milada Belohlavek, CBV; Morgan Welty, NCSOS; Ned Russell, Got 40?, CSN-CAPC Board; Savanna Court, SNCS; Serenity Madison, CoRR & Coalition for Nevada County Youth; Sharon O'Hara, Citizens for Choice; Susan Sanford, CSN Coordinator.

Welcome & Introductions – Cindy Wilson, Director of Public Health Nursing, Maternal Child Adolescent Health Director, Nevada County Public Health Department, and CSN-CAPC Board Member

Meeting Minutes & CSN Announcements – Accepted minutes from September meeting

40 Developmental Assets – Ned Russell of Got 40? Identifying, lighting, and supporting Sparks (passions) – see detail on last page of minutes.

Meeting Focus – *Connecting Point: An Interactive Overview.*

Presenters from Connecting Point: Executive Director Ann Guerra, Communications Manager Heather Heckler, and Professional Skills Trainer Lisa Dorman

Ann Guerra and Heather Heckler provided an overview of Connecting Point (CP). See more info on website: connectingpoint.org.

CP has three main programs: Home Care, Employment Services (serving CalWORKs participants), and 211. In addition, there are some Special Programs.

Home Care

Home Care program (IHSS or In-Home Supportive Services) plays an essential role in keeping seniors and people with disabilities with low income living in the community instead of a nursing home. CP connects seniors and people with disabilities to qualified caregivers. The program manages paperwork, payroll, and more, and provides trainings. CP has partnerships with Sierra Nevada Memorial Hospital for classes on diabetes education, living well with chronic conditions, and quitting smoking.

Employment Services

CP's Employment Services are for participants in the CalWORKs program and Child Support Services. The goal is to get people into sustainable careers. The program provides career counseling, navigation (identifying and navigating barriers to employment), training, and work experience.

211 Connecting Point

211 (or 877-847-0499) is a number to call to be connected with a huge range of resources in the community. It's free, confidential, and available 24/7. www.211connectingpoint.org. In addition to serving callers, 211 serves as a community resource hub with its database of hundreds of programs.

Special Programs

- Ready to Grow - a First 5 program for families with children 0-5 that connects them to resources to support health and development
- Market Money - financial assistance for purchasing fresh food at local farmer's markets
- Senior Assistance Line - connects seniors with a wide array of resources
- Transportation Assistance - provides information on local and regional transportation including trainings on how to use the bus system and help with trip planning
- Coordinated Entry - entry point for people experiencing a housing crisis in Nevada and Placer Counties
- Community Call Center - CP can help organizations get their message out and serve as a registrar for an organization's events. Organizations can ask data questions and enroll people in some programs. Examples: Coordinated entry, CodeRED, AARP tax appointments, (smoking) Quit Kits.

Future Projects

- Volunteer coordination hub
- Expansion of employment services

Lisa Dorman facilitated a teamwork activity.

What kinds of things affect teamwork?

Communication, Personalities, Opinions, Agendas, Values, Leadership, Different reasons for being there, Not speaking up, Situation overtaken by events - things happen

What else keeps teams from being successful?

Resources - time, money, materials; Skills of team members; Lack of clarity for having the team; Lack of participation

Each team of four picked a leader. There were small paper bags on each table which contained spaghetti, and large and small marshmallows. Teams were given 15 minutes to create the tallest free-standing structure possible. The leader could physically participate, but only offer verbal instructions. Fun and laughter ensued.

Things learned from the activity

A strong foundation is the key; Need good communication; Cooperation; Collaboration; Need the right resources and tools; Mutual respect; Supportive comments and encouragement; Need the right people with the right skills; Goals and strategies; Effective decision-making; Trust; Effective leadership; Optimism. So...

Know your purpose, Create a strategy, assemble the right people with the right skills, provide feedback and support along the way.

Network Announcements & Meeting Evaluations – Attendees made the following announcements and filled out evaluation forms. Info is either already on the CSN website News page, or will be posted there soon. www.csnn.org.

- Cindy Wilson - NCPHD drive through flu shot clinic on Oct. 9
- Serenity Madison - Prescription takeback day is Sat. Oct 27 from 10 am-2pm at South Auburn and Neal streets in Grass Valley. There's also a disposal place at the Grass Valley Police Department all the time.
- Ned Russell - need more volunteers for Read To Your Child Halloween Book Giveaway on Oct. 31
- Savanna Court - Sierra Nevada Children's Services is having a 40th Anniversary open house on Oct. 16
- Strategies 2.0 - there are several upcoming events on resilience
- Ned Russell - there are several upcoming webinars on child safety
- October is STDs awareness month
- Sharon O'Hara - Citizens for Choice - People invited to grab contact cards because there's been an increase in STDs

Adjournment – Next meeting November 7, 2018, Gene Albaugh Community Room, at the Madelyn Helling Library

2018 CSN Partner Meeting Dates ~ January 3, February 7, March 7, April 4, May 2, June 6, July & August-hiatus, September 5, October 3, November 7, December-hiatus

2019 CSN Partner Meeting Dates ~ January 2, February 6, March 6, April 3, May 1, June 5, July & August-hiatus, September 4, October 2, November 6, December-hiatus

Community Support Network of Nevada County Meeting Agreements

- Make decisions by consensus.
- Create an atmosphere of mutual respect that includes active listening and listening without judging.
- Start and end on time.
- Maintain a sense of humor and a positive attitude.
- Bring concerns to the whole group. Don't take them to the parking lot after the meeting.
- Set up the room in an inclusive way.
- Take responsibility for a task only if you have the time to accomplish it.
- Everyone is empowered to be a process observer and take ownership for the health of the meeting and is responsible for the health of the whole meeting.
- Be sensitive to others' need for more information. Make sure everyone understands.
- Be careful of injecting your self-interest and label it as such. Be able to layout your agency's interest and be open to other's interests.
- Meetings are meaningful and have a shared purpose.
- This is a living document and can be changed as needed.

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### Identifying, lighting, and supporting Sparks (passions) – October 3, 2018

Spark/passion – activity or goal that gives one joy, a reason to pop out of bed in the morning, often something that one likes to do or does well. Can be well defined such as a sport or musical instrument or fuzzier such as “helping people”.

Hugh Kerr

- avid rock climber
- climbing accident when 17, one rescuer died, lost both legs as result
- wanted to return to rock climbing
- had shop skills, tried to make his own prosthetics in dad's shop
- wanted to make something of his life to honor rescuer who died
- got advanced degrees at MIT and Harvard in mechanical engineering and biophysics
- now a leader in prosthetic design

Hugh's life journey is an example of what can happen when an individual follows their passion, equally important as a youth and as an adult. Promotes assets #32 Planning & decision making, #37 Personal power, #38 Self-esteem, #39 Sense of purpose, #40 Positive view of personal future.

For organizations like our CSN partners, our passions/sparks accomplish big goals.

Support the passions of your staff, and encourage parents to identify their own passions and those of their children.

To learn more about the 40 Developmental Assets (Got40?), call: 271-5617 or email: [info@Got40.org](mailto:info@Got40.org) or [NedRussell@pacbell.net](mailto:NedRussell@pacbell.net).