



# SEPTEMBER 2018

10862 Spenceville Road, Penn Valley  
Located on Ready Springs School Campus  
(530) 432-1118 x249  
M - F 9:00 to 4:00

[partnersfamilyresourcecenters.org](http://partnersfamilyresourcecenters.org)

## TRIPLE P PARENTING CLASSES



Seeking support with one of the hardest jobs of all - parenting? Take parenting to the next level. The Power of Positive Parenting Class for Parents of children ages 2 -12

Wednesdays, Aug. 29 - Oct.17  
Sierra Nevada Children's Services  
5:30 7:30pm

Call Meg to register: 530-913-2745

Pizza & childcare provided

Hay una clase en español!  
Los jueves 13 de septiembre al 8 noviembre  
5:30pm-7:30pm Grass Valley Charter School  
Atrás del FRC en salon 32

Meg Luce, LMFT, Especialista en Clases Crianza. Superintendente de las Escuelas del Condado de Nevada Y Leyda Morales, Interprete  
Para inscribirse y más información llamar a la maestra Leyda Morales al 530-273-4483 ext #2013  
Tendremos refrigerio y cuidado para lost niños

## KIDS CLOTHES NEEDED



We are in need of school age kids clothes for our closet. Now that school has started our Clothes Closet gets lots of use during the school year. Please bring your donations to the FRC.

## VOLUNTEER OPPORTUNITY

**We are in need of some help!**

Our Clothes Closet & Lending Library need some organizing. We are looking for someone to come in once a month. The schedule can be flexible & work with your schedule. Call us for more details.

## FIRST 5 FAMILY CAFES

Mondays 10:00 to 11:30 am  
Sept. 10 & 24, Oct. 8 & 22, Nov. 5

Sierra Nevada Children's Services  
420 Sierra College Drive #100, Grass Valley

At the Family Cafe we will share ideas about taking care of ourselves & our families. Talk about how we can raise strong, happy kids, meet new people, make friends, share ideas, get new ideas, & have fun!

Transportation and childcare is available. Plus there is a bonus prize for attending all 5

RSVP: [sandi@first5nevco.org](mailto:sandi@first5nevco.org) 530-274-5361

## CONSTITUTION DAY



### CELEBRATION

Saturday, Sept. 8th

- Revolutionary War Living History at Pioneer Park 10 to 5
- Free Outdoor Concert by the Nevada County Concert Band on Pine Street, downtown Nevada City, 4:30 to 6:15

Sunday, Sept. 9th

- Revolutionary War Living History at Pioneer Park, 10 to noon
- Reenactment of the Signing of the U.S. Constitution, Broad & Pine Streets, 1:30pm
- Constitution Day Parade - Broad Street, 2 pm
- Grand Isle Fire Brigade Concert, in front of the National Hotel immediately following the parade
- Duck Race, Deer Creek, Downtown Nevada City. Carnival from 1pm, racing begins at 2:30pm

[nevco.org/2018-constitution-day-celebration-nevada-city/](http://nevco.org/2018-constitution-day-celebration-nevada-city/)  
530-265-2692

## FREE BIKE HELMETS

We want to keep your kids safe & we have a limited supply of free helmets. If your kids are in need of a helmet stop by the FRC to pick up helmets.

### Tip of the Month from 40 Assets Tip #29- Honesty

Always praise children when they are honest. If they own up to a misdeed, avoid overreacting with anger or embarrassment which can discourage future honesty, but do express your sadness and disappointment. If your child admits to breaking your favorite, valuable keepsake, keep in mind that encouraging honesty is more important than the item, regardless of price. Of course, although everyone hates to do it, set a good example for them by admitting to your own mistakes.

To learn more about the 40 Developmental Assets (Got40?), call 271-5617 or send email to [info@Got40.org](mailto:info@Got40.org) or [NedRussell@pacbell.net](mailto:NedRussell@pacbell.net).

### IN THIS ISSUE:

- STORY TIME
- PARENTING CLASSES
- HELP WANTED
- COMMUNITY EVENTS
- FREE HELMETS
- GOT 40? TIP OF THE MONTH

### REMINDERS

- WE WILL BE CLOSED SEPTEMBER 3RD FOR LABOR DAY
- NO STORY TIME SEPTEMBER 26TH
- IF YOU HAVE QUESTIONS ABOUT OUR HOURS, GIVE US A CALL!

### COMPUTER STATION

NEED TO FAX?  
WE HAVE A FAX THAT YOU CAN USE!

### FRC STORY TIME

Every Wednesday  
10-11:30

No Story Time on Sept. 26th

We are excited to start this new school year with you! Welcoming parents & their children (birth to 5) Connect with your child & other parents Drop-ins welcome!

