



AUGUST 2018

10862 Spenceville Road, Penn Valley
Located on Ready Springs School Campus
(530) 432-1118 x249
M - F 9:00 to 4:00

partnersfamilyresourcecenters.org

IN THIS ISSUE:

- STORY TIME
- FREE BIKE HELMETS
- COMMUNITY ACTIVITIES
- FREE CLASSES
- OUR RESOURCES
- GOT 40? TIP OF THE MONTH

REMINDERS

- SCHOOL STARTS AUGUST 15TH
- NO STORY TIME AUG 1ST & 8TH, WILL RESUME AUG 15TH

FREE BICYCLE HELMETS



Did you know that more children ages 5 to 14 are seen in emergency rooms for injuries related to biking than any other sport. Helmets can reduce the risk of severe brain injuries by 88% - yet only 45% of children 14 & under usually wear a bike helmet.

We want to keep your kids safe & we have a **limited supply** of free helmets. If your kids are in need of a helmet stop by the FRC to pick up helmets.

MOVIES IN THE PARK

Don't miss out on the last movie of the summer at Western Gateway Park on **Aug 2—A Bugs Life (G)**. It is free & the movie begins at dusk.

There are concessions available at 7:30 pm. Please remember this is a family event, please do not leave your children!

BACKPACKS ARE HERE!

The first day of school is just around the corner, are you ready? We have backpacks for students! If you are in need please call the FRC for details.



We have a limited supply available

BACK-TO-SCHOOL CLOTHES

Come visit our clothes closet!

If you are in need of clothes stop by any of the FRC's. We have a variety of clothing ranging from infants to adults.

We also can connect you with other resources in the community that can give assistance with clothing.

HEALTHY & DELICIOUS MEALS ON A BUDGET

Offered through Connecting Point

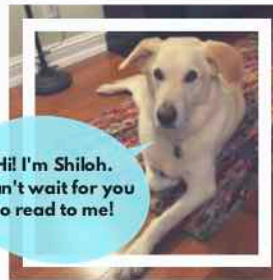
Dates: August 31st & September 7th
Time: 10:30 - 12:30pm
Location: Cedar Park Community Room
Cost: FREE

Get excited about cooking again with this interactive (and tasty) two-day class. You'll learn how to plan, shop, save, and prepare simple, healthy meals while maintaining your budget.

To register call Karen 274-5601 or connectingpoint.org/events

PAWS TO READ

Come read to Shiloh the Paws to Read dog!
Every Tuesday 3pm to 4pm at the Penn Valley Library
Ages 5 to 10



Hil I'm Shiloh. I can't wait for you to read to me!

Read for five sessions and receive a free book!

Call the Penn Valley Library to sign up! Space is limited!
530-432-5764
Joseph.Warrillow@co.nevada.ca.us

NEED DIAPERS?

Are you in need of diapers? We have FREE packs of diapers (12 each) that you can pick up weekly!

These diapers are supplied by the Nevada County Diaper Project, their mission is to help supply diapers to anyone who is need of diapers.



Tip of the Month from 40 Assets



Tip #25- Reading for Pleasure

Summer is a great time to boost your children's interest in reading. Visit the library with them to look for fun books to read, ones that match what they like to do, play, or talk about. A variety of books, most at their reading level and a few just a shade above. Find time to read with your children several times each week, each of you taking turns. And listen when your children are excited about something they have read.

Penn Valley Library
11336 Pleasant Valley Road
Penn Valley, CA 95936
530-432-5764

Lending Library at the FRC

To learn more about the 40 Developmental Assets (Got40?), call 271-5617 or send email to info@Got40.org or NedRussell@pacbell.net.

COMPUTER STATION

NEED TO PRINT? WE HAVE PRINTERS FOR YOU TO USE

FRC STORY TIME

August 1st & 8th **NO** story time

See you August 15th at 10:00 to 11:30

Join us Aug 15th to receive a **FREE** book.

We are excited to start this new school year with you!
Welcoming parents & their children (birth to 5)
Connect with your child & other parents

