



# AGENDA ~ September 5, 2018 Community Support Network Partner Meeting

3:30 to 5:00 pm ~ Gene Albaugh Community Room at the Madelyn Helling Library

3:20 – 3:30	<u>Greet Incoming Partners</u> – Susan Sanford, Coordinator  Please sign in. Partners may place announcements to share on the back table.
3:30 – 3:35	Welcome & Introductions – Kristen McGrew, CSN-CAPC Board Member
3:35 – 3:40	Meeting Minutes & CSN Announcements  Accept minutes from June meeting; announcements
3:40 – 3:45	<u>40 Developmental Assets</u> – Ned Russell of Got 40? Developmental Asset #38 – Self-Esteem (details on reverse)
3:45 – 4:55	Meeting Focus – SOGIE 101: Building an Understanding of Diversity of Sexual Orientation, Gender Identity & Expression  Presenter - Kale LaMont Perry is a trainer and speaker specializing in fostering gender understanding. Perry is a biological parent, a step-parent, an adoptive parent, and a foster parent. Kale says he is passionate about making a positive difference for LGBTQIA+ kids and all kids in the foster care system.
4:55 – 5:00	<u>Meeting Evaluation</u> – Attendees complete meeting evaluation forms and leave in designated box at back of meeting room.
5:00	<u>Adjournment</u> – Next meeting October 3, 2018, Gene Albaugh Community Room, at the Madelyn Helling Library. <i>Please pick up any materials you displayed on the back tables.</i> We welcome your help stacking tables and chairs. Thank you!
	<b>2018 CSN Partner Meeting Dates</b> ~ January 3, February 7, March 7, April 4, May 2, June 6, July & August-hiatus, September 5, October 3, November 7, December-hiatus
	<b>2019 CSN Partner Meeting Dates</b> ~ January 2, February 6, March 6, April 3, May 1, June 5, July & August-hiatus, September 4, October 2, November 6, December-hiatus

#### **CSN Vision Statement**

All families in Nevada County have ready access to a well-integrated and coordinated support network that is easily available and well funded.

Community Support Network of Nevada County ~ www.csnnc.org

Contact ~ CSN Coordinator - csnncorg@gmail.com - 530-913-0270 (messages)

### **Community Support Network of Nevada County Meeting Agreements**

- Make decisions by consensus.
- Create an atmosphere of mutual respect that includes active listening and listening without judging.
- Start and end on time.
- Maintain a sense of humor and a positive attitude.
- Bring concerns to the whole group. Don't take them to the parking lot after the meeting.
- Set up the room in an inclusive way.
- Take responsibility for a task only if you have the time to accomplish it.
- Everyone is empowered to be a process observer and take ownership for the health of the meeting and is responsible for the health of the whole meeting.
- Be sensitive to others' need for more information. Make sure everyone understands.
- Be careful of injecting your self-interest and label it as such. Be able to layout your agency's interest and be open to other's interests.
- Meetings are meaningful and have a shared purpose.
- This is a living document and can be changed as needed.

## Developmental Asset #38 - Self-Esteem - September 5, 2018

Young person likes and is proud to be the person that ey is. ("Ey" is part of a a set of gender-neutral pronouns)

- Appreciate each child's uniqueness in temperament, abilities, interests, and view of self.
- Tell children frequently that you love them, are proud of them, and are glad they are yours and that you know them. Show them with hugs and by enjoying their company.
- <u>Look for</u>, compliment, and praise children's strengths and values. Avoid comments on beauty, size, other physical attributes, or characteristics that are determined by DNA it's better to compliment a behavior they can control.
- Let them know about normal body changes and challenges before the occur and help them with solutions to the challenges.
- Avoid negative comments about any person who is what you consider atypical your children may turn out to be atypical to you or others.
- Kids who voice their different likes, interests, or ideas may lose acceptance by their cliques, but suppressing the differences can make them believe there is something wrong with themselves. Make sure they know it is okay to be different and to separate the superficial from the important. (Oscar Wilde: "Be yourself; everyone else is already taken.")

To learn more about the 40 Developmental Assets (Got40?), call: 271-5617 or email: info@Got40.org or NedRussell@pacbell.net.

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