

My Pledge

To _____

I promise to care for you using the skills I learned to keep you SAFE.

You are innocent and trusting so I will tell everyone who cares for you to treat you GENTLY, to never yell, hit or shake you in anger, and to always put you “safe to sleep.”

If I lose my patience when you cry I’ll take a “time-out” until I calm down. I will hold you close and keep you SAFE.

Love, _____