



Minutes ~ March 7, 2018

Community Support Network Partner Meeting

3:30 to 5:00 pm ~ Gene Albaugh Community Room at the Madelyn Helling Library

Attending CSN Partners – 32 attended (8 filled out evaluation forms) including:

Barb Smith, Adult Family Services Commission; Char Weiss-Wenzl, NCPHD; Cindy Wilson, Nevada County Public Health Dept.; Crystal Betito, Infant Program NCSOS; Daniela Fernandez, Connecting Point/211; Danita Sorenson, KARE Crisis Nursery; Dena Valin Malakian, The Friendship Club; Eli Gallup, NCSOS; Frank McClain, Balanced Relationships Project; Gail Sullivan, Second Step; Helen Williamson, NAMI/Nevada County Mental Health Board; Hillary Hansen, Legal Services of Northern California; Jan MacDonald, CANC/FTHB; Jennifer Hughes, NCPHD; Jessica Markov, Alta California Regional Center; Jolene Hardin, Young Parents Program & CSN-CAPC Board; Joyce Ash, Child Advocates of Nevada County/FTHB & CSN-CAPC Board; Karen Wilson, Sierra Forever Families; Kristen McGrew, PARTNERS FRC/NCSOS & CSN-CAPC Board; Lindsay Dunckel, First 5 Nevada County & CSN-CAPC Board; Loydyne Lane, Parents' Resource Guide; Mary DeWitt, LCSW; Mary Mackintosh, CoRR; Meg Luce, PARTNERS/NCSOS; Morgan Welty, Charis Youth Center; Ned Russell, Got 40?, CSN-CAPC Board; Schuyler Bright, Holistic Trauma Recovery; Serenity Madison, CoRR & Coalition for a Drug Free Nevada County; Sharyn Turner, NCSOS; Shera Banbury, Nevada County Mental Health and Substance Use Advisory Board; Suze Pfaffinger, Big Brothers Big Sisters; Susan Sanford, CSN Coordinator.

Welcome & Introductions – Lindsay Dunckel, Executive Director, First 5 Nevada County and CSN-CAPC Board Member

Meeting Minutes & CSN Announcements

Accepted minutes from February meeting; acknowledged Children's Bill of Rights

40 Developmental Assets – Ned Russell of Got 40?

Developmental Issues & 40 Assets ~ See detail on last page of minutes

Meeting Focus – *Identifying and Addressing Childhood Developmental Issues*. Panelists:

- *Jessica Markov, Client Services Manager, Alta California Regional Center*
- *Eli Gallup, Associate Superintendent, Special Ed./SELPA (Special Education Local Plan Area), NCSOS*
- *Jennifer Hughes, Supervising Public Health Nurse, Nevada County Public Health, California Children's Services and the MTU (Medical Therapy Unit)*
- *Jan MacDonald, Program Supervisor, Foothills/Truckee Healthy Babies*
- *Crystal Betito, Speech-Language Pathologist, Nevada County Infant Program, Nevada County Superintendent of Schools*

Overview of Panel

The five panelists offered a huge amount of information. We learned that there is good coordination between their organizations for referrals and services, and good coordination within organizations between service

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CSN Vision Statement

All families in Nevada County have ready access to a well-integrated and coordinated support network that is easily available and well funded.
Community Support Network of Nevada County ~ www.csnn.org ~ csnncorg@gmail.com ~ 530-913-0270 (messages)

providers and clients. Because of the detailed nature of the information, these minutes are providing info about the speakers, links to the three PowerPoints that were presented (posted on the CSN website with their gracious permission), and links to selected brochures and publications that provide comprehensive information about services provided by Alta California Regional Center. Key points of Jan MacDonald's presentation are in the minutes because she spoke independently of a PowerPoint. California Children's Services (CSS) is the only program that has an income requirement, unless child was adopted with a CSS eligible condition at the time of adoption (see brochure link at Jennifer Hughes info below).

Jessica Markov, Client Services Manager, Alta California Regional Center

Web: <https://www.altaregional.org/post/grass-valley-0>

<https://www.altaregional.org/what-alta-regional-center>

<https://www.altaregional.org/resources>

Some Programs: Early Start (birth to 36 months); Eligibility under the Lanterman Act (age 3 and older)

Eligibility: Residents of the following counties can be assessed for eligibility: Alpine, Colusa, El Dorado, Nevada, Placer, Sacramento, Sierra, Sutter, Yolo, and Yuba. See brochure called *General Overview Brochure - Alta California Regional Center (ACRC)* for more info.

Selected brochures and publications from ACRC website (much more info on website):

- *General Overview Brochure - Alta California Regional Center (ACRC)* ~

<https://www.altaregional.org/publications-brochures>

- *Early Start Program* ~ <https://www.altaregional.org/publications-brochures>

- *Family Guide to Children's Services* ~ <https://www.altaregional.org/post/family-guide-childrens-services>

- *Transition from School to Adult Services Guide and Tools to Explore Day Services* ~

<https://www.altaregional.org/post/transition-school-adult-services-guide-and-tools-explore-day-services>

Eli Gallup, Associate Superintendent, Special Ed./SELPA (Special Education Local Plan Area), Nevada County Superintendent of Schools

Web: <http://nevco.org/programs-services/special-education/>

Programs: From PowerPoint: Special Education is specially designed instruction, at no cost to the parents, to meet the unique needs of a child with a disability. Special Education services can be available from birth through the individual's 22nd birthday. Special Education is a service, not a place. Maintain programs and service that promote opportunities for individuals with disabilities to achieve at a level commensurate with their ability.

Eligibility: Between the ages of 3 –22; Two Pronged Test: 1. Meets the definition of an individual with a disability; 2. Disability must: adversely affect educational performance and require special education.

Eli's PowerPoint: <http://csnnc.org/meetings/>

Jennifer Hughes, Supervising Public Health Nurse, Nevada County Public Health, California Children's Services and the MTU (Medical Therapy Unit)

Web: <http://www.dhcs.ca.gov/services/ccs/Pages/default.aspx>

<https://www.mynevadacounty.com/566/CCS-Medical-Therapy-Unit-Program>

Some Programs: From PowerPoint: (California Children's Services is a) Statewide Program that provides funding for treatment of children with certain physical limitations and chronic health conditions or diseases. Arranges, directs, and pays for medical care, equipment, and rehabilitation when these services are authorized by the program and the child is eligible for services.

Eligibility: From PowerPoint: CCS Eligibility: Under 21 years of age; permanent residence of the California county in which you apply; adjusted family gross income of <40,000/year OR if the child's medical cost the

family more than 20% of the family's yearly income; no income requirement if a child was adopted with a CCS eligible condition at the time of adoption; eligible medical condition.

From PowerPoint: Medical Eligibility: CCS does not cover ALL medical conditions; generally covers medical conditions which are: physically disabling, need to be treated with medications, surgery, or rehabilitation

Jennifer's PowerPoint and California Children's Services brochure: <http://csnnc.org/meetings/>

Jan MacDonald, Program Supervisor, Foothills and Truckee Healthy Babies

Web: <https://www.caofnc.org/foothills-truckee-healthy-babies>

Some Programs: Do assessments on a regular basis: administer the Ages and Stages Questionnaire (ASQ), a standardized screening test. Also administer Social & Emotional Test. ASQ can indicate if further assessment is needed.

Eligibility: The *Foothills and Truckee Healthy Babies* (FTHB) home visiting program is for pregnant women and mothers with newborns (up to 3 months of age) and their families who are in need of support.

General Info: Foothills and Truckee Healthy Babies has sites in Nevada City and Truckee. Serve people in English and Spanish. Program is voluntary. Serve kids 0-5 years old. If a child is identified as having a suspected delay, they get an appropriate referral (Infant Program, ACRC, or appropriate education district). FTHB supports family and collaborates with the agency family was referred to. Regular assessments are important because some families are not in situations where they would otherwise learn there might be a suspected developmental delay. If child does have a developmental delay, family is given info to help them work with the child in the home environment.

Q: In the guiding of parents that you do, are there difficulties in navigating the system or gaps you have seen or become aware of?

A: Jan - If a program is full, they may need to be referred elsewhere, but no one has gone without services. Sometimes need to wait to get assessments done (e.g. when Infant Program is closed in the summer).

A: Joyce Ash - Home visitors assist the family in navigating the system, which is quite complicated.

Q: How do Infant Program and ACRC coordinate referrals? Is there communication between the agencies to figure out where to refer child?

A: Jennifer - There is an initial meeting with team of service providers from agencies that develops a plan with the family. All the testing is home based so child is in familiar environment.

Crystal Betito, Speech-Language Pathologist, Nevada County Infant Program, Nevada County Superintendent of Schools

Web: <http://nevco.org/programs-services/special-education/se-services/>

Program purpose: From PowerPoint: to enhance the development of young children with disabilities, minimize their potential for developmental delay, reduce their future need for special education and related services, and enhance the ability of their families to meet their special needs.

Eligibility: From PowerPoint: A referral may be made to NCIP or the regional center by phone, fax, email, or in person by the parent, a doctor, or any other service provider. Assessments are family-directed and voluntary. Families are given the opportunity to participate in all decisions regarding eligibility and services.

Crystal's PowerPoint: <http://csnnc.org/meetings/>

Q&A

Q: There are Hispanic parents and grandparents concerned about DACA. There is a lot of fear in the community. Is it maybe keeping people from seeking services?

A: Jessica - ACRC has info on website in Spanish to answer questions - on page called Resources.

Jan - FTHB hasn't noticed a drop in numbers. There are resources available for getting questions answered and concerns addressed.

Lindsay - Lack of drop off may be because people know providers so well.

Q: To Crystal or Eli: Is the (Early Start) program you just described mandated in all school districts of California?

A: 0-3 responsibility is typically with county office of education. At age 3 local school districts take on responsibility.

Q: Is there a referral process in place of collaboration with local hospital and midwives with influx of positive toxicology screening of newborns?

A: Jennifer: A tox positive infant is referred to CPS. Not all babies get tested, but those who do and need services, get them.

Q: Danita Sorenson: Concerned about kids who are older, e.g. high school. They age out of services. Young adults (and their families) fall through the cracks. What resources and support are there for families and youth 18 and older?

A: Jessica - Once a student has a HS diploma or certificate of completion they may be eligible for some services: Department of Rehabilitation; workability program; a few day programs; comes back to the planning team meeting.

Danita - They get referred to county mental health...some end up homeless

Jessica - ACRC collaborates with Nevada County Behavioral Health to ascertain who might be able to provide services. There are some legal constraints. If over 18 and not conserved they're working directly with the client.

Jennifer - This (the aging out of services) is a real problem.

Danita - What can we do to be proactive for this population?...need to talk about conservatorship, etc. early because it's a long process psychologically and legally.

Jennifer - ACRC has publications that provide info for helping to make decisions (for example: Transitioning From School to Adult Services guide and Family Guide to Children's Services see links above).

Collaboration Mixer – A chance to get better acquainted in small groups.

Network Announcements - Omitted due to lack of time.

Meeting Evaluations – Attendees filled out evaluation forms.

Adjournment – Next meeting April 4, 2018, Gene Albaugh Community Room, at the Madelyn Helling Library.

2018 CSN Partner Meeting Dates ~ January 3, February 7, March 7, April 4, May 2, June 6, July & August-hiatus, September 5, October 3, November 7, December-hiatus

Community Support Network of Nevada County Meeting Agreements

- Make decisions by consensus.
- Create an atmosphere of mutual respect that includes active listening and listening without judging.
- Start and end on time.
- Maintain a sense of humor and a positive attitude.
- Bring concerns to the whole group. Don't take them to the parking lot after the meeting.
- Set up the room in an inclusive way.
- Take responsibility for a task only if you have the time to accomplish it.
- Everyone is empowered to be a process observer and take ownership for the health of the meeting and is responsible for the health of the whole meeting.
- Be sensitive to others' need for more information. Make sure everyone understands.
- Be careful of injecting your self-interest and label it as such. Be able to layout your agency's interest and be open to other's interests.
- Meetings are meaningful and have a shared purpose.
- This is a living document and can be changed as needed.

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### Developmental Issues & 40 Assets – March 7, 2018

While some of the 40 experiences & qualities that make up the 40 Assets may be more difficult to gain for those with developmental issues, most are not. All of us can boost the assets in any child, or adult, by being consistent with simple, caring behaviors:

|                           |                                                |
|---------------------------|------------------------------------------------|
| Noticing                  | Helping when help is needed                    |
| Acknowledging             | Praising successes                             |
| Smiling                   | Being respectful                               |
| Greeting by name          | Allowing for differences in interests & skills |
| Listening                 | Allowing for mistakes                          |
| Taking concerns seriously |                                                |

Asset #2 Family provides high levels of love and support.

Asset #3 Parents and youth communicate positively.

Asset #4 Young person receives support from 3 or more adults in addition to parents.

Asset #5 Young person experiences caring neighbors.

Asset #6 School provides a caring and encouraging environment.

Asset #7 Young person feels that adults in the community values youth.

"Making one person smile can change the world--maybe not the whole world, but their world." (Anon)

To learn more about the 40 Developmental Assets (Got40?), call: 530-271-5617 or email: [info@Got40.org](mailto:info@Got40.org) or [NedRussell@pacbell.net](mailto:NedRussell@pacbell.net).