



# PARTNERS Press

March/April 2018

[www.partnersfamilyresourcecenters.org](http://www.partnersfamilyresourcecenters.org)



## What's Inside?

- Got 40? Tip of the month!
- GREAT Summer Youth Academy
- Running Shoe Raffle!
- Trout Derby
- Get Moving!
- Step Up to Kindergarten!
- And more!



Spring is around the corner, and the grass IS green! It's time to get outside and enjoy the beauty of our community. See the information about the GET MOVING! Program on page 2. The whole family can participate in this FUN event—for your health! The FRC is full of information and resources for your family.



### HOURS:

**Monday—Thursday: 9am-4pm**

**Fridays: 9am-1pm**

Come by or call! **Phone: 273-4059**

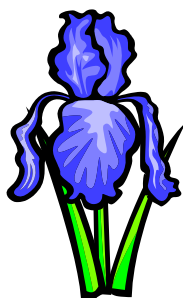


## Parenting Classes

Seeking support with one of the hardest jobs—parenting? There are a variety of classes offered at the Family Resource Centers!

- **Circle of Security: ages 0-3**  
Weds. April 4-May 23; 5:30-7:00pm  
GV Charter School
- **The Power of Positive Parenting: ages 2-12**

For information on other parenting classes taking place at PARTNERS & in the community call Karen or Viki: 273-4059



## Upcoming Events

### Step-Up To Kindergarten!!!

First 5 Nevada County is offering a **FREE** Kindergarten Readiness Camp for Nevada County children with no pre-school experience or who need a boost to get ready.

**Weds., July 11—Tues., July 31**  
**9am-Noon 5 days/week**

Spaces available at Alta Sierra, Bell Hill, Cottage Hill, Deer Creek, Scotten, & Union Hill. Call Sandi to register or to get more information: 530-274-5361

### Grass Valley Sportsmen's TROUT DERBY

**April 21st 7:00am-1:00pm**  
**Nevada County Fairgrounds**  
**Lions Lake—Grass Valley**

Free to all children ages 3-12 yrs old!  
Rain or shine. Sign-in begins at 7am.  
Fishing from 8am-12noon.  
Bring your own fishing equipment.  
[no pets allowed at this event]  
530-265-8397 5pm-9pm



## Circle of Friends

**Toddler Play Group**

**Tues. Wed. Fri.**

**10:00—11:30**

**Registration required**



**Contact Viki**  
**at 530-273-4059**  
**For registration**  
**information**



**Crafts**  
**Story time**  
**Movement**  
**Hands on play**



## MORE CLASSES AT THE GV FRC

**ESL—English as a Second Language**

Tuesdays 12:30pm-2:30pm

All home languages welcome!

**GED/High School Diploma**

Wednesdays 12:30pm-2:30pm



## Tip of the month from 40 Assets

**Tip – Youth spend time in organized, creative activities & less time “hanging out with nothing special to do”**

It's time to start thinking about organized summer activities: sports, camps, clubs, scouts, 4H, GREAT, etc. Think about lessons for older kids: music, drawing/painting, dance, acting, etc. These activities are missing from many teenagers' lives. Many offer reduced fees if needed. Explore volunteer opportunities such as animal shelters or helping plant a neighbor's garden. Support their passion, or help them develop one.

To learn more about the 40 developmental assets (Got 40?), call 271-5617 or e-mail



## G.R.E.A.T Summer Youth Academy

Applications are available  
beginning **APRIL 1st**  
at the FRC and online at  
[www.greatsummeryouthacademy.com](http://www.greatsummeryouthacademy.com)

**Applications due by MAY 11th**

Delivered or mailed to  
**PARTNERS Family Resource Center**  
235 S. Auburn St., Grass Valley

GREAT focuses on teaching life skills  
through FUN activities and experiences  
within the community. Children learn  
good communication skills, practice good  
decision-making and refusal skills, visit  
49er Fun Park and the pool,  
and so much more!

**Children entering 6th through 8th grade  
ONLY for next school year are eligible  
for the program.**

**6th grade 6/18-22 & 7th/8th grade 6/25-29**

Participants are chosen by lottery after the  
application deadline.

**Call or stop by the FRC for more info:**  
**530-273-4059**



**Come  
check it  
out !!**

## the NEO YOUTH CENTER at 139 Joerschke Drive

The center hosts after school drop-in  
hours, workshops and weekend events.  
Stop by for games, music, art, a place to  
do homework, hang out or just for  
someone to talk to.

### NEO NEWS FLASH !!

The Youth Center will be expanding and  
be open for more awesomeness  
in the fall !!

**[www.ncneo.org](http://www.ncneo.org)**

## Running Shoe RAFFLE !

To benefit Grass Valley PARTNERS  
Family Resource Center

One ticket—\$5.00

Five tickets—\$20.00

Shoes donated by  
TRKAC Running Store  
\$120 value (your choice of shoe)

2nd prize — Garmin Watch  
3rd prize — Orange Mud Seat Cover

Stop by the GV FRC @ 235 S. Auburn  
to get your tickets or  
call 530-273-4059

for other ticket locations

**Drawing to be held on June 7th**



We can help with Medi-Cal applications and  
make referrals for CoveredCA applications  
and renewals. Hablamos español. Come by  
or call 273-4059.

Yearning for that **homegrown**  
taste?

Garden installation or  
renewal  
Starts & seeds at the  
right times  
Mentorship & Classes  
Home • School • Business

**ENROLL NOW**  
sierraharvest.org  
(530) 265-2343  
Scholarships available

**Sierra Harvest**

We can help you grow your own food!

## GET MOVING !! 2018

### 9 WEEK COMMUNITY PROGRAM

Presented by Trkac Running Store,  
Sierra TrailBlazers, Gilligan's Hillagains,  
and RunWithUs GVNC

Walkers ~ Walk/Runners  
Beginner Runners  
Experienced Runners

Join us for a **FREE** 9 week training program & find out what  
everyone's talking about!

**Starts Thursday, April 12th 6pm at NUHS Track**  
**11761 Ridge Rd, Grass Valley, CA**

Training time: 6:00pm-7:15pm Thursdays at NUHS Track  
To Sign up: stop by the Trkac Store or online at [trkac.com](http://trkac.com).  
Or sign up at the NUHS Track on April 12th.

From beginner walkers to advanced runners  
& kids Kindergarten -6th grade

QUESTIONS CONTACT: Trkac at 530-274-4422 / 101 W. McKnight Way, GV



## Events at the Library

### Madelyn Helling Library—Nevada City

Tuesdays 10:30am—Spanish Story Time  
Thursdays 4:00pm—Sing-a-long (all ages)  
Fridays 3:00pm & Saturdays 10:00am—Virtual Reality Experience

### Grass Valley Library

Wednesdays 10:30am—Mother Goose Story Time  
Thursdays 4:00pm—various fun activities (see "calendar" on the  
website)  
Saturdays 10:30am—Family Story Time

**Talking • Singing • Reading • Writing • Playing**

Madelyn Helling Library  
980 Helling Way, Nevada City  
530-265-1538

GV Library—Royce Branch  
207 Mill Street, Grass Valley  
530-470-2693

**[www.mynevadacounty.com/290/library](http://www.mynevadacounty.com/290/library)**

