

# Circle of Security® Parenting Workshop

*Journey inward for self-understanding  
And view your child through a new lens*



- \* Learn how to support your child's feelings of security –  
which makes parenting more enjoyable*
- \* Learn how parenting situations can trigger big feelings in you  
and how to handle them*
- \* Learn to observe your child's cues  
to understand what your child really needs from you*

**Location: GRASS VALLEY CHARTER/PARTNERS FRC**

**Dates: April 4<sup>th</sup> to May 23<sup>rd</sup>**

**8-week workshop ~ Wednesdays ~ from 5:30-7:00 PM**

**\$35 materials fee (scholarships available) \* Pizza \* Free childcare**

***For parents of children ages 0 to 5***

**Call Meg Luce, LMFT#47613 to register (530) 913-2745**