



**Minutes ~ November 1, 2017**

**Community Support Network Partner Meeting**

3:30 to 5:00 pm ~ Gene Albaugh Community Room at the Madelyn Helling Library

**Attending CSN Partners** – 19 attended (9 filled out evaluation forms) including: Char Weiss-Wenzl, NCPHD; Dena Valin, The Friendship Club; Heather Heckler, Connecting Point; Jennifer Singer, The Friendship Club; Joette Collier, Foothills Truckee Healthy Babies; Josie Garcia, Nevada Co. Child Support Services; Laura Toaetolu Charter, CPS; Lourdes Vose, SNCS; Loydyne Lane, Parents' Resource Guide; Melissa Parrett, NCSOS; Ned Russell, Got 40?, CSN-CAPC Board; Nick Ready, CPS; Sarah Eastberg, The Salvation Army; Serenity Madison, CoRR & Coalition for a Drug Free Nevada County; Sue Van Son, Interfaith Food Ministry; Susan Iversen, Community Beyond Violence; Virginia "Jenna" Drouin-Jones, Adoption Assistance Program, Foster Care, and CalWORKS; Whitney Polk, Foster Youth Services, NCSOS; Susan Sanford, CSN Coordinator.

**Welcome & Introductions** – Ned Russell, Got 40?, Red Cross, & CSN-CAPC Board Member

**Meeting Minutes & CSN Announcements**

Accepted minutes from October meeting; invitation to board service; Children's Bill of Rights

**40 Developmental Assets** – Ned Russell of Got 40? – Power of a Small Act of Caring

**Meeting Focus – PART 1** – *Sharing the Holiday Spirit – resources for kids and families from local organizations*  
A document with info from all participating organizations will be posted on the website with these minutes at: <http://csnnc.org/meetings/>.

**Interfaith Food Ministry** – Sue Van Son. <http://www.interfaithfoodministry.org/>  
IFM partners with local organizations including Food Bank of Nevada County, The Salvation Army, United Way. Services include holiday meals and Food Access Saturday. Upcoming FAS dates in 2017 are November 11 and December 9.

**The Salvation Army** – Sarah Eastberg – <http://grassvalley.salvationarmy.org/>  
The Salvation Army has more opportunities for Christmas Assistance sign ups on Nov. 13, 14, and 15. When families sign up TSA tries to "adopt" them out to individuals, families, and agencies to meet the Christmas wishes of those families and children. TSA works with Roamin' Angels, Women of Worth, and other organizations.

**Child Protective Services** – Laura Toaetolu Charter – <https://www.mynevadacounty.com/1023/Child-Protective-Services>. CPS works with Twin Cities Church and does trees and gift tags at several locations.

**Toy Run** – Thom Staser – <http://www.toyrun.org/>. Also on Facebook and Instagram.  
Nevada County Toy Run is in its 26<sup>th</sup> year. Thom interfaces with police, Department of Transportation, city councils, etc to organize Toy Run each year. In Nevada County they work through Big Brothers Big Sisters. In Placer County they work through Head Start, Placer Community Action Council, KidZKount to deliver things to kids.

Page 1 of 3

**CSN Vision Statement**

All families in Nevada County have ready access to a well-integrated and coordinated support network that is easily available and well funded.

Community Support Network of Nevada County ~ [www.csnnc.org](http://www.csnnc.org)

Contact ~ CSN Coordinator - [csnncorg@gmail.com](mailto:csnncorg@gmail.com) - 530-913-0270 (messages)

*The following organizations could not send representatives, but submitted information that was shared at the meeting and is included in the above-referenced document.*

The Karing Closet of Nevada County – info from Kari Stehmeyer

United Way of Nevada County – info from Megan Timpany

Big Brothers Big Sisters – info from Suze Pfaffinger

**Building the Network Moment** – Jennifer Singer and Dena Valin from The Friendship Club shared about the Gallup StrengthsFinder. <http://www.friendshipclub.org/> and <https://www.gallupstrengthscenter.com/>

- What in your strengths profile can you draw on in order to do better work?
- You can partner with people who have complementary strengths.
- Can do a team strengths grid to see the makeup of strengths on your team.
- How do your own top strengths complement each other?
- The Friendship Club uses with staff teams, with their high school girl clients (can change the girls' visions of themselves), boards
- Helps people understand each other
- StrengthsFinder has transformed the way people at TFC work together as a team.
- Allows you to acknowledge when things are taking people out of their comfort zone.
- TFC is doing a strengths series starting in January – going through April

**Meeting Focus – PART 2** – *Reviewing CSN – How Can We Best Serve Our Partners?*

Loydyne Lane and others – How many of the organizations have experience working with other organizations? What could be gained by doing more of that? Grant money? Other benefits? More collaborative events? Collaboration on food stuff and Christmas stuff is great.

Jennifer Singer – CNL is looking at offering a workshop with Kay Sprinkle Grace – Oct. 2018

Dena Valin – Time at meetings for more interaction and opportunities for exploring collaborations between organizations that serve the same or a similar constituency – for example, organizations that work with kids 0-5 could meet. Could build these breakout groups into the meeting time as the Building the Network Moment is built in.

### **Network Announcements**

- Serenity Madison, CoRR & Coalition for a Drug Free Nevada County – PLEAG and Family Recovery Education Series are ongoing.
- Loydyne Lane – New issue of Parents' Resource Guide is out.
- Jenna Drouin-Jones – If anyone's clients have been in county eligibility programs (CalFresh, CalWORKS, MediCare, etc), county can help provide copies of key documents that may be needed for getting other services.

**Meeting Evaluations** – Attendees filled out evaluation forms.

**Adjournment** – ***Remember we go on hiatus for December.*** Next meeting January 3, 2018, Gene Albaugh Community Room, at the Madelyn Helling Library.

***2017 CSN Partner Meeting Dates*** ~ January 4, February 1, March 1, April 5, May 3, June 7, July & August-hiatus, September 6, October 4, November 1, December-hiatus

***2018 CSN Partner Meeting Dates*** ~ January 3, February 7, March 7, April 4, May 2, June 6, July & August-hiatus, September 5, October 3, November 7, December-hiatus

Page 2 of 3

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## Community Support Network of Nevada County Meeting Agreements

- Make decisions by consensus.
- Create an atmosphere of mutual respect that includes active listening and listening without judging.
- Start and end on time.
- Maintain a sense of humor and a positive attitude.
- Bring concerns to the whole group. Don't take them to the parking lot after the meeting.
- Set up the room in an inclusive way.
- Take responsibility for a task only if you have the time to accomplish it.
- Everyone is empowered to be a process observer and take ownership for the health of the meeting and is responsible for the health of the whole meeting.
- Be sensitive to others' need for more information. Make sure everyone understands.
- Be careful of injecting your self-interest and label it as such. Be able to layout your agency's interest and be open to other's interests.
- Meetings are meaningful and have a shared purpose.
- This is a living document and can be changed as needed.

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### 40 Developmental Assets – Power of a Small Act of Caring – November 1, 2017

November and December are often very busy months for everyone, but we still can build assets in youth and adults if we are intentional in looking for opportunities.

Several quotes for Bolster Collaborative e-newsletters:

1/25/17: "Too often we underestimate the power of a touch, a smile, a kind word, a listening ear, an honest compliment, or the smallest act of caring, all of which has the potential to turn a life around." [Leo Buscaglia]

4/10/17: "It takes each of us intentionally seeing and engaging with youth in our midst to foster a supportive community. Coffee shop? Grocery store? Neighbor? Slow down and say hello." [no attribution]

2/13/17: "Relationships are the very soul of our developmental work. We know thriving cannot happen in solitude. We practice great strategies for creating relationships with young people. Today, change it up. Be intentional with the adults in your work. Take time to connect at the start of your meetings. Stop by a desk and ask about someone's weekend. Important stuff!" [no attribution]

Video: "Maria's Story"

To learn more about the 40 Developmental Assets (Got40?), call: 271-5617 or email: [info@Got40.org](mailto:info@Got40.org) or [NedRussell@pacbell.net](mailto:NedRussell@pacbell.net).

*Page 3 of 3*

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