PARTNERS FAMILY RESOURCE CENTER- 235 S. AUBURN ST., GRASS VALLEY - PHONE: (530)273-4059

PARTNERS Press

November/December 2017

www.partnersfamilyresourcecenters.org

Nevada County Superintendent of Schools

What's Inside?

- Got 40? 4 Ways to Build Assets During the Holiday Season
- Mother & Daughter Circle Group
- Homework Club
- GED & High School Equivalency
- Library News
- NEO Youth Center
- And more!

We welcome the change in seasons — here's to Autumn! And Winter is just around the corner. We look forward to some rain and snow—and cozy days with a good book and some hot chocolate! Come by the FRC and check out some of the resources and activities for you and your family. Browse the Lending Library; use the computer lab for a quiet place to study for upcoming finals, or get information on classes and events. Our FRC is full of information and resources for all ages.

HOURS ARE:

Mon-Thurs: 9:00am-4:00pm
Friday: 9:00am-1:00pm
Come by or call! **Phone: 273-4059**

Grass Valley FRC Holiday Schedule:

CLOSED:

Nov. 10, 13, 23, 24
Dec. 22, 25, 28, 29
Jan. 1, 2018

Parenting Classes

Seeking support with one of the hardest jobs of all—parenting? Take Parenting to the next level. The Power of Positive Parenting Class for Parents of Children Ages 2-12.

- Reduce Family Stress.
- Become a more confident parent.
- Create an organized, orderly family routine with ground rules that everyone knows and follows.
- Enjoy a more harmonious family environment.
- Put some new tools in your tool box.

For information on upcoming classes
Call 273-4059

CIRCLE OF FRIENDS

Toddler Play Group

M-W-F 10:00-11:30am
PRE-PREGISTRATION REQUIRED
For children 2-4yrs old
(with their parents/guardians)
Contact Viki to register
&/or to be added to the
waiting list: 273-4059
(Space is limited)

Tips of the month from 40 Assets

With a little patience and planning, the holidays can be used to nurture many aspects of the developmental foundation that kids need to succeed. Here are some ideas for you and your family.

Four Ways to Build Assets During the Holiday Season:

1. Attend holiday concerts, plays, or programs presented by young people.
2. Make celebrations about being with friends and family, rather than focused on gift giving. Start a tradition of asking all party guests to bring items to donate to a shelter.
3. Give gifts of time or activities, such as a trip to a park, an afternoon of baking, or a visit to a museum, rather than material goods to the young people in your life.
4. Develop rituals and traditions that suit your family's lifestyle even if they don't seem traditional or are different from what others are doing. Celebrate the New Year, for example, by always letting each family member choose one food as part of the meal.

To learn more about the 40 developmental assets (Got 40?), call 271-5617 or e-mail NedRussell@pacbell.net or info@got40.org.

Upcoming Events

Victorian Christmas in Nevada City

SUNDAYS, December 3, 10, 17
1:30pm-6:00pm
WEDNESDAYS, Dec. 13 & 20
5:00pm-9:00pm
Holiday activities for all ages; carriage rides, live entertainment, holiday treats, and more!

Cornish Christmas in Grass Valley 6:00pm-9:00pm

FRIDAYS, Nov. 24-Dec. 1, 8, 15, 22
Carolers, jugglers, musicians, dancers, crafts, food, and lots more!

Mother & Daughter Circle Group

MONDAYS, Nov. 6, 13, 20, 27
Girls grades 6-8 & a mother, grandma, or other special woman
Ready Springs School Library

FREE, FUN four sessions to promote healthy & sustaining bond between mothers & daughters during the transitional years from girlhood to young womanhood.

REGISTER by caling Ready Springs School Office 432-1118

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The NEO Youth Center is a free drop-in center for youth ages 11-25. The center offers a variety of activities including a pool table, ping pong, foosball, crafts, video games, board games, sports, musical instruments, homework area, wifi and more. In addition, NEO offers free workshops such as yoga, video game design, stop motion animation, etc. On the weekends NEO provides occasional events such as dances and concerts, often these events are open to college aged youth as well.

DROP-IN HOURS:

MON 3:30-6:30 *(Grades 6-8)*

TUES 3:30-6:30 *(Grades 9-12)*

WED 3-6:30 *(Grades 6-12)*

THURS 3:30-6:30 *(Grades 9-12)*

FRI 2:00-9:00 *(Ages 14-25)*

139 Joerschke Dr. in Grass Valley, CA
(next door to Bitney College Prep High School kitty-corner to Weiss Nursery)
530-470-3869

Lisa Stine with GED Students

YOUR FUTURE IS CALLING! GED & High School Diploma program at the FRC!

PARTNERS teams up with Nevada Union Adult Education and Teacher Lisa Stine to provide GED & High School Diploma preparation and a FUN place to learn. With a high school credential, more doors open to a better job, college, and the respect you deserve.

Wednesdays 12:30-2:30pm at the FRC More classes happening at other locations! Call Lisa at 477-1225 x5058 or Karen or Viki at the FRC 273-4059 for more information.

C4Yourself®
Access to Benefits. Simplified.

We can help with Medi-Cal applications and make referrals for CoveredCA applications and renewals. Hablamos español. Come by or call 273-4059.

Get involved at the FRC

VOLUNTEERS

ALGEBRA TUTOR NEEED!

Are you someone interested in helping middle school & high school students reach their potential? Perhaps a former teacher? Please contact us at the FRC!
530-273-4059

OUR CLOTHES CLOSET IS IN NEED:

Maternity clothes
Men's clothing of all sizes

Girls' clothing sizes 5-12

New (packaged) underwear for all ages

LIBRARY NEWS

HOMEWORK CLUB!
Wednesdays 3:30pm-5:00pm
at the Grass Valley Library
207 Mill Street, Grass Valley
Open to grades K-12
Drop in—no need to sign up in advance
Library staff on hand to help with homework
530-470-2693

FAMILY TECH NIGHTS

Grass Valley Library
Tuesday, Nov. 7th
4:30-5:30pm

Madelyn Helling Library
Thursday, Nov. 9th
5:30-6:30pm

Come play with tech as a family and explore what your library has to offer! No registration necessary.
Ages 5 and up!

All library events available at
Madelynhelling.evanced.info/signup/calendar
530-265-1538