

In Appreciation of Our Community



Denise Stein of Lake Wildwood hosted a Fashion Exchange Luncheon on May 10, 2017 to benefit CoRR and raised nearly \$1,500 for our recovery, child development, and housing programs. Denise has hosted this luncheon for 7 years. Each year up to 15 women bring gently used, quality clothes and accessories to "sell" to each other—with all donations benefitting CoRR. All of the clothing not "sold" is donated to women in our transitional housing programs.



On April 26, 2017, members of the 49er Rotary Club of Nevada City visited CoRR's campus bright and early to put together dozens of welcome kits for people coming into CoRR's transitional housing—sheets, towels, toiletries. CoRR now supports nearly 80 beds of transitional housing in Nevada and Placer counties. Thanks to Dick Law (president), Paula Collins, Jody Lynn Osceola and all of the 49er Rotarians who gave generously!



A huge shout out to Dr. Sean Rockwell and the Dental Wellness Center of Grass Valley who donated 1% of their hygiene product sales for the 2nd quarter of 2017 to Community Recovery Resources. We are so grateful for such great businesses in our community that support the work that we do.

CoRR Values

COMPASSION
COMMITMENT
INTEGRITY
PROFESSIONALISM

August 2017

Thank You to Our Supporters
Recovery & Wellness Series
Program Spotlight: MIR
Bill Schultz Golf Classic
CARF Accreditation
In Appreciation of Our Community

CoRR Foundation

16th Annual Bill Schultz Golf Classic



Saturday, August 26, 2017



CoRR Summer Newsletter

**Thanks to business
and foundation donors
this quarter!**



WELZ FAMILY
CHILDREN'S
FOUNDATION

Recovery & Wellness Series

Help for Children of Families with Substance Use Disorders
Presented by: Jerry Moe



CoRR was very pleased to welcome Jerry Moe, the National Director of the Children's Program at the Betty Ford Center, as our guest speaker for our Recovery & Wellness Series that was held on **Thursday, July 20, 2017**. His presentation was specifically geared towards parents, adult family members, providers and professionals who work with children ages 7 – 12 who have family members dealing with substance use disorders. We had a packed house in attendance at our Grass Valley campus. Jerry shared his extensive knowledge and experience to teach attendees how to help these children identify and express their feelings, develop self-care skills, and deepen communication with their parents/caregivers.

Jerry also trained CoRR's staff at a training Friday, July 21, 2017. CoRR will be launching a new children's program in the coming year to help Nevada and Placer county children growing up in families where substance use disorders are present. *If you'd like to know more about the program, or support it, please contact Ariel Lovett, alovett@corr.us, or check out Jerry Moe on YouTube.*



Program Spotlight: MIR

By Ariel Lovett

Maternal substance abuse is the single most preventable cause of disabilities in the unborn, a primary contributing factor in multiple health and welfare challenges for young children. Effectively addressing maternal substance use disorder presents an incredible opportunity to improve child welfare outcomes for babies and young children, including improved physical and mental health, improved social emotional development, school readiness, and reduced abuse and neglect.

In Grass Valley, Auburn, and Roseville, CoRR's Mothers in Recovery programs provide a unique opportunity for pregnant and parenting women to find recovery and support along with friendships, resource connections, parenting education, and life skills. While moms participate in women-only treatment programs, children are cared for in CoRR's on-site child development centers. The purpose of our program is to provide education, therapy, and support services bundled to create the greatest success for women and their children, as moms participate in a structured program for up to one year. The program consists of four primary activities:

- ◆ Weekly individual counseling and/or therapy sessions focus on specific client needs, including psychological challenges of substance abuse, relationships, and family dynamics.
- ◆ Up to three times weekly, group counseling and therapy groups focus on substance use disorder recovery using evidence-based curriculum.
- ◆ Ancillary services include parenting, health/wellness, nutrition, and emphasize positive connection to community resources, such as housing, employment, banking, childcare, primary care, etc. Babies and children's health and development is emphasized, including oral health and child development activities, such as promoting reading to babies/children, nutrition, and understanding key developmental stages.
- ◆ Onsite child development is provided for babies and children with mothers in the program. Little ones are nurtured and cared for by child development specialists, who also complete Ages and Stages assessments on all children to understand where they are in their development, and identify any areas needing further support—as well as celebrating their developmental accomplishments!

Community resources are emphasized as well, and the community supports this program; for example, programs may distribute toothbrushes donated from a local dentist to complement oral health education, share donated children's books, or bring in local banks to help women learn to budget and improve credit.

With these supports, CoRR is part of tremendous positive change women achieve in their lives.



In anonymous surveys, women expressed how the program has helped them in recovery, with over 90% affirming that MIR is a quality program that has changed their lives.

- ◊ "The staff caring about my problems and listening to me."
- ◊ "The support and love I got from the staff."
- ◊ "The groups are great! I especially enjoy learning about parenting through the parenting group."
- ◊ "Learning how to express my feelings in a healthy way, and learning that I have control of my feelings."
- ◊ "Being informed of other community resources that are available to me, and educating me on the effects of Alcohol on the mind and body."
- ◊ "The staff were encouraging and positive, non-judgmental and really made me feel hopeful that I could succeed in recovery."
- ◊ "The way the program has taught me to advocate for myself and gave me principles to apply to my life."
- ◊ "Ways to stay clean and communicate and set boundaries."

CoRR Receives 3 Year CARF Accreditation

Great news! Thanks to the efforts of everyone in our Tribe, we have received another 3 year accreditation from CARF. We have some work to do with forms and policies, but all of our programs passed with no recommendations (round of applause!). We are accredited for Withdrawal Management (Detox), Residential, Inpatient, PHP, Intensive Outpatient and Outpatient services for both Adults and Adolescents.

Some of the notable strengths noted about CoRR by the surveyors:

- ◆ CoRR has an excellent reputation in the communities it serves.
- ◆ CoRR demonstrates cultural competence in a number of areas. The staff seeks out opportunities to connect with underserved populations to increase engagement.
- ◆ The organization utilizes innovative practices and approaches throughout its programs.
- ◆ Staff presented as enthusiastic and committed to CoRR and the persons served.

We were commended on all of our programming thanks to the efforts of our Tribe. Thank you all for the part you have in making us GREAT!

Elaine Bailey
Operations Director



CoRR (Community Recovery Resources)
@commrecovery



The Parent Project is a 10-week program that provides parents with concrete, straightforward, step-by-step solutions for their teens.

AUBURN

12183 Locksley Lane
Tuesdays

6 p.m. – 9 p.m.
9/12/17 – 11/14/17

ROSEVILLE

730 Sunrise Avenue
Wednesdays

6 p.m. – 9 p.m.
9/13/17 – 11/15/17

Contact Stephanie Sadhu
916-786-3737, ext. 313 or ssadhu@corr.us



CoRR Foundation 16th Annual Bill Schultz Golf Classic



Join us at the 16th Annual Bill Schultz Golf Classic on Saturday, August 26, 2017 at the exquisite Alta Sierra Country Club. This tournament has grown over the years and has proven to be one of our community's favorite tournaments, with the support of donors like you and enthusiastic players.

Bill Schultz' leadership in the community through his service as a supervisor and his efforts in establishing and supporting recovery programs is deeply appreciated by so many in this community.

Please visit this link to register and/or become a sponsor of this event: <https://www.corr.us/bill-schultz-golf-classic/>. If you have any questions, please contact Rachel Kaloian, CoRR Development Director, at rkaloian@corr.us or 530-273-9541, Ext. 226.

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