

AGENDA ~ October 5, 2016

Community Support Network Partner Meeting

3:30 to 5:00 pm ~ Gene Albaugh Community Room at the Madelyn Helling Library

- 3:20 – 3:30 **Greet Incoming Partners** – Susan Sanford, Coordinator
Please sign in. Partners may place announcements to share on the back table.
- 3:30 – 3:40 **Welcome & Introductions** – Rossnina Dort, MA ECE, LPC|EQ Coordinator, Child Care Coordinating Council and CSN-CAPC Board
- 3:40 – 3:45 **Meeting Minutes** – Accept minutes from September meeting
- 3:45 – 3:50 **40 Developmental Assets** – Ned Russell of Got 40?
Developmental Asset #10 – Safety
- 3:50 – 4:45 **Meeting Focus** – "The Effects of Combat Stress on Veterans and their Families"
Presenter ~ Page Brown, Psy.D.
Dr. Brown is a clinical psychologist in Grass Valley who works with veterans and their families in private practice and in affiliation with Welcome Home Vets.
- 4:45 – 4:55 **Building the Network** – Julie Carrara, Executive Director, Welcome Home Vets
- 4:55 – 5:00 **Network Announcements and Meeting Evaluation** – Partners may make short announcements about upcoming events/programs. Attendees complete meeting evaluation forms and leave in designated box at back of meeting room.
- 5:00 **Adjournment** - Next meeting: November 2, 2016, Gene Albaugh Community Room, at the Madelyn Helling Library. ***Please pick up any materials you displayed on the back tables. We welcome your help stacking tables and chairs. Thank you!***

2016 CSN Partner Meeting Dates ~ January 6, February 3, March 2, April 6, May 4, June 1, July & August-hiatus, September 7, October 5, November 2, December-hiatus

2017 CSN Partner Meeting Dates ~ January 4, February 1, March 1, April 5, May 3, June 7, July & August-hiatus, September 6, October 4, November 1, December-hiatus

CSN Vision Statement

All families in Nevada County have ready access to a well-integrated and coordinated support network that is easily available and well funded.

Community Support Network of Nevada County ~ www.csnn.org

Contact ~ CSN Coordinator - csnncorg@gmail.com - 530-913-0270 (messages)

Community Support Network of Nevada County Meeting Agreements

- Make decisions by consensus.
- Create an atmosphere of mutual respect that includes active listening and listening without judging.
- Start and end on time.
- Maintain a sense of humor and a positive attitude.
- Bring concerns to the whole group. Don't take them to the parking lot after the meeting.
- Set up the room in an inclusive way.
- Take responsibility for a task only if you have the time to accomplish it.
- Everyone is empowered to be a process observer and take ownership for the health of the meeting and is responsible for the health of the whole meeting.
- Be sensitive to others' need for more information. Make sure everyone understands.
- Be careful of injecting your self-interest and label it as such. Be able to layout your agency's interest and be open to other's interests.
- Meetings are meaningful and have a shared purpose.
- This is a living document and can be changed as needed.

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### **Developmental Asset #10 – Safety – October 5, 2016**

Young person feels safe at home, in school, and in the neighborhood.

Safety, both physically and emotionally, has to be the most important asset a child has at home. If not provided at home, it must be present somewhere, and with someone, for a child to thrive. Safety at school is essential for learning. Ideally, it will be present everywhere in the community.

- Everyone needs to notice children without many friends, and those not participating, avoiding school, or with unusual traits (in the most general meaning of the word) that might make them outcasts or targets of others.
- Parents and all school adults (teachers, bus drivers, board members, others) need a focus on a healthy school climate and be aware of and respond to all types of bullying and violence at school.
- All organizations (gov., social service agencies, businesses, teams, etc.) need to practice positive communication in the workplace (where bullying is not rare), to influence what happens outside of the workplace as well as inside.
- Parents need to be aware of what their children send and receive on the internet and what tools are available to help them.
- Personally, each of us can take responsibility for safety in our neighborhood, and be the someone providing safety for a child who doesn't feel it at home.

To learn more about the 40 Developmental Assets (Got40?), call 530-271-5617 or email [info@Got40.org](mailto:info@Got40.org) or [NedRussell@pacbell.net](mailto:NedRussell@pacbell.net).

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