

**Minutes ~ March 2, 2016**  
**Community Support Network Partner Meeting**

3:30 to 5:00 pm ~ Gene Albaugh Community Room at the Madelyn Helling Library  
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**Attending CSN Partners** – 34 attended (14 filled out evaluation forms). Alice Johnson, 211 Nevada County; Amie Weaver, SNCS; Amy Spencer, Kiwanis; Barb Smith, Adult Family Services Commission; Cheryl Rubin, Western Sierra Medical Clinic; Donna Fry, Nevada County Public Health; Donna Raibley, One Source-Empowering Caregivers; Frank Edwards, Shriners; Gem Platte, One Stop (AFWD); Heather Heckler, IHSS Public Authority; Helen Williamson, NAMI/Nevada County Mental Health Board; Hilary Hodge, Sierra Commons; Janella Kirkman, SPIRIT Peer Empowerment Center; Janice' Moule, Kiwanis; Jennifer Morrill, SPIRIT Peer Empowerment Center; Joyce Ash, Child Advocates of Nevada County; Karen Poskus, Kiwanis; Lael Walz, EMQFF/SFMC/NAMI; Laura Harter, Child Advocates of Nevada County; Loydyne Lane, Parents' Resource Guide; Lynton Daniel, Shriners; Mali Dyck, DSS CalWORKs; Marley Mueller, CoRR; Melissa Marcum, NCSOS; Melissa Parrett, NCSOS; Michelle Young, Sierra Forever Families; Ned Russell, Got 40?, Drug Free Coalition, CSN; Nick Ready, CPS; Sheri Meckler, NCAT/Reach Family Counseling; Tamaran Cook, DSS; Teresa Langness, Full-Circle Learning; Valerie Dembrowsky, Nevada Union Adult Ed; Vicki Winters, Salvation Army; Susan Sanford, CSN Coordinator.

**Welcome & Introductions** – Ned Russell of Got 40?

**Meeting Minutes**

- Announced correct titles for Cindy Wilson, who facilitated the February meeting. She is Director of Public Health Nursing and Maternal Child Adolescent Health Director.
- With correction noted, accepted minutes from February meeting.

**40 Developmental Assets** – Ned Russell of Got 40?

Asset Building Affirmations ~ details on last page of minutes

**CSN & CAPC Explained** – Missions, connection, and are CSN meeting topics enriching you personally and professionally? – Ned Russell provided an overview then posed the following questions and asked people to answer on the back of their evaluation forms:

- How many of the last 3 CSN meetings did you attend?
- How many in the past year?
- Why did you miss meetings - busy at work, busy in personal life, topic, meeting minutes are good so don't need to attend, other?
- Do you feel connected? Enriched personally? Enriched professionally?
- List one or two topics you'd like to see as the meeting focus in the near future
- List any ideas for possible changes in meeting structure - more of this, less of that, etc.
- Any comment on goals, mission, etc.

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**CSN Vision Statement**

All families in Nevada County have ready access to a well-integrated and coordinated support network that is easily available and well funded.

*Community Support Network of Nevada County ~ [www.csnn.org](http://www.csnn.org)*

*CSN Coordinator – Susan Sanford, 530-913-0270 (messages), [csnncorg@gmail.com](mailto:csnncorg@gmail.com)*

**Meeting Focus** – "One Giant Network Moment"

One person from each organization answered this question within 2-3 minutes: What would you like colleagues in the community to know and understand about your organization? The e-document referred to in the third column of the following list will be posted on the CSN website Meetings page along with these minutes.

| Speaker # | Speaker                                                                                                                                                                                 | Info submitted for e-doc |
|-----------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------|
| 1         | <b>Valerie Dembrowsky</b> , Nevada Union Adult Education, vjdembro@gmail.com                                                                                                            | Y                        |
| 2         | <b>Melissa A. Marcum</b> , MSW PPS, Programs Coordinator<br>Nevada County Foster Youth Services, Independent Living Program,<br>THP+ & Indian Education, mmarcum@nevco.org, NCSOS       | N                        |
| 3         | <b>Mali Dyck</b> , Program Manager CalWORKS Employment Services<br>County of Nevada Department of Social Services, Mali.Dyck@co.nevada.ca.us                                            | Y                        |
| 4         | <b>Hilary Hodge</b> , Executive Director of Sierra Commons, Nevada County's<br>Business Education Center and Coworking Space, hilary@sierracommons.org                                  | Y                        |
| 5         | <b>Sheri Meckler</b> , Office Manager, Northern California Abuse Treatment (NCAT),<br>sheri@omsoft.com                                                                                  | Y                        |
| 6         | <b>Tamaran Cook</b> , Nevada County Public Guardian, Program Manager Adult<br>Services, tamaran.cook@co.nevada.ca.us                                                                    | Y                        |
| 7         | <b>L.J. Daniel</b> , Secretary, Shriners (Tommyknockers Shrine Club of Nevada<br>City), pretcisco@gmail.com                                                                             | Y                        |
| 8         | <b>Laura Harter</b> , Executive Director, Child Advocates of Nevada County,<br>laura@caofnc.org                                                                                         | Y                        |
| 9         | <b>Lael Walz</b> , President, NAMI Nevada County, jdwlaw@hotmail.com                                                                                                                    | Y                        |
| 10        | <b>Lenda Welz</b> , Founder and President, Welz Family Children's Foundation,<br>childrensfoundation@comcast.net or lendaw@comcast.net                                                  | Y                        |
| 11        | <b>Gem Platte</b> , Alliance for Workforce Development / Nevada County Business<br>and Career Network (AKA OneStop), gplatte@ncen.org                                                   | N                        |
| 12        | <b>Alice Johnson</b> , 211, alicej@ns-pa.org                                                                                                                                            | Y                        |
| 13        | <b>Teresa Langness</b> , Full-Circle Learning, TLangness@gmail.com                                                                                                                      | Y                        |
| 14        | <b>Amie Weaver</b> , Network Specialist, Sierra Nevada Children's Services,<br>amiew@sncs.org                                                                                           | N                        |
| 15        | <b>Donna Raibley</b> , Executive Director, One Source - Empowering Caregivers,<br>draibley@empoweringcaregivers.org                                                                     | Y                        |
| 16        | <b>Janice' Moule</b> , President, Kiwanis of the Gold Country, moule@gv.net                                                                                                             | Y                        |
| 17        | <b>Dianne Marshall</b> , Nevada County Friends of<br>Collaborative Courts, a fund under the care of the CA Collaborative<br>Justice Courts Foundation, donorservices@ccjcfoundation.org | Y                        |
| 18        | <b>Donna Fry</b> , BSN, RN, Sr.PHN, CLC, Maternal, Child and Adolescent Health<br>Coordinator<br>Nevada County Public Health Department, Donna.fry@co.nevada.ca.us                      | N                        |
| 19        | <b>Marley Mueller</b> , Development Associate, Community Recovery Resources,<br>mmueller@corr.us                                                                                        | Y                        |
| 20        | <b>Vicki Winters</b> , The Salvation Army, vicki.winters@usw.salvationarmy.org                                                                                                          | N                        |

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|----|-------------------------------------------------------------------------------------------------------------------------------------------------|---|
| 21 | <b>Loydyne Lane</b> , Advertising & Marketing Director, Parents' Resource Guide,<br>loydyne@sierrasourcemedia.com                               | N |
| 22 | <b>Melissa Parrett</b> , Nevada County Superintendent of Schools Office,<br>mparrett@nevco.org                                                  | N |
| 23 | <b>Michelle Young</b> , Permanency Specialist, Sierra Forever Families,<br>myoung@sierraff.org                                                  | Y |
| 24 | <b>Donna Cobb</b> , <i>Administrative Assistant, United Way, admin@uwnc.org</i>                                                                 | Y |
| 25 | <b>Espi Espinoza</b> , WarmLine Family Resource Center, Outreach Coordinator,<br>WarmLine FRC, espi@warmlinefrc.org or warmline@warmlinefrc.org | Y |
| 26 | <b>Cheryl Rubin</b> , Planning and Development Director, Western Sierra Medical<br>Clinic, cherylr@wsmcmed.org                                  | N |
| 27 | <b>Janella Kirkman</b> , Executive Director?, SPIRIT Peer Empowerment Center,<br>530-274-1431                                                   | N |
| 28 | <b>Heather Heckler</b> , Communications Manager, IHSS Public Authority,<br>heatherh@ns-pa.org<br><i>italics means "in absentia"</i>             | N |

**Meeting Evaluations**

**Adjournment** - 4:45 pm

***2016 CSN Partner Meeting Dates ~ January 6, February 3, March 2, April 6, May 4, June 1, July & August-hiatus, September 7, October 5, November 2, December-hiatus.*** Gene Albaugh Community Room, at the Madelyn Helling Library.

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## Community Support Network of Nevada County Meeting Agreements

- Make decisions by consensus.
- Create an atmosphere of mutual respect that includes active listening and listening without judging.
- Start and end on time.
- Maintain a sense of humor and a positive attitude.
- Bring concerns to the whole group. Don't take them to the parking lot after the meeting.
- Set up the room in an inclusive way.
- Take responsibility for a task only if you have the time to accomplish it.
- Everyone is empowered to be a process observer and take ownership for the health of the meeting and is responsible for the health of the whole meeting.
- Be sensitive to others' need for more information. Make sure everyone understands.
- Be careful of injecting your self-interest and label it as such. Be able to layout your agency's interest and be open to other's interests.
- Meetings are meaningful and have a shared purpose.
- This is a living document and can be changed as needed.

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### 40 Developmental Assets - Asset Building Affirmations - March 2, 2016

*Are these affirmations concerning asset building part of your life? For **all people** from newborns to elders?*

1. I am a powerful asset builder in the lives of others in my community.
2. I know and use people's names regularly when I see them.
3. I focus daily on people's gifts and talents.
4. I help people use their strengths to overcome their deficits.
5. I regularly encourage other adults in my community to build assets with other people.
6. When people are in trouble, I begin my interactions with them by focusing on their strengths.
7. Each day, I'm involved in spontaneous acts of asset building.
8. I'm expanding my positive influence by pursuing relationships with people I don't know.
9. At least weekly, I do something for or with another person that goes beyond their normal expectations.
10. I work hard to maintain relationships with people with whom I'm already connected.
11. I have high expectations for myself, my neighbors, and people in my community.
12. I take the time to listen when people speak to me.
13. I take the initiative in engaging people positively.
14. I smile at and make eye contact with people as I go about my day.
15. I believe my power as an asset builder comes from the relationships that I develop with others.
16. I engage people positively at home, school, work, and in the community.

*To learn more about 40 Developmental assets (Got40?), 530-271-5617, [info@Got40.org](mailto:info@Got40.org), or [NedRussell@pacbell.net](mailto:NedRussell@pacbell.net).*

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