

## AGENDA ~ May 4, 2016

### Community Support Network Partners Meeting

3:30 to 5:00 pm ~ Gene Albaugh Community Room at the Madelyn Helling Library

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- 3:20 – 3:30 **Greet Incoming Partners** – Susan Sanford, Coordinator  
*Please sign in. Partners may place announcements to share on the back table.*
- 3:30 – 3:40 **Welcome & Introductions** – Joyce Ash, Program Manager, Foothills/Truckee Healthy Babies, and a CSN Steering Committee member
- 3:40 – 3:50 **Meeting Minutes & Appreciations**
- Accept minutes from April meeting
  - Honoring Cindy Santa Cruz-Reed and Lael Walz
- 3:50 – 3:55 **40 Developmental Assets** – Ned Russell of Got 40?  
Positive Relationships - Core principle of 40 Developmental Assets
- 3:55 – 4:45 **Meeting Focus** – "Mental Health Crisis Resources"
- Joy Nocerino, Program Director, Insight Respite Center, a program of Turning Point Community Programs
  - Darryl Quinn, Adult Program Manager, Nevada County Behavioral Health which works closely with the Crisis Stabilization Unit
- 4:45 – 4:50 **Building the Network** – Helen Williamson, National Alliance on Mental Illness (NAMI) and Nevada County Mental Health Board
- 4:50 – 5:00 **Network Announcements and Meeting Evaluation** – Partners may make short announcements about upcoming events/programs. Attendees complete meeting evaluation forms and leave in designated box at back of meeting room.
- 5:00 **Adjournment** – Next meeting: June 1, 2016, Gene Albaugh Community Room, at the Madelyn Helling Library. ***Please pick up any materials you displayed on the back tables. We welcome your help stacking tables and chairs. Thank you!***

***2016 CSN Partner Meeting Dates ~ January 6, February 3, March 2, April 6, May 4, June 1, July & August-hiatus, September 7, October 5, November 2, December-hiatus***

#### CSN Vision Statement

All families in Nevada County have ready access to a well-integrated and coordinated support network that is easily available and well funded.

*Community Support Network of Nevada County ~ [www.csnn.org](http://www.csnn.org)*

*Contact ~ CSN Coordinator - [csnncorg@gmail.com](mailto:csnncorg@gmail.com) - 530-913-0270 (messages)*

## Community Support Network of Nevada County Meeting Agreements

- Make decisions by consensus.
- Create an atmosphere of mutual respect that includes active listening and listening without judging.
- Start and end on time.
- Maintain a sense of humor and a positive attitude.
- Bring concerns to the whole group. Don't take them to the parking lot after the meeting.
- Set up the room in an inclusive way.
- Take responsibility for a task only if you have the time to accomplish it.
- Everyone is empowered to be a process observer and take ownership for the health of the meeting and is responsible for the health of the whole meeting.
- Be sensitive to others' need for more information. Make sure everyone understands.
- Be careful of injecting your self-interest and label it as such. Be able to layout your agency's interest and be open to other's interests.
- Meetings are meaningful and have a shared purpose.
- This is a living document and can be changed as needed.

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### Positive Relationships – Core principle of 40 Developmental Assets – May 4, 2016

"... the quality of parent-child relationships is 10 times more powerful than demographics (race, ethnicity, family composition, and family income) in predicting whether children are developing critical character strengths they need to be their best in school and in life...."

- Relationships are most powerful when they involve five essential actions:
  1. **Express Care:** Show that you like me and want the best for me.
  2. **Challenge Growth:** Insist that I try to continuously improve.
  3. **Provide Support:** Help me complete tasks and achieve goals.
  4. **Share Power:** Hear my voice and let me share in making decisions.
  5. **Expand Possibility:** Expand my horizons and connect me to opportunities.
- Sharing power was the most consistently and most strongly associated with a range of important character strengths. However, it is one of the least common things parents do.

The text above is from [www.ParentFurther.com](http://www.ParentFurther.com)'s description of Search Institute's "Don't Forget the Families," a study of 1,085 parenting adults of 3 - 13-year-olds. Although Search Institute is aiming this toward families, it is applicable for neighbors and community members in building positive relationships with youth (Assets 1-8, +), and for organizations in building relationships with employees and clients.

To learn more about the 40 Developmental Assets (Got40?), call 530-271-5617 or email [info@Got40.org](mailto:info@Got40.org) or [NedRussell@pacbell.net](mailto:NedRussell@pacbell.net).

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