

Minutes ~ November 4, 2015

Community Support Network Partners Meeting

3:30 to 5:00 pm ~ Gene Albaugh Community Room at the Madelyn Helling Library

Attending CSN Partners – 21 people attended (17 signed in/9 filled out eval forms), including: Ariel Lovett, CoRR; Carol Viola, Grass Valley School District; Cindy Santa Cruz-Reed, Sierra College and Helping Hands Nurturing Center; Cindy Wilson, Nevada County Public Health Dept.; Doreen Peters, CoRR; Elena Bennett, NCSSAR CI Team; Helen Williamson, NAMI/Nevada County Mental Health Board; Joette Collier, Foothills Truckee Healthy Babies; Jolene Hardin, AFLP; Joyce Ash, Child Advocates of Nevada County; Kristen McGrew, PARTNERS FRC; Lael Walz, EMQFF/SFMC/NAMI; Lindsay Dunckel, First 5; Loydyne Lane, Parents' Resource Guide; Marcia Westbrook, Child Care Coordinating Council; Mary DeWitt, Community Member; Meg Luce, PARTNERS FRC; Ned Russell, Got 40?, Drug Free Coalition, CSN; Shona Torgrimson-Duncan, Helping Hands Nurturing Center; Sylvia Pichitino, Sierra Forever Families; Susan Sanford, CSN Coordinator.

Welcome & Introductions – Ned Russell of Got 40?

Meeting Minutes & CSN updates

- Accepted minutes from October meeting.
- Anyone interested in serving on the CSN Steering Committee is invited to apply. Application forms were at meeting and will be on website.
- Tuesday, Nov. 10 - Board of Supervisors - presentation of Children's Bill of Rights.

40 Developmental Assets – Ned Russell of Got 40?

Developmental Asset #3 – Other adult relationships - details on last page of minutes

Honoring Marcia Westbrook - We thanked Marcia for 17 years of service on behalf of children in our community as Coordinator for the Child Care Coordinating Council of Nevada County, and many years also serving on the Child Abuse Prevention Council (CAPC) Board and CSN Steering Committee. Marcia is moving on to a wonderful new position: Grandmother!

Meeting Focus – "Children's Bill of Rights for Nevada County - Next Steps"

We had four "Brilliance Groups." Goal is to develop ideas on making and keeping CBOR an effective, living guide to improving the lives of children in Nevada County. We were asked to consider the Children's Bill of Rights as a whole.

Four concepts to focus on:

1. How do we roll out to the community?
2. How do we keep in front of the community?
3. How do we gear our programs to include CBOR?
4. How do we establish goals?

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CSN Vision Statement

All families in Nevada County have ready access to a well-integrated and coordinated support network that is easily available and well funded.

Community Support Network of Nevada County ~ www.csnn.org

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We were asked to consider the four concepts first from an AGENCY standpoint, then from a PERSONAL/INDIVIDUAL standpoint. Here's content from the brainstorming, and easel pages where ideas were written.

AGENCIES - IDEAS

1. Roll out - Websites/social media, Facebook, Twitter; Schools-PTC (Parent Teacher Council or Club), Principals, Superintendent of Schools newsletters; NCTV, radio, newspapers, magazines; directors, CEOs, boards - to get organization endorsements; share with parents; share at staff meetings on a regular basis; establish talking points and "elevator speech" and make available to "speakers bureau;" ask the Superintendent of Schools to add to website and encourage individual schools, etc to endorse; when rolled out provide info about how it came into being; networking MCAH (Maternal Child Adolescent Health), MHSA (Mental Health Services Act), 211 (put on their website front page); social media in addition to FB, eg. Twitter hash tag; community events (e.g. get it into the County Fair brochure); develop an html so it can be posted on other organizations' websites; health brochure; be sure to inform pediatricians, our three major clinics; reach out to child care providers including via CCCC, SNCS, etc; California CareForce; brand it, logo, marketing plan; for-profits; United Way; log where it has been presented; city councils; post in places where people are; log which organizations have endorsed and know where to find that info.

2. Keep up front - Staffing-tell us a story, focus on one item a month-agency challenge; testimonials; incentives/gifts for positive implementation - bracelets; parents post at home; 211; color versions for agency use; model it at all times; for-profit sector (dance studios, martial arts, etc); downtown associations and chambers of commerce; on a website tell how we are implementing different points; 211; branding; CSN provide CBOR to customize for organizations.

3. Programs - Staff meetings-tell us a story, success stories; college staff/students; events; one topic month-contest?; take copies into homes; child awareness month; child activities-involvement.

4. Goals - connect CBOR with strategic planning; use in county decision-making.

PERSONAL/INDIVIDUAL - IDEAS

1. Roll out - Talk with parents about how to present to kids; parents' Friday folders; parent pledge; volunteer event; get on agendas to present to service clubs, etc; develop opportunities to be asked - a button that says, "Ask me about the CBOR"; develop conversation starters; social media conversations among children; Fourth of July parade; take to other organizations we belong to; promote on our own personal social media blogs, etc; ideas for how to implement each point - click on each point for more info about how to make it real (e.g., "we're doing a safety training").

2. Keep up front - Talk with our own families; where we work - talk to leadership teams, governing boards, get board resolutions; hang it in our individual offices; keep list of endorsing organizations updated and easy to access.

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3. Programs - Not addressed.

4. Goals - Spread widely through county and invite people to sign - try to get 1,000 signatures; get up to Truckee; have endorsement forms at events–booths; how each CBOR point relates to the 40 assets; develop process to support individuals in creating their own goals (e.g. PLEAG parents working with their kids); gather examples for each point about how they can be implemented and how individuals have implemented them; join CSN Steering Committee and/or CYBORG (Children's and Youth's Bill Of Rights Group - the working group that oversees all things CBOR); Nevada County parents become familiar with CBOR; post on FB our successes from implementing them and how they were implemented, create the buzz; PTOs (Parent Teacher Organizations), school site councils; CBOR implementation kits; sample goals for people who are parents and people who are not parents.

Building the Network – Doreen Peters, Transitional Living Coordinator, Community Recovery Resources (CoRR). Doreen provided an overview of services. More info: <http://www.corr.us/services/supportive-transitional-housing/>

Network Announcements and Meeting Evaluation

- Joyce Ash, CAofNC - Sat. fundraiser, "Children for Children" concert
- Ariel Lovett, CoRR - Medi-Cal application enrollment assistance through June 30, 2016
- Loydyne Lane - Fall issue of Parents' Resource Guide is out - next issue is Jan. - nonprofit rates for promoting events, would love to have articles from people.

Adjournment by 5 pm – Remember that CSN is on hiatus in December.

Next Meeting: Jan. 6, 2016, Gene Albaugh Community Room, at the Madelyn Helling Library. ***Thank you!***

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Community Support Network of Nevada County Meeting Agreements

- Make decisions by consensus.
- Create an atmosphere of mutual respect that includes active listening and listening without judging.
- Start and end on time.
- Maintain a sense of humor and a positive attitude.
- Bring concerns to the whole group. Don't take them to the parking lot after the meeting.
- Set up the room in an inclusive way.
- Take responsibility for a task only if you have the time to accomplish it.
- Everyone is empowered to be a process observer and take ownership for the health of the meeting and is responsible for the health of the whole meeting.
- Be sensitive to others' need for more information. Make sure everyone understands.
- Be careful of injecting your self-interest and label it as such. Be able to layout your agency's interest and be open to other's interests.
- Meetings are meaningful and have a shared purpose.
- This is a living document and can be changed as needed.

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### Developmental Asset #3 – Other adult relationships – November 4, 2015

Young person receives support from three or more nonparent adults:

- Support requires adult to be consistent, caring, trustworthy, non-judgmental, and display positive language and behavior.
- Can be neighbor, family friend, teacher or other school employee, extended family member, older sibling, bus driver, counselor, mentor, music teacher, parent coworker, coach – anyone who talks, *and listens*, to the young person.
- All of us can encourage this behavior in other people by building caring and positive relationships with everyone with whom we interact, youth and adults.
- Time is more important than things.
- Parents can encourage by socializing with adults that care about children.
- And we all need to be careful with our words when commenting about others, especially those with whom we disagree, or dislike the most.

To learn more about the 40 Developmental Assets (Got40?), call 530-271-5617 or email [info@Got40.org](mailto:info@Got40.org) or [NedRussell@pacbell.net](mailto:NedRussell@pacbell.net).

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