

AGENDA ~ January 6, 2016
Community Support Network Partners Meeting

3:30 to 5:00 pm ~ Gene Albaugh Community Room at the Madelyn Helling Library

- 3:20 – 3:30 **Greet Incoming Partners** – Susan Sanford, Coordinator
Partners may place announcements to share on the back table.
- 3:30 – 3:40 **Welcome & Introductions** – Kristen McGrew, PARTNERS Family Resource Centers
Countywide Coordinator
- 3:40 – 3:45 **Meeting Minutes & CSN updates**
- Accept minutes from November meeting
 - CSN Steering Committee - invitation to serve - application form on CSN website
- 3:45 – 3:50 **40 Developmental Assets** – Ned Russell of Got 40?
Developmental Asset Principle – Have fun!
- 3:55 – 4:50 **Meeting Focus** – *Rejuvenation for the New Year ~ practical yoga & meditation for self-care.* Presenter: Mary Jane Ryan-Connelly
- 4:50 – 4:55 **Building the Network** – Elena Bennett - Trauma Intervention Program
- 4:55 – 5:00 **Network Announcements and Meeting Evaluation** – Partners may make short announcements about upcoming events/programs. Attendees complete meeting evaluation forms and leave in designated box at back of meeting room.
- 5:00 **Adjournment** – Next meeting: Feb. 3, 2016, Gene Albaugh Community Room, at the Madelyn Helling Library. ***Please pick up any materials you displayed on the back tables. We welcome your help stacking tables and chairs. Thank you!***

2016 CSN Partner Meeting Dates ~ January 6, February 3, March 2, April 6, May 4, June 1, July & August-hiatus, September 7, October 5, November 2, December-hiatus

CSN Vision Statement

All families in Nevada County have ready access to a well-integrated and coordinated support network that is easily available and well funded.

Community Support Network of Nevada County ~ www.csnn.org

CSN Coordinator – Susan Sanford, 530-913-0270 (messages), csnncorg@gmail.com

Community Support Network of Nevada County Meeting Agreements

- Make decisions by consensus.
- Create an atmosphere of mutual respect that includes active listening and listening without judging.
- Start and end on time.
- Maintain a sense of humor and a positive attitude.
- Bring concerns to the whole group. Don't take them to the parking lot after the meeting.
- Set up the room in an inclusive way.
- Take responsibility for a task only if you have the time to accomplish it.
- Everyone is empowered to be a process observer and take ownership for the health of the meeting and is responsible for the health of the whole meeting.
- Be sensitive to others' need for more information. Make sure everyone understands.
- Be careful of injecting your self-interest and label it as such. Be able to layout your agency's interest and be open to other's interests.
- Meetings are meaningful and have a shared purpose.
- This is a living document and can be changed as needed.

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### Developmental Asset Principle – Have fun! – January 6, 2016

Asset building can turn the joys of parenting into a "job" if we lose sight of the larger picture. While adults have a responsibility to help our youth thrive, it shouldn't always be serious. Make life fun for youth and have fun with them often.

*To learn more about the 40 Developmental Assets (Got40?), call 530-271-5617 or email [info@Got40.org](mailto:info@Got40.org) or [NedRussell@pacbell.net](mailto:NedRussell@pacbell.net).*

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