

Community Support Network of Nevada County

<http://csnnc.org>

Meeting Notes

January 8th, 2014 in the Gene Albaugh Community Room

Madelyn Helling Library, Nevada City, CA

3:30 - 5:00 p.m.

3:15-3:30 **Greet Incoming Partners/Optional Open Networking** – CSN Coordinator, Paula Roediger. 61 in attendance including: Iden Rogers & Deb Abbey, Mental Health Board; Viki Doris & KriKristen McGrew, PAPARTNERS FRC; Nicola Murphy & Christine Hoxie, One-Stop; Marcia Westbrook, CCCC; Dan Saunders, NCSO; Suzanne Bravard, Child Support; Raelene Van Often & Michele Violett, Behavioral Health; Terry Wardley, Sen. Ted Gaines; Jennifer Horne, Rep. Doug LaMalfa; Jane Lee, NCBH; Charleen DeWitt, CAPC; Kathryn Luca, Environmental Alternatives; Cindy Santa Cruz Reed, CORR PLEAG; Barbara Franklin, Coliving Network; Halli Ellis, NEO; Betsy Hatten, CANC CASA; Ashley Reynolds & Lynn Woerner, KARE; Sandy Dickinson & Allison McCann, DVSAC Advocate; Thomas O'Toole, NCFLPC; Suze Pfaffinger & Lindie Beatie, BBBS; Melissa Kelley, CoRR/Coalition; Martin Webb, Coalition for Drug Free NC; Alice Johnson & Tim Guilliani, 211 Nevada County; Anastacia Knight, CANC; Lael Walz, EMQFF/NAMI; Steve Johnson & Zack LaFerriere, GVPD; Chad Ellis & Shane Franssen, NCPD; Jill Blake, NC Public Health; Brian Lewis, EMQFF; Megan Timpany, GVSD; Rachel Roos, VCSS; Meg Luce, SSHS; Terri Kirschner, Heal the Hearts; Melissa Marcum, NCSoS; Kim Musillani, Cal Learn; Ned Russell, Got 40?

3:30-3:40 **Welcome and Introductions** – Kristen McGrew of Safe Schools Healthy Students. Notes from November meeting were approved.

3:40-3:45 **Network Moments** – Ned Russell of Got 40? presents Developmental Asset #25: *Reading for Pleasure*

- Wording: 12-18 year old reads for pleasure 3 or more hours each week. Younger kids read some for pleasure most/all days of the week. Parents read to newborns every day.
- Only 22% of youth 12-18 years old report having this asset (lowest after creative activities)
- Can time on social media substitute?
- Benefits of reading beyond the pleasure:
 - Vocabulary
 - Exposure to greater range and depth of subject matter
 - Knowledge from older generations, as well as from peers
 - Tools to assist learning new skills amid technological change

Vision Statement

All families in Nevada County have ready access to a well-integrated and coordinated support network that is easily available and well funded.

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3:50-4:40 **Meeting Focus: Community Trends and Prevention Measures: Law Enforcement's Perspective**

- Officer Shane Franssen from the Nevada City Police Department contributed to our meeting and answered audience questions.
- Detective Sergeant Dan Saunders of the Nevada County Sheriff's Office spoke about child pornography and theft. He encouraged us to take pictures of our valuables so that, if they're stolen, law enforcement may be able to link your property to you. Download photos to a thumb drive and give it to a relative or friend for safe keeping. Encourage your friends to call if they see a suspicious vehicle. Look out for your neighbors.

Here are some additional resources from Sgt. Saunders:

For parents/guardians - <http://www.fbi.gov/stats-services/publications/parent-guide>
<http://oag.ca.gov/cybersafety/children>
<http://www.ikeepsafe.org/>

For children - <http://www.fbi.gov/fun-games/kids/kids-safety>

For parents/guardians and children - <http://www.klaaskids.org/safety/internet.html>

- Detective Zack LaFerriere of the Grass Valley Police Department and Detective Chad Ellis of the Nevada City Police Department gave a conjoint presentation.

Topics covered in LaFerriere's and Ellis' conjoint presentation were:

- Addiction's toll on our community. E-cigarettes are being modified for methamphetamine.
- Homelessness impact on Grass Valley. There are a lot of factors around homelessness such as trespassing, panhandling, loitering, shoplifting, drug dealing, mental illness and public intoxication.
- Tobacco and our children. Tobacco products are often packaged similar to gum, mints and candy products and are positioned near these products in stores.
- Safeguarding our children from harmful technology, online predators, pornography, harassment and sexting. See these websites for more information and to set parental controls on computers, phones and ipods:

For parents - <https://onlinefamily.norton.com/familysafety/loginStart.fs>

For parents/guardians and children - <http://www.netismartz.org/Parents>

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- How to combat this? Alliances with schools; the GREAT Program; caring and sharing; Drug-Free Nevada County organization; the Teen Academy.

Visit: greatsummeryouthacademy.com

4:40-5:00 Audience Questions and Answers

Q: Is hitchhiking illegal?

A: Not in the GV city limits. There are restrictions to panhandling, though. GVPD has an ordinance in place.

Q: Homeless camps are sometimes owned by landowners outside the area. What to do?

A: Nevada City has purchased the left side of Sugarloaf Mountain (left side of Coyote Street.) Prior to its clean-up, there were over 20 camps there. The right side of the street is out of the city limits. A few property owners aren't concerned with people camping on their property but most are and will help discourage camping.

Q: Among teenage girls, is there some local peer status gained by becoming pregnant?

A: Yes, there is a wave of it. Some TV programs also help promote this.

Q: I'm concerned about arrests of the mentally ill; a person of low IQ had been arrested and missed her court date. Officers can be intimidating.

A: Officers work with Behavioral Health and have ongoing trainings with local organizations. Officers encourage people to come forward to help educate the them.

Q: What impacts have you seen in our community from local marijuana laws?

A: The majority of people are bringing themselves into compliance with the ordinance. More people who are growing illegally are being caught.

Q: Can you talk about teen homelessness?

A: Officers haven't come across many homeless teens. Rather, there seems to be more juveniles. Law enforcement will involve CPS if necessary. Sheriff's Office will often remove people from camps, however they just relocate to another area. Community education and persistence are key.

Q: A crisis counselor with SPIRIT Center wonders if officers could come to one of their meetings for their groups.

A: Yes, an officer will meet with her after our meeting about doing this.

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Q: A community member co-owns a commercial property in downtown Nevada City. She wonders if, with more foot patrol, there wouldn't be the trash, vandalism and damages they've experienced in the ten years they've owned the property. She has great sympathy for people who've fallen on hard times but they have had to put up with costly damages to their property.

A: An officer will meet with her after our meeting to come up with a game plan.

Q: How reluctant are you to proceed with someone who's been 5150d?

A: The system is broken and the officers feel they are stuck in the middle. They try to orchestrate a time when an officer is not on foot patrol so they can go to the hospital with the citizen. There are not enough resources and beds available to meet all the needs of everyone who's 5150d. Turning Point and SPIRIT Center can be a liason between law enforcement and Behavioral Health.

Q: Other than monitoring our own children, what are things we can do as organizations and families to protect our community?

A: Get the word out to your groups. Law enforcement personnel are available to speak to organizations. Also, use the parental control features and monitoring software. Officer Shane Franssen suggests a project: There is a big movement in Placer County, an anti-panhandling campaign by Auburn PD. Another area in California named their campaign, "Not One Dollar More." Statistics show that the money you give a panhandler doesn't help them; it most likely goes to drugs and alcohol. Rather than feeding their habits, give the money to the organizations that can help them.

5:00 **Meeting Evaluation/Adjournment** - Partners completed a short questionnaire about today's meeting.

Next Meeting: February 5th.

The focus will be *CSN Partner Updates: What's New With You?*

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Community Support Network of Nevada County Meeting Agreements

- Make decisions by consensus.
- Create an atmosphere of mutual respect that includes active listening and listening without judging.
- Start and end on time.
- Maintain a sense of humor and a positive attitude.
- Bring concerns to the whole group. Don't take them to the parking lot after the meeting.
- Set up the room in an inclusive way.
- Take responsibility for a task only if you have the time to accomplish it.
- Everyone is empowered to be a process observer and take ownership for the health of the meeting and is responsible for the health of the whole meeting.
- Be sensitive to others' need for more information. Make sure everyone understands.
- Be careful of injecting your self-interest and label it as such. Be able to layout your agency's interest and be open to other's interests.
- Meetings are meaningful and have a shared purpose.
- This is a living document and can be changed as needed.

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