

# Community Support Network of Nevada County

## Meeting Notes

June 5, 2013 – Madelyn Helling Library

Gene Albaugh Community Room

3:30 p.m. to 5:00 p.m.

3:20 – 3:30

### **Greet Incoming Partners** – Paula Roediger, Coordinator

(Members put flyers/announcements to share on the back table). 38 present, including: Loydyne Lane, Parents' Resource Guide; Nicola Murphy, Allie Aguilar, Mary Kober and Heather Carver, One-Stop; Martha Millar & Janice Deardorff, citizens; Diane Chayra, NCMHB; Kristen McGrew & Meg Luce, SSHS; Dennis Fruzza & Marlin Balsiger, NC Sheriffs Office; Suzanne Bravard, NC Child Support; Melissa Marcum & Melissa Parrett, NCSoS; Ned Russell, Got 40?; Laurie Blakemore and Laurie DeMartini, PARTNERS FRC; Sara Connor, Nevada County DSS; Melissa Haskins, WOW; Dena Valin, Friendship Club; Carol Viola, GVSD; Deana Malley, SJR FRC; Lindsay Dunckel, First 5; Amanda Scheerer & Anastacia Knight, FHB; Michelle Goodwin & Lael Walz, EMQFF; Suzanne McMaster, Child Welfare; Patti Kyle & Martha Sheppard, Salvation Army; Guinevere Ewing, PLEAG; Cindy Santa Cruz Reed, CoRR; Lael Walz, Michele Violett, Behavioral Health; Lynn Woerner, KARE; Theresa Scicluna, PremierWest Bank, Anita Bagwell, NJUHSD Adult Ed; Mark Vance, MIM

3:30 – 3:40

**Welcome – Introductions** – Lindsay Dunckel of First 5 Nevada County and the Child Abuse Prevention Council. Lindsay then introduced Mark Vance, Education Coordinator for Music in the Mountains. Members of CSN also honored Martha Sheppard of The Salvation Army who will be relocating at the end of June.

3:40 – 3:45

**Meeting Notes** – Approved meeting notes from May's meeting.

3:45-3:50

**CAPC Proposal to CSN** – Lindsay Dunckel. The Child Abuse Prevention Council is a 5013(c). There used to exist three separate children and family collaboratives in our County until CSN was formed. CAPC is mandated to exist by law. The function of CAPC and CSN overlap and CAPC board members and CSN steering committee members proposed a merger: *that CAPC will continue as the fiscal agent but will become a workgroup of CSN meeting quarterly instead of monthly. These 4 CAPC members (Chair, Vice-Chair, Treasurer and Secretary) will now sit on the CSN steering committee.*

All CSN members present at today's meeting approved Lindsay's proposal. The proposal was accepted. CAPC workgroup will now meet quarterly in August, November, February and May.

### Vision Statement

All families in Nevada County have ready access to a well-integrated and coordinated support network that is easily available and well funded.

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3:50 – 3:55

**Network Moments** – Ned Russell of Got 40? Presented Developmental Asset #36:  
*Peaceful conflict resolution*

Youth seeks to resolve conflicts nonviolently.

- Perhaps more than any other asset, youth need to see parents and other adults modeling peaceful conflict resolution in order to appreciate it.
- Takes practice and *instruction* for adults and kids to learn. Encourage parents to take a class.
- Ground rules for starters:
  - Physical outbursts, whether hitting or throwing or breaking things, have no role in peaceful conflict resolution.
  - If strong emotions are involved, people need to cool off before addressing the issues.
  - All parties need to show respect towards others regardless of the conflict.
  - Shouting, calling demeaning names, insulting, or other disrespectful behavior will be counterproductive for all.
  - Listening to the other party is just as important as stating your own feelings.

3:55 – 4:45

**Meeting Focus** – *Life Skills*

Four ten-minute presentations were given, overviews of the following areas, with time for questions and answers after each overview:

- Nicola Murphy from [One-Stop Business and Career Center](#). They are a non-profit organization and offer many services for both employers and job seekers. They serve over 1200 clients per month and average 8 new clients per day. They host various workshops, such as resume writing and job searching. They also partner with businesses for on-the-job training and present many hiring events in our community. There will be a CalWorks Workforce business center opening soon.
- Anita Bagwell, Principal of [Nevada Union Adult Education](#). They offer a variety of classes and creative opportunities, such as membership in the Nevada County Concert Band for those who play an instrument. They also offer classes at the Wayne Brown Correction Facility, so those who are incarcerated can continue their education. They offer certifications as well, such as In Home Support Services and CPR. The 3 main classes they offer are GED, High School Diploma and English Language Acquisition which currently serves adult students who speak 15 different languages. There are two venues for High School Diploma completion, an independent studies program (that has a \$100.00 book deposit) and a night time class hosted weekly. Also offered are two free GED preparation classes, one in the morning and one in

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the evening. Beginning January, 2014, GED testing becomes computer-based only. Check the website for updates in classes, schedules and the registration process: [www.njuhsd.org](http://www.njuhsd.org), click on Schools, then Nevada Union Adult Education.

- Theresa Scicluna from [AmericanWest Bank](#). Worksheets were handed out, regarding budgeting, credit, loans, balancing a checkbook and saving money. AmericanWest offers free 1 to 1 ½ hour classes for any age. No minimum class size. Reach them at 530-273-2273.
- Sara Connor from [CalFresh](#). Residents are encouraged to apply for benefits to which they may be entitled. CalFresh takes into account who lives in the home and who is purchasing and preparing food together in the household. CalFresh benefits are renewed every year. Currently, the average amount received per household is about \$200.00 per month. SSI and SSP recipients are not eligible to receive CalFresh. To qualify, the household gross income limit for most households is 130% of Federal Poverty Level. In households where all adults are 60 or older and/or disabled there is no gross income limit. Everyone applying for CalFresh is interviewed, either over the phone or in person at a county office (Rood Center in Nevada City/Joseph Center in Truckee). People can also apply at [C4yourself.com](http://C4yourself.com), by mail, or by FAX. Their local phone number is 530-265-1340.

4:45 – 4:55

**Building the Network Moment** – Chaplains Dennis Fruzza and Marlin Balsiger spoke to CSN partners about the Nevada County Sheriff’s Office Chaplaincy program. There are 10 crisis intervention, volunteer Chaplains in Nevada County: 7 male and 3 female. They work in and for our community and encourage agencies to take advantage of their services. The chaplains do not preach but consider theirs a “ministry of presence” because sometimes they just listen to those experiencing a crisis. They are available through County dispatch: 530-265-7880.

4:55 – 5:00

**Network Announcements** – Members may make short announcements about their upcoming events.

- Kristen McGrew: She’s coordinating sign-ups for those who are able to work the resource table at Kids Corner at the Nevada County Fair, August 7-11. Contact: 530-478-6400 x264 or [kmcgrew@nevco.k12.ca.us](mailto:kmcgrew@nevco.k12.ca.us)
- Laurie Blakemore: Offering computer classes at the GV FRC. Contact: [lblakemore@nevco.k12.ca.us](mailto:lblakemore@nevco.k12.ca.us) or 530-273-4059

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- Loydyne Lane: Parents' Resource Guide recently held a Camp Fair, with almost 400 attending. They were able to give "camperships" funds to many. PRG is always looking for articles to publish, 300-500 words. Contact: 530-274-1188 or [loydyne@sierrasourcemedi.com](mailto:loydyne@sierrasourcemedi.com)
- Melissa Marcum: Upcoming foster-age transitional youth training. Contact: [mmarcum@nevco.k12.ca.us](mailto:mmarcum@nevco.k12.ca.us)
- Lindsay: Upcoming Step Up to Kindergarten program. See website: <http://www.first5nevco.org/free-kindergarten-school-readiness-camp/>

5:00

**Adjournment** – Next Meeting: **July 31st, 2013, Partner's Potluck at the Terrance K. McAteer Family Resource Center in Nevada City.**  
**(No Meeting on July 3<sup>rd</sup>.)**

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## Community Support Network of Nevada County Meeting Agreements

- Make decisions by consensus.
- Create an atmosphere of mutual respect that includes active listening and listening without judging.
- Start and end on time.
- Maintain a sense of humor and a positive attitude.
- Bring concerns to the whole group. Don't take them to the parking lot after the meeting.
- Set up the room in an inclusive way.
- Take responsibility for a task only if you have the time to accomplish it.
- Everyone is empowered to be a process observer and take ownership for the health of the meeting and is responsible for the health of the whole meeting.
- Be sensitive to others' need for more information. Make sure everyone understands.
- Be careful of injecting your self-interest and label it as such. Be able to layout your agency's interest and be open to other's interests.
- Meetings are meaningful and have a shared purpose.
- This is a living document and can be changed as needed.

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