

# Community Support Network of Nevada County

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## Minutes – CSN Partners Meeting

March 4, 2015 – 3:30 pm to 5:00 pm

Gene Albaugh Community Room at the Madelyn Helling Library

3:20 – 3:30 **Greet Incoming Partners** – 33 attended: Cindy Santa Cruz-Reed, Sierra College; Loydyne Lane, Parents' Resource Guide; Sabrina Giannoni, NCBH, Service Coordinator; Tammy Veralrud, IHSS Public Authority; Becky Higgs, RN, Anew Day Counseling Center; Jessica Lime, SNCS; Dawn Zydonis, Nevada City Parks & Rec; Joyce Ash, Child Advocates of Nevada County; Nikki Robertson, Child Advocates of Nevada County; Joyce Stogner; Mike Dent, Nevada County Department of Social Services; Sara Connor, Nevada County Department of Social Services; Christine Norwood, FREED; Alice Johnson, 211 Nevada County; Nicole Ebrahimi-Nuyken, NCBH; Sherri Elsworth, Party Time Community Roller Rink; Dena Valin, Friendship Club; Donna Fry, Nevada County Public Health; David Pistone, CLASS; Dan Saunders, Nevada County Sheriff's Office; Rhiannon King, Nevada County Sheriff's Office; Ned Russell, Got 40? and Drug Free Coalition, CSN; Mike Pugh, Above All Adventures; Marc Nocerino, One Stop Job Training Center; Julie Carrara, Welcome Home Vets; Marley Mueller, CoRR; Oscar Perez, Inlak'ech Coaching; Sabrina Terrell, CoRR; Maureen Gerecke, FREED; Kristen McGrew, PARTNERS FRC; Rene Slay, One Stop Job Training Center; Shera Banbury, WHEEL School of Care Program; Susan Sanford, CSN Coordinator.

3:30 – 3:40 **Welcome & Introductions** – Ned Russell – Got 40?

3:40 – 3:45 **Meeting Minutes** – Accepted minutes from February meeting.

3:45 – 3:50 **40 Developmental Assets** – Ned Russell of Got 40?  
Developmental Asset #40 – Positive View of Personal Future. See details on last page of minutes.

3:50 – 4:40 **Meeting Focus** – “Speed Networking” – a “meet & greet” speed dating style.

- Attendees were given the opportunity to create info sheets in advance to hand out during the networking (in order to save time writing).
- Blank forms were provided for those who needed them.
- We had 10 rounds of 4:30 minutes each. 3-5 people sat spread out at a total of 8 tables. People were As or Cs to designate who would move each cycle (no Bs because Ned said everyone would be a very busy B).
- The Coordinator hollered “30 seconds” before each move. The countdown timer started when the moving began.
- Evaluations were filled out as part of the structured meeting time so we could learn what worked well and what could work better if we do it another time.

### **Ned's instructions to attendees:**

- Take turns moving to different tables for networking
- Advance Log sheets and Business cards - take as you move
- Paper on tables
- Please seek out people you don't know

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### **CSN Vision Statement**

All families in Nevada County have ready access to a well-integrated and coordinated support network that is easily available and well funded.

*CSN Coordinator – Susan Sanford, 530-913-0270, csnn.org@gmail.com*

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- Keep tables more or less in balance
- 3.5-4 minutes for networking + little more for changing tables
  - change when the alarm goes off - time is running for next chat
  - please don't extend your time at one table, another opportunity
  - anyone who cannot change tables today for any reason, of course, doesn't have to
- Count off A's and C's

### **Feedback from Evaluation Forms:**

- went well overall
- felt busy, rushed
- changing tables was chaotic
- people stayed within allotted time
- "Met and spoke with more people today than I ever have at meetings I have attended before."

### **IDEAS FOR NEXT TIME**

- 1 or 2 long tables – have one side stay, the other side move
- more time at each table
- max. 4 people per table and guide direction of movement
- more structure for movement

4:40 – 4:50

### **Building the Network**

- Update on Children's Bill of Rights – Cindy Santa Cruz-Reed. CBOR Task Force is doing its final work. CBOR will be the focus for the April 1st CSN meeting. Specifically, to approve the document and consider how will it be used by different organizations.
- Kiwanis Keeping Kids Safe Festival – Cindy Santa Cruz-Reed. Festival will be Sat., May 9. CSN will have a booth with physical activity, solution-finding activity, and a mirror at the end so kids can look in it and see who the leaders of the future are. Requested participation at booth from CSN partners.

4:50 – 5:00

### **Network Announcements and Meeting Evaluation**

- Cindy Santa Cruz-Reed on behalf of Family Resource Centers – April 11 Flash Mob. Also Family Fun Run on May 2. Location TBD.
- Loydyne Lane, Parents Resource Guide – announced deadline for submissions to next issue.
- Dawn Zydonis, Nevada City Parks & Rec – Summer Camp and Activities Fair – May 2
- Cindy Santa Cruz-Reed – announced "Creating Communities Beyond Bias"
- Mike Pugh, Above All Adventures – invites people to spread the word about this new organization.
- Tammy Veralrud, IHSS Public Authority – CalWorks book drive.
- Becky Higgs, RN, Anew Day – Postpartum support group for new moms starts 3/11.

5:00

**Adjournment** – Next Meeting: April 1, 2015, Gene Albaugh Community Room, at the Madelyn Helling Library.

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## Community Support Network of Nevada County Meeting Agreements

- Make decisions by consensus.
- Create an atmosphere of mutual respect that includes active listening and listening without judging.
- Start and end on time.
- Maintain a sense of humor and a positive attitude.
- Bring concerns to the whole group. Don't take them to the parking lot after the meeting.
- Set up the room in an inclusive way.
- Take responsibility for a task only if you have the time to accomplish it.
- Everyone is empowered to be a process observer and take ownership for the health of the meeting and is responsible for the health of the whole meeting.
- Be sensitive to others' need for more information. Make sure everyone understands.
- Be careful of injecting your self-interest and label it as such. Be able to layout your agency's interest and be open to other's interests.
- Meetings are meaningful and have a shared purpose.
- This is a living document and can be changed as needed.

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### Developmental Asset #40 – Positive View of Personal Future – March 4, 2015

Young person is optimistic about her or his personal future

- Parent, agency, and community responsibility
- Encourage each young person to find his or her passion in life
  - Youth need exposure to possibilities, both for finding their interests and what living a life with that passion might look like, e.g. occupations, hobbies, research, teaching, etc.
  - Their passions are unrecognized but often visible at a young age (+- 8 years old)
    - Often in what they like to do and what strengths they have
  - Be open to ANY passion (for example, Steven Spielberg's early years)
- Youth need support for their passions
  - Enlist neighbors, friends, books, field trips, prominent people in area of passion
- Help youth plan and set goals so they learn they have control about their futures
- Make sure you (everyone reading) spend time with your passion frequently, at least weekly!
- Be positive about your future!

Read about people whose passion has led to success, Blake Leeper and Hugh Kerr on the Internet, or *is* leading to success, local Sierra College student Divakar Pandit in The Union, Tuesday 2/24/15. To learn more about the 40 Developmental Assets (Got40?), call: 530-271-5617 or email: [info@Got40.org](mailto:info@Got40.org) or [NedRussell@pacbell.net](mailto:NedRussell@pacbell.net).

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