

Community Support Network of Nevada County

<http://csnnc.org>

Meeting Notes

February 5th, 2014 in the Gene Albaugh Community Room

Madelyn Helling Library, Nevada City, CA

3:30 - 5:00 p.m.

3:15-3:30 **Greet Incoming Partners/Optional Open Networking** – CSN Coordinator, Paula Roediger. Members approved notes from January meeting.

37 present, including: Dena Valin, Friendship Club; Liz Vardara, CASA; Kathy Spoto and Loydyne Lane, Parents' Resource Guide; Lindy Beatie & Suze Pfaffinger, BBBS; Barbara Cofman, Anew Day; Melissa Marcum, NCSoS; Stormy Nelson, PCAC; Cindy Wilson, Public Health Dept; Jan MacDonald, Foothills Healthy Babies; Lindsay Dunckel, First 5; Marge Biddel, Welcome Baby; Tamaran Cook, Nev Co; Mary Jane Huenergardt, YMCA; Lael Walz, EMQFF/SFMC/NAMI; Lynn Woerner, KARE; Barbara Lindsay-Burns, SPIRIT Ctr; Terri Kirschner, Heal the Hearts Fdtn; Ned Russell, Got 40?; Halli Ellis, NEO; Zoe Novic, CAPE; Mary Kober, One-Stop; Suzanne Bravard, Child Support Svcs; Terry Wardley, Sen Ted Gaines; Kristen McGrew, NCSoS/PARTNERS FRC; Lynton Daniel & Frank Edwards, Shriners; Sylvia Pichitino, SFF; Alice Johnson & Tim Guiliani, 211 Nev Co; Alison McCann, DVSAC; Meg Luce, SSHA

3:30-3:35 **Welcome and Introductions** – Cindy Santa Cruz Reed, Family Services Coordinator for Community Recovery Resources

3:35-3:40 **40 Developmental Assets** - Ned Russell of Got 40? presents: *Change of Attitudes - Core Principles of 40 Assets*

3:40-4:50 **Meeting Focus: Partner Updates - What's New With You?**

Partners who have previously signed up to speak will share news about their organization.

1. Lindy Beatie & Suze Pfaffinger of Big Brothers Big Sisters: <http://www.bbbs.org/> Their mission is to make a positive difference in the lives of children. Ages 6-16. Referrals through parents, guardians, therapists & counselors. Their PAL Program is in the high schools. Suze's program matches mentors to students. Child safety is their #1 focus. They currently have 7 children waiting for matches.
2. Liz Vardara, Case Mgr at CASA: <http://www.caofnc.org/casa.html> A CASA is a specially-trained volunteer who works with children in the court system. They are the voice of the child in court and make recommendations to the court. They currently have about 50 CASAs serving about 70 children. They have an upcoming volunteer training.

Vision Statement

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3. Dena Valin, ED of The Friendship Club: <http://www.friendshipclub.org/> They work with girls grades 6-12 and provide after-school programs all school year, as well as an intensive summer program & monthly fieldtrips. Girls learn what a healthy relationship is. They currently serve about 70 girls. Their main sources of referrals are teachers and school counselors. They work with 11 schools and take referrals from other non-profit agencies.
4. Jan MacDonald, Supervisor with Foothill/Truckee Healthy Babies: <http://www.caofnc.org/fthealthybabies.html> They've just gone through a big expansion. They now serve about 130 families. Bilingual staff in Truckee. They've received 1,059 pregnancy screening referrals. Anyone may refer. They then meet with the family and assess needs.
5. Marge Biddle, Welcome Baby Coordinator with CANC: <http://www.caofnc.org/welcomebaby.html> She visits the hospital every day to greet the families who've had new babies. She gives families information, including a First 5 kit or a blanket.
6. Kristen McGrew with PARTNERS FRC: <http://www.partnersfamilyresourcecenters.org/> They're a first stop for families. They have many resources including a lending library and computers for use. They're beginning to look at the standards of quality for themselves as well as how these standards may be valuable to our other community agencies that support families. Meg Luce with SSHS - she gives Power of Positive Parenting classes and Circle of Security classes. \$30.00 for 8 week session, with free childcare and light dinner included. Scholarships available.
7. Mary Kober of the One-Stop Business and Career Center: <http://www.nevadacountyonestop.org/> They work with Cal Works program. They offer office help to agencies through one of their programs. Their participants perform the work. They can also arrange to visit on-site with up to 5 workers.
8. Alan Archer with Read Up: <https://www.mynevadacounty.com/nc/library/Pages/Read-Up!-Literacy-Service.aspx> They match volunteer tutors with adults seeking to improve their reading and writing skills. Literate parents influence their children in positive ways. They also help lift their families out of poverty; they can then be more successful in their careers and in the community.
9. Terri Kirchner with Heal the Hearts Foundation: <http://www.healtheheart.org/> They provide parent coaching for families with children who've experienced trauma. They will be starting a local chapter of United Advocates for Children and Families.
10. Lynton Daniel with Shriners: <http://www.shrinershospitalsforchildren.org/> They've referred about 40 local children to their Sacramento hospital. Over the years, they've treated about 65,000 in the Northern California area. They reach children through school nurses. They offer these nurses a continuing education program. Shriners will becoming a CSN partner and they're anxious to reach out to all our organizations who can refer children who need help.

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11. Alice Johnson with 211 Nevada County: <http://211nevadacounty.org/> They connect people with resources in our area. Their call volume has been steadily increasing. They can help people enroll in Cover California and Cal Fresh. They've added resource guides to their website and they offer tax preparation assistance. Feb 11th will be "211 Day." If your organization has a new program, call 211 and they'll add it to their database.
12. Cindy Wilson of Nevada County Public Health Dept:
<http://www.mynevadacounty.com/nc/hhsa/ph/Pages/about.aspx> We've seen a severe flu occurrence, H1N1, in our community and it's not too late to get a shot. Upcoming program: Vaccinate Before You Graduate on March 5th, 2:30 p.m. Cindy will be sending out a survey via CSN.
13. Terry Wardley with Sen. Ted Gaines' office: <http://district1.cssrc.us/> They have a constituent service office. They're finding that people are experiencing problems with EDD and they're also helping with DMV issues and the Franchise Tax Board. They also refer people to resources in the community. They keep files for all 11 counties they serve.
14. Cindy Santa Cruz Reed of CoRR: <http://www.corr.us/> Their focus is on families recovering from alcohol or drug recovery. She runs all their child development centers. She teaches parenting classes: the Parent Project and Loving Solutions. They also work with the Child Abuse Prevention Council which supports PLEAG (Parent Leadership, Education and Advocacy Group.) Anyone may join them. The Incredible Years program just began.
15. Halli Ellis from the Coalition for a Drug-Free Nevada County:
<http://drugfreenevadacounty.org/> They perform outreach with schools. They build relationships. If you have any positive teacher/student stories to share, please let Halli know. They work with GVPD for RX disposal program and Take Back Days.
16. Loydyne Lane and Kathy Spoto with Parents' Resource Guide:
<http://sierrasourcemediacom.wordpress/> They connect families and parents with the info they need. They will be presenting their 3rd Camp Day on May 3rd, 10-2pm at the Vets Hall in Nevada City, in conjunction with Nevada City Dept of Parks and Rec. They want to know if you have any kind of summer program they can help promote.
17. Zoe Novic with CAPE (Center for Animal Protection and Education):
<http://capeanimals.org/> Animal Film Festival coming up on March 1st at the Center for the Arts in Grass Valley. 2-9:30 p.m. will be the adult portion of the program that day.
18. Barbara Coffman with Anew Day: <http://www.anew-day.com/> They are a faith-based non-profit that provides no-cost counseling. They've expanded their services to provide professional therapy. They also have various support groups and monthly seminars.
19. Janella Kirkham ED of SPIRIT Peer Empowerment Center:
<http://www.spiritpeerempowermentcenter.org/> Their Emergency Department Program goes into SNMH to be with people who are in crisis. They have extended hours now. They offer a peer counseling class, a facilitation class and a core volunteer class. She sends out a calendar each month.

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20. Cindy Santa Cruz Reed of Non-Violence in the Lives of Children group: If your agency would like to receive training, contact her at cindy@corr.us or at 530-273-9541 x 221.

21. Sylvia Pichitino of Sierra Forever Families: <http://www.sierraff.org/> They're celebrating 30 years. They've expanded beyond adoptions. They recruit, train and support families and they support permanency through mental health support. They have upcoming trainings.

22. Allison McCann of DVSAAC: <http://www.dvsac.org/> This Friday is their Daddy Daughter Dance. Dads can lead by example and show girls what a healthy relationship is like. On Friday, Feb. 14th is One Billion Rising. Meet at the Nevada City courthouse at 1:00 p.m. For women and the people who love and support them. Awareness event. 1 in 3 women will be beaten or raped in her lifetime. Allison is the new bi-lingual advocate at DVSAAC.

4:50-5:00 **Drawing for Donated Items** - Tess' Kitchen Store and William's Stationary have kindly donated items. Caroline's Coffee provided coffee for our partners today.

Meeting Evaluation - Partners completed a short questionnaire about today's meeting.

5:00 **Adjournment** - Next Meeting: March 5th

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Community Support Network of Nevada County Meeting Agreements

- Make decisions by consensus.
- Create an atmosphere of mutual respect that includes active listening and listening without judging.
- Start and end on time.
- Maintain a sense of humor and a positive attitude.
- Bring concerns to the whole group. Don't take them to the parking lot after the meeting.
- Set up the room in an inclusive way.
- Take responsibility for a task only if you have the time to accomplish it.
- Everyone is empowered to be a process observer and take ownership for the health of the meeting and is responsible for the health of the whole meeting.
- Be sensitive to others' need for more information. Make sure everyone understands.
- Be careful of injecting your self-interest and label it as such. Be able to layout your agency's interest and be open to other's interests.
- Meetings are meaningful and have a shared purpose.
- This is a living document and can be changed as needed.

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