

AGENDA ~ October 7, 2015

Community Support Network Partners Meeting

3:30 to 5:00 pm ~ Gene Albaugh Community Room at the Madelyn Helling Library

- 3:20 – 3:30 **Greet Incoming Partners** – Susan Sanford, Coordinator
(Members may place announcements to share on the back table)
- 3:30 – 3:40 **Welcome & Introductions** – Lynn Woerner, Executive Director, KARE Crisis Nursery
- 3:40 – 3:45 **Meeting Minutes** - Accept minutes from September meeting
- 3:45 – 3:50 **40 Developmental Assets** – Ned Russell of Got 40?
Developmental Asset #37 – Personal Power
- 3:50 – 3:55 **Honoring Charleen DeWitt** - Thanking Charleen for nearly 10 years of service on behalf of children in our community as a Child Abuse Prevention Council (CAPC) Board and CSN Steering Committee member (happily, she will continue to participate in the fun event stuff!)
- 3:55 – 4:50 **Meeting Focus** – "Trauma and Trauma Informed Care" by Rebecca Slade, LMFT, Interim Behavioral Health Director for Nevada County
- 4:50 – 4:55 **Building the Network** – Shona Torgrimson-Duncan, Helping Hands Nurturing Center
- 4:55 – 5:00 **Network Announcements and Meeting Evaluation** – Partners may make short announcements about upcoming events/programs. Attendees complete meeting evaluation forms and leave in designated box at back of meeting room.
- 5:00 **Adjournment** – Next Meeting: Nov. 4, 2015, Gene Albaugh Community Room, at the Madelyn Helling Library. ***Please pick up any materials you displayed on the back tables. We welcome your help stacking tables and chairs. Thank you!***

CSN Vision Statement

All families in Nevada County have ready access to a well-integrated and coordinated support network that is easily available and well funded.

Community Support Network of Nevada County ~ www.csnn.org

CSN Coordinator – Susan Sanford, 530-913-0270, csnncorg@gmail.com

Community Support Network of Nevada County Meeting Agreements

- Make decisions by consensus.
- Create an atmosphere of mutual respect that includes active listening and listening without judging.
- Start and end on time.
- Maintain a sense of humor and a positive attitude.
- Bring concerns to the whole group. Don't take them to the parking lot after the meeting.
- Set up the room in an inclusive way.
- Take responsibility for a task only if you have the time to accomplish it.
- Everyone is empowered to be a process observer and take ownership for the health of the meeting and is responsible for the health of the whole meeting.
- Be sensitive to others' need for more information. Make sure everyone understands.
- Be careful of injecting your self-interest and label it as such. Be able to layout your agency's interest and be open to other's interests.
- Meetings are meaningful and have a shared purpose.
- This is a living document and can be changed as needed.

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### Developmental Asset # 37 – Personal Power – October 7, 2015

*Young person feels he or she has control over "things that happen to me."*

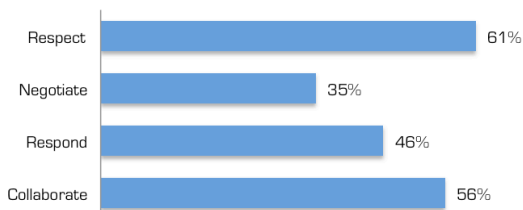
Sharing power helps develop many assets in youth, for example: #33 Interpersonal Competence, #38 Self-esteem, #32 Planning and decision making, #36 Peaceful conflict resolution. It assists in building self-confidence and social skills, and is a model for all relationships both inside and outside of the family.

The following is from Search Institute's web site: [www.ParentFurther.com](http://www.ParentFurther.com). The 4 key actions in sharing power in relationships:

- **Respect**—Take each other seriously and treat each other fairly.
- **Negotiate**—Give each other a voice in decisions that affect them.
- **Respond**—Understand and adjust to each others' needs, interests, and abilities.
- **Collaborate**—Work together to accomplish goals and solve problems.

### How Do U.S. Families Share Power?

U.S. parents of 3 to 13 year olds surveyed who score high on the four actions that are part of sharing power:



SOURCE: Search Institute survey of 1,000 parenting adults in the United States. Made possible with generous support from Walt Disney Parks and Resorts.

To learn more about the 40 Developmental Assets (Got40?), call 530-271-5617 or email [info@Got40.org](mailto:info@Got40.org) or [NedRussell@pacbell.net](mailto:NedRussell@pacbell.net).

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