

AGENDA ~ June 1, 2016

Community Support Network Partners Meeting

3:30 to 5:00 pm ~ Gene Albaugh Community Room at the Madelyn Helling Library

- 3:20 – 3:30 **Greet Incoming Partners** – Susan Sanford, Coordinator
Please sign in. Partners may place announcements to share on the back table.
- 3:30 – 3:40 **Welcome & Introductions** – Laurie DeMartini, PARTNERS Family Resource Center in Penn Valley; CAPC board member; CSN Steering Committee member
- 3:40 – 3:50 **Meeting Minutes & Appreciations** - Accept minutes from May meeting
- 3:50 – 3:55 **40 Developmental Assets** – Ned Russell of Got 40?
Developmental Asset # 14 - Adult Role Models
- 3:55 – 4:45 **Meeting Focus** – Panel - "Mental Health & Wellness - Four Specific Local Programs"
 - Co-occurring Disorders Program at CoRR ~ *Ginny Cutler*, CPCC, LMFT, Integrated Mental Health Services Director, Co-occurring Disorders Program at CoRR (Community Recovery Resources)
 - Moving Beyond Depression Program for new mothers ~ *Donna Fry*, BSN, RN, Sr.PHN, CLC, Maternal, Child and Adolescent Health Coordinator, Nevada County Public Health Department
 - Healing Through Loss & Grief groups ~ *Lily Marie*, Healing Through Loss & Grief groups
 - Effects of Medi-Cal Managed Care Changes at Nevada County Behavioral Health ~ *Cindy Morgan*, Program Manager for the Children's Department, NCBH and *Darryl Quinn*, Adult Program Manager, NCBH
- 4:45 – 4:50 **Building the Network** – Sandi Hedenland, First 5 Nevada County - Kids Corner at the Nevada County Fair...*and an opportunity to volunteer!*
- 4:50 – 5:00 **Network Announcements and Meeting Evaluation** – Partners may make short announcements about upcoming events/programs. Attendees complete meeting evaluation forms and leave in designated box at back of meeting room.
- 5:00 **Adjournment** – REMEMBER: CSN Partner meetings on summer hiatus for July and August (you can volunteer for Kids Corner!). Next meeting: September 7, 2016, Gene Albaugh Community Room, at the Madelyn Helling Library. ***Please pick up any materials you displayed on the back tables. We welcome your help stacking tables and chairs. Thank you!***

2016 CSN Partner Meeting Dates ~ January 6, February 3, March 2, April 6, May 4, June 1, July & August-hiatus, September 7, October 5, November 2, December-hiatus

CSN Vision Statement

All families in Nevada County have ready access to a well-integrated and coordinated support network that is easily available and well funded.

Community Support Network of Nevada County ~ www.csnn.org

Contact ~ CSN Coordinator - csnnorg@gmail.com - 530-913-0270 (messages)

Community Support Network of Nevada County Meeting Agreements

- Make decisions by consensus.
- Create an atmosphere of mutual respect that includes active listening and listening without judging.
- Start and end on time.
- Maintain a sense of humor and a positive attitude.
- Bring concerns to the whole group. Don't take them to the parking lot after the meeting.
- Set up the room in an inclusive way.
- Take responsibility for a task only if you have the time to accomplish it.
- Everyone is empowered to be a process observer and take ownership for the health of the meeting and is responsible for the health of the whole meeting.
- Be sensitive to others' need for more information. Make sure everyone understands.
- Be careful of injecting your self-interest and label it as such. Be able to layout your agency's interest and be open to other's interests.
- Meetings are meaningful and have a shared purpose.
- This is a living document and can be changed as needed.

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### Developmental Asset # 14 - Adult Role Models– June 1, 2016

*Parent(s) and other adults model positive, responsible behavior.*

The many examples of disrespect toward those with differing opinions on local and national political issues and candidates were the incentives for this month's 40 Asset tip.

- Avoid disparaging remarks about co-workers, politicians, sports figures, others.
- Regardless of methods or words employed or view expressed, try to assume:
  - Every parent wants what is best for their children
  - Every teacher wants children to learn and be successful
  - Every community member wants what is best for our community
  - Every local, state, or national politician wants what is best for his/her area of responsibility
- When witnessing others' bad behavior, discuss alternate ways of viewing and handling the situation.
- Help other adults recognize negative model behavior.
- Help parents obtain the internal assets they are missing so that they can model positive, responsible behavior for their children.

To learn more about the 40 Developmental Assets (Got40?), call 530-271-5617 or email [info@Got40.org](mailto:info@Got40.org) or [NedRussell@pacbell.net](mailto:NedRussell@pacbell.net).

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