

## AGENDA ~ April 5, 2017

### Community Support Network Partner Meeting

3:30 to 5:00 pm ~ Gene Albaugh Community Room at the Madelyn Helling Library

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- 3:20 – 3:30 **Greet Incoming Partners** – Susan Sanford, Coordinator  
*Please sign in. Partners may place announcements to share on the back table.*
- 3:30 – 3:35 **Welcome & Introductions** – Kristen McGrew, Countywide Coordinator, PARTNERS Family Resource Centers, and CSN-CAPC Board Chair
- 3:35 – 3:40 **Meeting Minutes** – Accept minutes from March meeting
- 3:40 – 3:45 **40 Developmental Assets** – Ned Russell of Got 40?  
Developmental Asset #18 – Child & Youth Programs
- 3:45 – 4:50 **Meeting Focus** – “ACE & Resilience – from Adverse Childhood Experiences to Confident, Creative Adulthood”
- **Part One** (20 minutes) – Meg Luce, MS, LMFT will guide us in taking the ACE test, explain what it means, and share local resources
  - **Part Two** (45 minutes) – Molly Fisk, just named by the Nevada County Arts Council and the Board of Supervisors as the first Nevada County Poet Laureate. Molly is also a radio commentator, life coach, writing, teacher, public speaker, and more
- 4:50 – 4:55 **Building the Network Moment** – Parent Cafés – April 18-19 kickoffs (Western Nevada County on 4/18, Truckee on 4/19)
- 4:55 – 5:00 **Network Announcements and Meeting Evaluation** – Partners may make short announcements about upcoming events/programs. Attendees complete meeting evaluation forms and leave in designated box at back of meeting room.
- 5:00 **Adjournment** – Next meeting May 3, 2017. Gene Albaugh Community Room, at the Madelyn Helling Library. ***Please pick up any materials you displayed on the back tables. We welcome your help stacking tables and chairs. Thank you!***

**2017 CSN Partner Meeting Dates** ~ January 4, February 1, March 1, April 5, May 3, June 7, July & August-hiatus, September 6, October 4, November 1, December-hiatus

#### CSN Vision Statement

All families in Nevada County have ready access to a well-integrated and coordinated support network that is easily available and well funded.

*Community Support Network of Nevada County ~ [www.csnn.org](http://www.csnn.org)*

*Contact ~ CSN Coordinator - [csnncorg@gmail.com](mailto:csnncorg@gmail.com) - 530-913-0270 (messages)*

## Community Support Network of Nevada County Meeting Agreements

- Make decisions by consensus.
- Create an atmosphere of mutual respect that includes active listening and listening without judging.
- Start and end on time.
- Maintain a sense of humor and a positive attitude.
- Bring concerns to the whole group. Don't take them to the parking lot after the meeting.
- Set up the room in an inclusive way.
- Take responsibility for a task only if you have the time to accomplish it.
- Everyone is empowered to be a process observer and take ownership for the health of the meeting and is responsible for the health of the whole meeting.
- Be sensitive to others' need for more information. Make sure everyone understands.
- Be careful of injecting your self-interest and label it as such. Be able to layout your agency's interest and be open to other's interests.
- Meetings are meaningful and have a shared purpose.
- This is a living document and can be changed as needed.

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### Developmental Asset # 18 – Child & Youth Programs – April 5, 2017

Young person spends time each week in sports, clubs, or other organizations at school and/or in the community – at least once/week, 3+ hours/week for older youth.

Now is a good time for parents to seek out and plan for youth summer activities, ones that meet a known interest, or a variety, one of which may become a lifelong passion.

Structured activities are best with adult guides/mentors/role models, rules, cooperative teamwork

- Volunteering, when organized well, can provide the same benefits as costly programs
- Selected activity can often boost other assets
  - Asset #3 Other Adult Relationships
  - Assets #14 & #15 Adult & Peer Role Models
  - Asset #17 Creative Activities – for example, a dance production
  - Asset #26 Caring – fund raising or donation drive, yard sale, mentoring younger youth
- Teamwork & passion can boost Assets: #27 Equality & Social Justice, #32 Planning & Decision Making, #33 Interpersonal Competence, #34 Cultural Competence, #36 Peaceful Conflict Resolution, #37 Personal Power, #38 Self Esteem, #39 Sense of Purpose, #40 Positive View of Future

Especially with excess time in summer, our kids need engaging activities that are fun, educational, developmentally healthy, and minimize any tendency to hang out with other kids who also have nothing to do.

To learn more about the 40 Developmental Assets (Got40?), call 530-271-5617 or email [info@Got40.org](mailto:info@Got40.org) or [NedRussell@pacbell.net](mailto:NedRussell@pacbell.net).

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