

# Community Support Network of Nevada County

www.csnnc.org

## Agenda – CSN Partners Meeting

April 1, 2015 – 3:30 pm to 5:00 pm

Gene Albaugh Community Room at the Madelyn Helling Library

- 3:20 – 3:30 **Greet Incoming Partners** – Susan Sanford, Coordinator  
(Members may place announcements to share on the back table)
- 3:30 – 3:40 **Welcome & Introductions** – Cindy Santa Cruz-Reed, Sierra College
- 3:40 – 3:45 **Meeting Minutes** – Accept meeting minutes from March meeting
- 3:45 – 3:50 **40 Developmental Assets** – Ned Russell of Got 40?  
Developmental Asset – In person gatherings ~ essential for building assets in youth
- 3:50 – 4:40 **Meeting Focus** – Children’s Bill of Rights for Nevada County  
Ratify and endorse ~ Facilitated consideration of how to implement our aspirations
- ratify* | 'ratə,fi|verb – sign or give formal consent to (a treaty, contract, or agreement), making it officially valid
- endorse* |en'dôrs|verb – declare one's public approval or support of: *the Children's Bill of Rights for Nevada County was endorsed by the individuals and partner organizations of CSNNC*
- celebrate* |'selə,brät|verb – publicly acknowledge (a significant or happy day or event) with a social gathering or enjoyable activity: *they gathered to celebrate the creation of the Children's Bill of Rights for Nevada County*
- 4:40 – 4:50 **Building the Network**  
Attorney Erin Noel of Community Legal
- 4:50 – 5:00 **Network Announcements and Meeting Evaluation** – Partners may make short announcements about upcoming events/programs. Attendees complete meeting evaluation forms. *On back of evaluation form you can share any info or ideas about how you use, or would like to use, the CSNNC website and newsletter.*
- 5:00 **Adjournment** – Next Meeting: May 6, 2015, Gene Albaugh Community Room, at the Madelyn Helling Library. ***Please pick up any materials you displayed on the back tables. We welcome your help stacking tables and chairs! Thank you!***

### CSN Vision Statement

All families in Nevada County have ready access to a well-integrated and coordinated support network that is easily available and well funded.

CSN Coordinator – Susan Sanford, 530-913-0270, csnncorg@gmail.com

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## Community Support Network of Nevada County Meeting Agreements

- Make decisions by consensus.
- Create an atmosphere of mutual respect that includes active listening and listening without judging.
- Start and end on time.
- Maintain a sense of humor and a positive attitude.
- Bring concerns to the whole group. Don't take them to the parking lot after the meeting.
- Set up the room in an inclusive way.
- Take responsibility for a task only if you have the time to accomplish it.
- Everyone is empowered to be a process observer and take ownership for the health of the meeting and is responsible for the health of the whole meeting.
- Be sensitive to others' need for more information. Make sure everyone understands.
- Be careful of injecting your self-interest and label it as such. Be able to layout your agency's interest and be open to other's interests.
- Meetings are meaningful and have a shared purpose.
- This is a living document and can be changed as needed.

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### ***Developmental Asset – In person gatherings ~ essential for building assets in youth – April 1, 2015***

Our changing world, busier and with individual electronic connections to each other, can make us forget the importance of time spent conversing and otherwise interacting with people in the same place without electronics and other distractions. The heart of 40 Developmental Assets is building relationships, both within the family and outside of it - at least 20 of the assets are dependent on or strengthened by in person gatherings. Related tips follow:

#### Within families:

- Family meals as often as possible with time for positive conversation.
- One or more evenings without any electronics for family projects, book reading and discussion, or even (respectfully) discussing a movie, a special television program, or social or world problems highlighted on the internet (electronics are very good for learning more about other cultures - but not to replace face to face time).
- Family traditions, e.g. annual outings, delivering Thanksgiving dinners, visiting nursing homes during holidays.

#### In the neighborhood:

- Neighborhood yard sales, potlucks, clean-up days so entire family gets to know neighbors and vice versa.
- Family (children and adults) help neighbors with mobility issues with errands and home chores.
- (In person interactions with neighbors also helps to build a support network for parents).

#### In the schools and community:

- Spend time, you and your children, with teachers and others in the community. That's the only way trusting relationships are built.

#### Agencies:

- Some companies have started to ban emails or severely limit their use.
- Helps workers maintain work-life balance.
- One company estimates eliminating emails saved 20% of work day and issues get solved right away.

You and other adult and peer role models are found only through in person gatherings. Their positive influence, with only a few rare exceptions, can be exercised only in person.

To learn more about the 40 Developmental Assets (Got40?), call: 530-271-5617 or email: info@Got40.org or NedRussell@pacbell.net.

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